

State of Nevada
Aging and Disability Services Division (ADSD)

Food Resources

Older Americans Act, Title III-C Congregate and Home-Delivered Meal Programs are available in most areas of the state. Services are offered, based on available funding and in accordance with program requirements. There may be a waiting list. Eligible persons include those who are age 60 or older, the spouse of an individual age 60 or older and an individual with a disability who lives with someone who is age 60 or older. To be eligible for home-delivered meals, the individual must be homebound due to illness, disability or geographic isolation, and unable to attend a congregate meal site. A doctor's note may be required. Additional eligibility information is available at www.nvaging.net/grants/serv_specs/generalrequirements.htm.

Contact one of the following for assistance in finding a congregate or home-delivered meal program in your area, or with assistance finding another food resource:

- ADSD Advocate for Elders:

<u>Northwest NV</u> Cathy Steed (775) 688-2964, ext. 275	<u>Northeast NV</u> Barbara Barrett (775) 738-1966	<u>Southern Nevada</u> Patty Gurney (702) 486-3545
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- Nevada Aging and Disability Resource Centers (ADRCs), www.nevadaadrc.com
- Nevada 2-1-1 (Dial 211 on a touch tone phone), www.nevada211.org

Alternative Meal Delivery Services – Private Pay

This is not a comprehensive list. Additional companies and organizations can be found online. These resources are provided for information only and are not endorsed by ADSD.

BistroMD
www.bistromd.com
1-866-401-3438

Magic Kitchen
www.magickitchen.com
1-877-516-2442

Dine Wise
www.dinewise.com
1-800-749-1170

Mom's Meals
www.momsmeals.com
1-877-508-6667

EasyLife Meals
www.easylifemeals.com
1-855-776-3257

Personal Chef to Go
<http://personalcheftogo.com>
1-804-453-2227

Healthy Chef Creations
www.healthychefcreations.com
1-866-575-2433

Schwan's
www.schwans.com
1-888-724-9267

Home Cooking for You
www.homecookingforyou.com
1-800-741-4827

Traditions Meal Solutions
www.traditionsdirect.com
1-877-936-8148 ext. 8847

Homestyle Direct
www.homestyledirect.com
1-866-735-0921

Supplemental Nutrition Assistance Program (SNAP)

State of Nevada, Welfare and Supportive Services, <https://dwss.nv.gov/>
Apply online or contact the local Welfare office or an ADRC for an application.

Additional SNAP Outreach and Assistance:

- Food Bank of Northern Nevada, <http://fbnn.org/howwework/snapoutreach.aspx>, 1-888-304-SNAP (7627)
- Three Square Food Bank (Southern Nevada), www.threesquare.org/programs/snap (download local outreach calendar or find other SNAP outreach providers)

Food Pantries:

- Northern Nevada: <http://fbnn.org/GetHelp/FindAnAgency.aspx>
- Southern Nevada: www.threesquare.org/partners/agency-partners/find-an-agency-partner

Other Resources:

- City, Town and County Social Service Agencies – Search online for your local agency, call an ADSD Advocate for Elders, or dial 2-1-1 on a touch tone phone
- Local churches, shelters, soup kitchens – Search www.nevada211.org for “food,” “meal,” “soup kitchen,” etc. in your area
- Family Resource Centers, http://dhhs.nv.gov/Grants/FRC/FRC_Directory.pdf
- Senior Farmers’ Market Nutrition Program (SFMNP), www.purchasing.state.nv.us/com_food/sfmnp.htm
- The Emergency Food Assistance Program (TEFAP), www.purchasing.state.nv.us/com_food/efap.htm
- Commodity Supplemental Food Program (CSFP), http://www.purchasing.state.nv.us/com_food/csfp.htm
- Food Distribution Program on Indian Reservation (FDPIR), www.purchasing.state.nv.us/com_food/fdpir.htm

PLEASE NOTE: If you do not have internet access, please visit your local senior center, or call 211 or an ADSD Advocate for Elders (see page 1) for assistance.