



University of Nevada, Reno

Accessibility of Mental Health Services for Individuals with Intellectual and Developmental Disabilities



Nevada Center for Excellence in Disabilities

NvLEND Program

Nevada Center for Excellence in Disabilities (NCED)

Mission: Assist Nevadans with disabilities to be independent and productive citizens who are included in their communities.

Vision: Independence, productivity and community inclusion are key components of this vision

Community Partnerships: Nevada Positive Behavioral Supports, Think College Nevada, University Center for Autism, People First

(UNR, nd)

PUBLIC HEALTH PROBLEM

Mental health resources and services during the lifespan of persons with intellectual or developmental disabilities (IDD) are limited in Nevada. The National Council on Disabilities (2022) report that 60 percent of people with IDD rely on Medicaid for health care coverage. Identifying barriers that contribute to delayed access to mental health services is critical to develop interventions, program planning, and improving access.

SURVEY FINDINGS

Project: Identifying barriers in accessing mental health services for people with IDD.

Role: Increase inclusivity and access for people with IDD in healthcare.

Activities: Research mental health gaps in Nevada for people with IDD, analyze survey results, develop interventions.

187 respondents (70% received credentialing in Nevada)

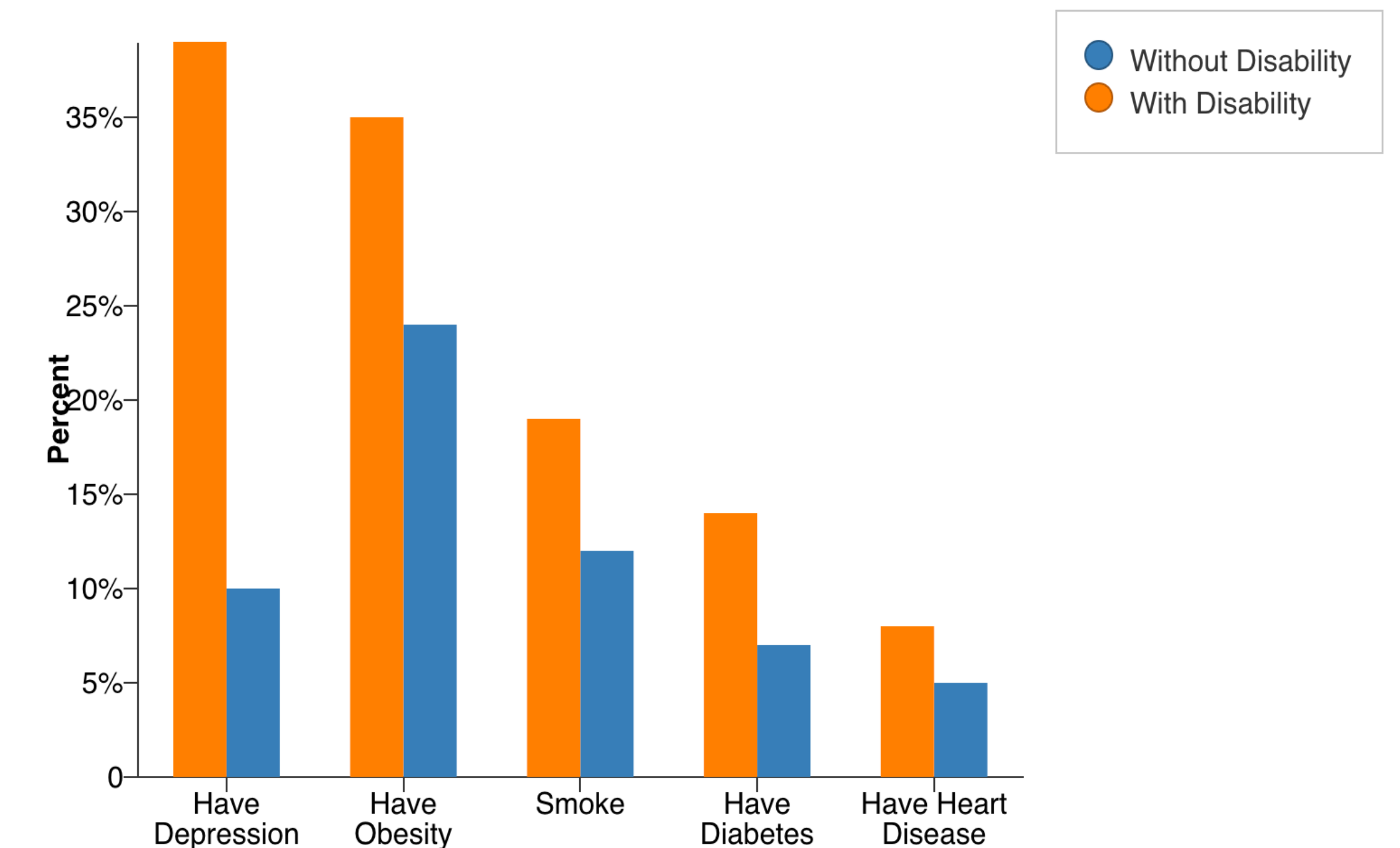
53% have not taken or been offered clinical training

43% of patients were unsuccessful in attaining mental health services

70% reported experience working with patients with IDD

77% of providers interested in enhancing their training

Adults with disabilities in Nevada experience health disparities and are more likely to...¹



CDC. (2022). Disability and health promotion [Infographic]. <https://www.cdc.gov/ncbddd/disabilityandhealth/impacts/nevada.html>

NEXT STEPS

- 1) Utilize survey findings to guide interventions
- 2) Develop strategies that bridge the gap between qualified providers and clients seeking services
- 3) Increase awareness
- 4) Increase access
- 5) Increase training

REFERENCES

Centers for Disease Control and Prevention. (2022, May 18). Disability and health promotion [Infographic].

