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AGING AND DISABILITY SERVICES
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SEMI-ANNUAL PERFORMANCE REPORT COVER SHEET

1. Project Title:	<u>Nevada's Alzheimer's Disease Initiative</u> <u>Specialized Supportive Services Project</u>
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5. ACL Grant Award #:	<u>Award Number: 90ALGG0011-01-01</u>
6. Total Project Period:	<u>9/30/2016 – 9/29/2019</u>
7. Reporting Period	<u>April 1, 2017-September 30, 2017</u>
8. Date of Report:	<u>October 31, 2017</u>
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Introduction

The Nevada Aging and Disability Services Division (ADSD) was awarded funding in September 2016 for its Alzheimer's Disease Supportive Services Program (ADSS), Alzheimer's Disease Initiative (ADI) Specialized Supportive Services (SSS) Program.

The **goal** of this project is to engage Nevada communities, including people living with dementia, their family caregivers, health care professionals and broader community partners/ stakeholders, in dialogue about Alzheimer's and related dementias in ways that will foster adoption of evidence-based supportive services at the local level. This community engagement will reduce stigma and enable people living with dementia to fully engage within their communities, while also connecting families living with dementia with information, support, and evidence-based services as early as possible through multiple connection points, improving quality of life outcomes. The objectives of this project include:

- **Objective 1:** Begin fostering the development of a 'Dementia-Friendly Nevada' (DFN) by initiating community action groups in seven (7) targeted areas throughout the state, aimed at transforming the culture of dementia in those communities, enabling conversation and participation by all citizens, especially those living with dementia.
- **Objective 2:** Facilitating/mobilizing community-driven change and decision making for local Community Action Groups.
- **Objective 3:** Enhance the reach and spread of Nevada's Tool Box of available programs by making available for community action groups referring clients into existing Tool Box of Nevada's Evidence-based care programs.

Activities and Accomplishments

During this reporting period, Nevada continued to work with the Administration on Community Living (ACL) to update its Work Plan, Budget, and Evaluation Plan. Updates were submitted on 7/26/2017; 8/23/2017; 9/20/2017; 10/20/2017 after email and conference call requests. Significant changes include: additional detail added to the Workplan and Evaluation Plan; ensuring additional emphasis on focus area 3 (individuals aging with intellectual and developmental disabilities); quantify potential outcomes and scope of Participatory Action Research model; and ensure Nevada's "Tool Box" programs are a significant purpose outcome from dementia friendly communities. Nevada is still waiting for approval for the Implementation Phase of the Project since its October 20th submission.

What did you accomplish during this reporting period and how did these accomplishments help you reach your stated project goal(s) and objective(s)? Please note any significant project partners and their role in project activities.

A summary of accomplishments for this reporting period 4/01/2017 – 9/30/2017 include:

- Four (4) Dementia Community Pilot Sites were funded (RFP Process, Selection Process, Status, Goals, Activities, Evaluation tracking)
- Evaluation Plan was updated to include additional methods for tracking and outcome measures for the project and the dementia friendly communities. *See Attachment 1 – Final NV ADI SSS Evaluation Plan.* Collection Method and community profiles were developed and sent to the Community Action Groups, *Attachment 3-6.*
- Continued updates on Work Plan (*Attachment 2*) and Budget for ACL approval.
- Contractor positions were hired for Northern and Southern Nevada to provide project coordination, oversight and assist with project deliverables.

- **Develop dementia-specific education materials (Vegas PBS Special)**
 - Revised dates with program partner (CCLRCBH) to better align with Dementia Friendly Community activities to ensure developed material is needed in proposed areas and is not duplicative of existing resources.

The following chart identifies ADSD’s partners and roles in this project:

