

**STATE OF NEVADA  
AGING AND DISABILITY SERVICES DIVISION**

**SERVICE SPECIFICATIONS  
GERIATRIC HEALTH AND WELLNESS –  
ASSESSMENT AND CARE MANAGEMENT**

**Any exceptions to these Service Specifications must be requested in writing and approved by the Deputy Administrator of the Aging and Disability Services Division.**

**PURPOSE:**

To promote quality of service, the Aging and Disability Services Division (ADSD) has established service specifications that contain general guidelines. The service specifications that each grantee must follow consist of GENERAL REQUIREMENTS and PROGRAM-SPECIFIC REQUIREMENTS established for each type of funded service.

**SERVICE DEFINITION:**

Geriatric Health and Wellness - Assessment and Care Management Services conduct evaluations of eligible clients' medical and social issues and concerns, focusing on the improvement of physical and/or social functioning and reducing disability. Services include the development of a person-centered medical action plan and advocating that the plan is carried out. *Patients with suspected dementia may also access a comprehensive social evaluation.*

**SERVICE CATEGORIES AND UNIT MEASURES**

*Geriatric Assessment and Care Management:* Provision of services per the service definition.

***One unit equals one hour of assessment, planning and/or care management service***

**GENERAL REQUIREMENTS:**

- A. Pursuant to NRS 632.005-632.500, grantees must meet all applicable statutes pertaining to nursing.
- B. Pursuant to NRS 630.003-630.411, grantees must meet all applicable statutes pertaining to physicians and assistants.
- C. Pursuant to NRS 641.010-641C.950, grantees must meet all applicable statutes pertaining to psychologists, therapists, social workers, counselors and related professions.
- D. Grantees must develop a system to bill Medicare or other health insurance plans for covered services, as ADSD grant funding is the payer of last resort.
- E. Grantees should collaborate with entities, such as public health authorities, health education programs (i.e., nursing or medical residency programs) and diagnostic

laboratories in the provision of healthcare services, to help ensure quality of care and reduce costs.

**SPECIFICATIONS:**

1. Required Services:
  - 1.1 Provide patients with the opportunity to receive an annual physical exam.
    - 1.1.a A physical exam must include at a minimum: a general assessment of body systems, review of past medical history, baseline lab tests, and a person-centered treatment plan, if needed.
  - 1.2 Develop and provide a self-assessment tool that educates individuals about their level of risk and need for geriatric medical services.
2. Optional Services:
  - 2.1 Provide assessment, consultation and coordination of multi-disciplinary resources, such as occupational therapy, physical therapy, speech therapy, nutrition and health counseling, psychological and social services.
3. Documentation Requirements:
  - 3.1 Maintain individual client files that include results of assessments, medical action plans and follow-up notes.
4. Special Compliance Requirements:
  - 4.1 Grantee must have current commercial and professional liability coverage as appropriate.