

Dementia Friendly Communities Toolkit

## Phase 1: The Demographics of Dementia in Your Community

1. Define your community, meaning the population or geographic area that shares a common goal of creating a dementia friendly community.

Community \_\_\_\_\_\_2016 Estimate Humboldt County \_\_\_\_\_\_

- **2.** Gather the following demographic information about your community. Add your findings to A, B, and C below. You will also add your findings to page 2 of the Community Assessment in Phase 2.
  - A. Estimate your population over the age of 65 years. Divide by 9 to estimate the number of people over 65 with dementia.

\_\_\_\_\_2566\_\_\_\_\_\_ ÷ 9 = \_\_\_\_286\_\_\_\_\_ people over age 65 with dementia

B. Estimate your population over the age of 85 years. Divide by 3 to estimate the number of people over 85 with dementia.

\_\_\_\_\_268\_\_\_\_\_\_ ÷ 3 = \_\_\_\_90\_\_\_\_\_ people over age 85 with dementia

C. Estimate your population with dementia that lives alone. Divide your estimate of the number of people over age 65 with dementia (from question A) by 7 to estimate the number of people with dementia living alone.

\_\_\_\_\_286\_\_\_\_\_\_÷7 = \_\_\_\_\_41\_\_\_\_\_ people with dementia living alone

**3.** Determine diverse and underserved populations that would benefit from having dementia resources tailored for them. Determine whether your community has these populations. Check all who are part of your community.

🗆 African American

□ Deaf and Hard-of-Hearing
🗆 Ethiopian

□ American Indian

□ Asian Indian

□ Bhutanese

☐ Hispanic/Latino
☐ Hmong

□ Cambodian

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Original toolkit development was supported by funding from the Greater Twin Cities United Way and later adapted from ACT on Alzheimer's<sup>®</sup> developed tools and resources. Rev. 11/10/15



🗆 Iraqi

 Karen
LGBTQ (lesbian, gay, bisexual, transgender and questioning)  $\Box$  Liberian

🗆 Russian

🗌 Somali

Vietnamese

□ Other (please specify)

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