Organization	Role
Alzheimer’s Associations Southern Nevada and Northern Nevada	<p>Northern and Southern Chapters: Service Delivery: Early Stage Partners in Care (EPIC), Care Partners Reaching Out (CarePRO) Program. Rural outreach, Dementia Friendly Support, recruitment and expansion of existing programs.</p> <p>Continue delivery of the EPIC and CarePRO. New activities include expansion to different areas and target populations, through engagement activities in targeted communities (Rural and Frontier Expansion).</p> <p>In addition, the Northern Partner will assist in the facilitation of Washoe County Community Action Group (CAG) meetings. A staff member will act as co-facilitator and ensure representation in the CAG including participants from community sectors, as well as people living with dementia/Alzheimer’s and their care partners which may include those participating in Support Groups and other programs.</p>
Cleveland Clinic	Develop Marketing and Training material to support Dementia Friendly Communities selected in the project, using feedback from Community Action Groups (CAGs). Coordinate material development with Workgroup, Community Action Partners, teams, and DFN Partners to develop needed training material assisting targeted areas of DFA initiative. Training materials will assist communities and improve utilization of existing programs.
Benjamin Rose Institute on Caregiving (BRI) - Care Consultation Continuation (ADRC Program) Rosalynn Carter Institute for Caregiving (RCI)	Service Delivery: BRI/ RCI Care Consultation Continuation. BRI Care Consultation will be expanded and integrated with at least two (2) of the four (4) ADRCs in Nevada, representing direct community relationships in Northern and Southern Nevada. This will improve the knowledge and locality of services as needed in communities, a direct aim of <i>Dementia Friendly America</i> activities.
UNR Nevada Reno, School of Community Health Science	Community Action Group Facilitator will guide the action groups in each of the seven (7) targeted communities toward envisioning their community goals, developing localized activities to support the aims of the initiative, and reflecting on their progress and impacts.
UNR - Sanford Center for Aging	Program Evaluation and actively assists in the implementation of Nevada’s dementia-capable system efforts.
Dementia Friendly Communities (7)	Improve community to support those with cognitive impairment and their care partners. Communities will be provided with education to connect themselves and their populations to existing systems of care for Alzheimer’s disease and other forms of Dementia; including: improved access to Nevada’s tool box of services; developing resources identified and needed in the community; and support groups.

Task Force on Alzheimer’s Disease (TFAD)	Advocate for legislative action and expanding awareness in government sector. In the 2017 State Plan to Address Alzheimer’s Disease, the TFAD included in its recommendation, support for the State’s Dementia Friendly Champion Groups in Northern and Southern Nevada, as well as support for the establishment of a key partners’ network, which would create a system of referrals to appropriate services.
Nevada Rural RSVP	16 of Nevada 17 Counties: Expand Rural Respite to Target populations using Volunteer Service Partnership with Rural and Senior Volunteer Program (RSVP) to assist with transportation and respite services to populations targeted in the project.

During this reporting period, ADSD continued activities implementing Dementia Friendly communities in Nevada, supporting the goals of the project. A Request for Proposals (RFP) was initiated which identified and funded pilot sites in Nevada for Dementia Friendly Activities (Posted at: <http://adsd.nv.gov/uploadedFiles/adsdnvgov/content/Programs/Grant/Applications/Dementia-FriendlyNevadaRFP2017.pdf>). ADSD, along with project partners and the Nevada Statewide Dementia Friendly Workgroup reviewed the applications and selected four (4) communities pilot sites in May 2017. The plan for the first year of the grant was to fund three communities, but due to positive responses received, one additional grantee was selected. The four communities selected in the first year as pilot communities are: Southern Nevada, Washoe County, Elko, and Winnemucca. The next funding opportunity through the RFP will be released in January 2018, with three or four more communities to be identified to pilot Dementia Friendly activities. There has been a high level of interest in the Dementia Friendly Nevada initiative since the formation of Community Action Groups (CAGs) in the grantee communities throughout Nevada. Therefore, ADSD anticipates receiving seven RFPs for consideration in the second round of funding.

The University of Nevada, Reno, Sanford Center for Aging, under the direction of Dr. Peter Reed, Dr. Zeb Gibb, and their team, is funded to document and measure progress in each community. There are three major elements to the evaluation:

1. Expansion of Dementia Capable Nevada. This will entail an annual report relative to the “toolbox” programs (BRI/CC, CarePRO, and EPIC). The reach of the toolbox will be continuously monitored.
2. Provide information to inform group discussions and planning. The Sanford Center has developed an online Community Needs Assessment in the context of dementia. Dr. Jennifer Carson, UNR, acts as a facilitator or co-facilitator to advise the CAGs in the necessary steps to determine their community goals. She provides guidance in survey distribution strategies and collection of evaluation data. Subsequently, the Sanford team will analyze the data to inform the groups. There are also plans to interview and/or conduct focus groups with key stakeholders with selected sectors of the community. The Evaluation Plan developed by the Sanford Center is attached to this report, ***Attachment 1 – Final NV ADI SSS Evaluation Plan.***
3. Track the progress that each group makes in achieving a more dementia friendly community. The consistent goal of all the communities throughout this initiative will be to increase the reach of evidence based program. It is up to each group to develop other community-specific goals.

ADSD convened multiple meetings with key partners to discuss strategies for effective program implementation and best practices in using evaluation instruments to assess community gaps and needs. ADSD assisted with organizing meetings between CAG facilitators (Champions) to collaborate and communicate ideas among Dementia Friendly pilot communities, encouraging partnership and sharing of resources to strengthen their communities, as well as raise awareness about promoting a dementia friendly community. These discussions

included the four (4) focus areas of the project and referring into the Nevada “Toolbox of Services” for people living with dementia and their care partners.