<https://www.cdc.gov/ncbddd/disabilityandhealth/impacts/nevada.html>

National Council on Disabilities. (2022, March 9). Medicaid oral health coverage for adults with intellectual and developmental disabilities – a fiscal analysis.

<https://ncd.gov/publications/2022/medicaid-oral-health-coverage-adults-idd>

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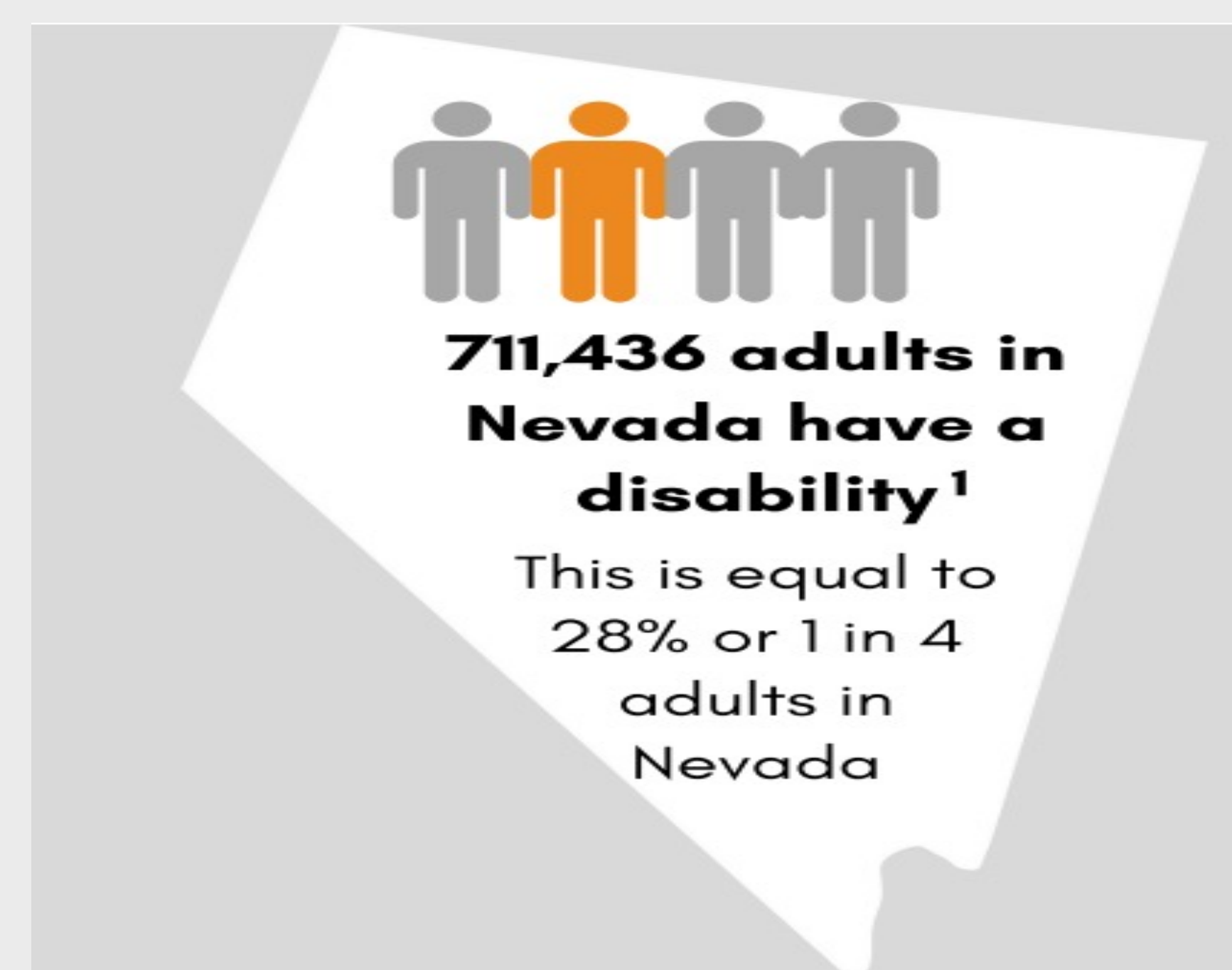
<https://www.unr.edu/nced/about>

PROJECT DELIVERABLES

Mental Health Provider survey

Individual with IDD, family members, and caregivers survey

Results for provider and individual with IDD surveys



Source: CDC (2022). Disability Types [Infographic].