

Food Description Abbreviations

& – and	cholest – cholesterol	fill – filling
add – added	chpd – chopped	flrd – floured
add wtr – added water	ckd – cooked	flvr – flavor
art – artificial	cnd – canned	flvrd – flavored
asp – aspartame	cnut – coconut	fort – fortified
asstd – assorted	coll – collection	fzn – frozen
Austl – Australia	coml – commercial	hi – high
avg – average	comp – compartment	hydrog – hydrogenated
bkd – baked	conc – concentration	imit – imitation
bkg – baking	cond – condensed	indv – individual
bbq – barbecue	condmnt – condiment	intl – international
w/o bone – boneless	cran – cranberry	inst – instant
btl – bottle	ctn – carton	iqf – individually quick-frozen
btld – bottled	ctnsd – cottonseed	lg – large
brsd – braised	cvrđ – covered	med – medium
brđ – breaded	decaf – decaffeinated	microwv – microwaved
brld – broiled	degermed – degerminated	moist – moisture
caff – caffeine	dehyđ – dehydrated	NZ – New Zealand
Calif – California	ea – each	old fash – old fashioned
cal – calorie	nrich – enriched	oz – ounce
char – charbroiled	f/ – from	
choc – chocolate	fcc – food chemical codex	

part – partially	rts – ready to serve	unckd – uncooked
past – pasteurized	rtu – ready to use	unenrich – unenriched
pce – piece	sacc – saccharin	unflvrd – unflavored
prep – prepared	skm mlk – skim milk	unfort – unfortified
pine – pineapple	w/o skin – skinless	usp – United States Pharmacopoeia
pkg – packaged	smkd – smoked	w/skin – unpeeled
pkt – packet	sml – small	unprep – unprepared
preckd – precooked	sod – sodium	unswtnd – unsweetened
proc – processed	spec – species	vac – vacuum
prot – protein	splmnt – supplement	van – vanilla
pwd – powder	stmd – steamed	veg – vegetable
rducd – reduced	straw – strawberry	vit – vitamin
rec – recipe	stuff – stuffed	w/ – with
reconst – reconstituted	svg – serving	w/o – without
refrig – refrigerated	strnd – strained	
reg – regular	stwd – stewed	
rehyd – rehydrated	sug – sugar	
rstd – roasted	swtnd – sweetened	
rtb – ready to bake	swtnr – sweetener	
rtc – ready to cook	synth – synthetic	
rtd – ready to drink	tbsp – tablespoon	
rte – ready to eat	tsp – teaspoon	
rtf – ready to feed	TVP – textured vegetable protein	
rth – ready to heat	tstd – toasted	