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## **Nevada Lifespan Respite Care Coalition (NLRCC)**

### **MEETING MINUTES**

Date and Time of Meeting: Monday, September 18, 2023  
10:00AM

Place of Meeting: TEAMS

### **MINUTES**

#### **1. Roll Call, Opening Statement:**

- Members: Allie Blum, Amy Dewitt-Smith, Cherrise Brown, Cory Lutz, Deidre Hillyard-Manley, Kathleen Doyle, Molly Walt, Sharifa Wahab
- Guest and staff: Cheyenne Pasquale, Nikki Haag, Carole Hanley, Kelscy Meyer, Autumn Blattman, Arianna Ramos, Cheryl Dinnell, Barbara Westcot, Lori Lutu, CJ Johnson, Ashlee Rowerdink, Diana Pearce

#### **2. Public Comment:**

- No public comment made.

#### **3. For Possible Action:** Approval of NLRCC July 17, 2023, Meeting Minutes:

- Cory Lutz motioned to approve the minutes.
- Allie Blum second the motion
- All approved

#### **4. Presentation and Discussion:** Informal Respite Options at JustinHope:

- Job training and employment services have been identified as gaps in services.
- This program allows caregivers to drop off individuals so they can learn training skills.
- Individuals learn soft skills in small groups once a week.
- The first Cohort launched 6 months ago with a revised Cohort being implemented developed from things that were learned from the first one.
- The Empowerment Exchange is a networking event for individuals with intellectual disabilities (ID) and the community to interact and socialize while gaining insight on other job experiences.
- The Empowerment Exchange meets in Northern Nevada once a month.

- Other activities/ partnerships are in place to help people with ID to educate and assist with life skills.
- For more information contact Maricela Gutierrez [gbelalcazar@mesquitenv.gov](mailto:gbelalcazar@mesquitenv.gov).

5. **Presentation and Discussion:** Healthcare Policy for the Frail Elderly (FE) & Physical Disability (PD) waivers

- The purpose for respite services is to support the primary caregiver.
- The Frail Elderly Waiver (FE) provides 336 hours a year.
- The Physical Disabilities (PD) waiver is 120 hours a year.
- Hours can be used for several activities like doctor's appointments, vacations, or adult daycare to name a few.
- Currently 4,300 recipients are being served.
- The wait list has been cleared in Northern Nevada for the FE & PD waivers.
- Southern Nevada is short on case workers and case managers so the wait list will remain.

6. **Presentation and Discussion:** NLRCC's Role with Caregiver Coalition's Caregiver Recognition Event in November North & South locations:

- Dignity Health has offered a caregiver support program since 2015 called Powerful Tools for Caregivers (PTC). It is a 6-week workshop.
- A virtual support group was added to accommodate caregivers during COVID.
- In person support groups are now available in English and Spanish.
- Pathways Hub was added in the past year, and it pairs caregivers with community health workers.
- The 18<sup>th</sup> annual Caregiver Recognition event will be on November 16<sup>th</sup>, 2023, from 11:30 to 1:30. In Reno it will be held at South 40 and in Las Vegas it will be held at East Las Vegas Community Center.
- Interested participants can register using the [registration link](#).
- There are three ways to participate. The information is available on the registration link.
- 2022's event was a hybrid and had 300 attendees in Reno and 50 in Las Vegas. 94 caregivers were honored between the two locations.

7. **For Possible Action:** Discussion and Approval of NLRCC's Role with Caregiver Coalition's Caregiver Recognition Event in November North & South locations:

- Kathy Doyle volunteering to help with the event representing NLRCC with marketing and the registration table.
- Amy DeWitt Smith volunteered to help with marketing in Northern Nevada.
- Molly Walt volunteered to help with marketing in northern, southern, and rural Nevada.
- Sharifa volunteered to help at the registration table in southern Nevada.
- Kathy Doyle motioned to approve,
- Allie Blum seconded the motion,
- All approved

8. **Presentation and Discussion:** Lifespan Respite Grant updates and Caregiver Support Coordinator introductions.

- Cheyenne Pasquale is meeting with the Administration for Community Living on September 29<sup>th</sup> to review and rest the activities under the Lifespan Respite grants.
- Ashley Rowerdink is the new Caregiver Support Coordinator.
- A Steering Committee will be developed in November or December 2023 to help with the implementation of the bill requirements.

9. **Presentation and Discussion:** Open Meeting Law Legislative Updates

- Vacancies do not count against quorum.
- Before public comments can be made a verbal instruction must be made so those attending virtually or telephonically know how to participate.

10. **Presentation and Discussion:** NLRCC State Plan Report and Updates

- Members were asked to review the NLRCC State Plan Recommendations and identify areas that the Coalition still needs to have presentations on. Presentations should be subjects pertaining to the Recommendations. Presentations help identify if a Recommendation needs editing.

11. **Presentation and Discussion:** NLRCC Executive Director's Report

- Director's report can be found with meeting materials at [https://adsd.nv.gov/Boards/Nevada Lifespan Respite Care Coalition/Meetings/2023/Home/](https://adsd.nv.gov/Boards/Nevada_Lifespan_Respite_Care_Coalition/Meetings/2023/Home/)
- Cheyenne Pasquale and Nikki Haag are currently handling the social media pages.
- Recruitment for the Executive Director position is ongoing.

12. **Presentation and Discussion:** Member Spotlight:

- Spotlight can be found with the meeting materials. The link is noted above.

13. **For Possible Action:** Tentative Agenda Topics: Monday, November 20, 2023, meeting:

- Discussion of NLRCC Recommendations
- 2024 meeting dates

14. **Public Comment:**

- No public comment made.

15. **Adjournment:** 11:46am

**NOTE:**

**AGENDA POSTED AT THE FOLLOWING LOCATIONS:**

Notice of this meeting was posted at the following Aging and Disability Services Office at 3208 Goni Road, Building I, Suite 181, Carson City, NV. 89706. Notice of this meeting was posted on the Internet through the Nevada Aging and Disability Services Division website at [www.adsd.nv.gov](http://www.adsd.nv.gov) and Nevada Public Notices website at [www.notice.nv.gov](http://www.notice.nv.gov)