ADSD continues to present project updates at various community events including: The Task Force on Alzheimer’s Disease (TFAD), last report on April 5, 2017; the Southern Nevada, Washoe County, Elko, and Winnemucca Dementia Friendly Meeting monthly meetings; Regional Planning Groups, Dementia Friendly Nevada Statewide Dementia Friendly Workgroup and to ADSD partners. Northern Nevada and Southern Nevada Dementia Friendly Project Coordinator Contract positions were also added and both contractors started in this reporting period. These individuals are now part of the Nevada ADSD Alzheimer’s Team, ensuring this population is represented at Dementia Friendly events and has resources available as needed.

ADSD identified internal staff who work with individuals with intellectual and developmental disabilities (ID/DD) that may be affected by dementia, using these contacts to reach out to dementia friendly communities as resources for these individuals. To further expand services to ID/DD populations, Nevada staff attended the National Task Group (NTG) Train-the-trainer training for individuals diagnosed with both intellectual disabilities and dementia. Since this training, Nevada can now provide in-service trainings and workshops throughout the state of Nevada, to community providers, and to colleagues in the numerous topic areas that are relevant to dementia, intellectual disabilities, and aging – gaining access to NTG webinars for free. During this reporting period, four (4) person with Dementia and two (2) caregivers were served in this program.

Two current programs in Nevada’s “Tool Box” initially piloted under Nevada’s 2014 Alzheimer’s Disease Supportive Services Program (ADSSP) Dementia Capable Grant include the Early Stage Partners in Care (EPIC) and the Benjamin Rose Institute Care Consultation

program. EPIC, under the 2014 Dementia Capable Project in Southern Nevada, was added to Nevada's Older American Act Funding. However, due to multiple existing EPIC commitments, the Northern Partner would not expand further into Nevada's Older American Act Funding during that grant period. For this project, EPIC continues as a "tool box" program is being expanded to address more rural populations through the piloted Dementia Friendly Communities.

BRI/CC is currently provided by Nevada Senior Services, and was piloted under the 2014 Dementia Capable ADSSP Project. For this project, Nevada is expanding BRI /CC and integrating into the core components of two (2) Resource Centers, Nevada Senior Services in Southern Nevada and Access to Healthcare Network in Northern Nevada. Nevada's is looking to create three (3) care consultants with 1.00 FTE in Las Vegas, a 0.5 FTE in Elko, and 0.5 FTE in Reno. This will create local Care Consultants who are better able to assist with the resources developed for the local communities and areas they represent.

BRI/CC data for this reporting period (4/1/17-9/30/2017) includes activities also reported in the 2014 Dementia Capable Final Report, due to their engagement of the Community Action Groups. However, funding from the ADI Project for the expansion into two of Nevada's Aging and Disability Resource Centers does not start until October 1, 2017, which is over a month after the end date of the 2014 Dementia Capable Project. During this reporting period, in addition to serving clients in the BRI/CC, Nevada Senior Services (NSS) worked with Access to Healthcare Network (AHN) to ensure capacity and ability to provide service as a Care Consultant. ADSD, NSS, and BRI are finalizing the administrative requirements needed to expand BRI/CC including: updating contract and scope of work, updating licensure and database structure for Nevada, and scheduling training. Nevada Senior Services will be mentoring AHN as they learn

the program after training with BRI. A total of 88 individuals were enrolled in the BRI/CC Program.

What, if any, challenges did you face during this reporting period and what actions did you take to address these challenges? Please note in your response changes, if any, to your project goal(s), objective(s), or activities that were made as a result of challenges faced.

Challenges during this period are summarized as administrative and programmatic.

Administrative challenges: ADSD is awaiting final Administration for Community Living (ACL) approval/ acceptance on updates to its Work Plan and Evaluation Plan (*See Attachment 1 and Attachment 2*). Currently, after its most recent submission on 10/20/2017, ADSD is still pending formal acceptance or additional requests from its partners at RTI and ACL.

After conversations with its partners at RTI and ACL, Nevada is now directly funding two aspects identified in its proposal to be funded through a fiscal agent (Northern Nevada Alzheimer’s Association), the Nevada Rural and Senior Volunteer Program (RSVP) and Dementia Friendly Communities. The NV RSVP Program is providing volunteers in rural areas to provide respite services in support of Dementia Friendly Communities, which, also will help to participate in various “tool box” services programs.

Programmatic Challenges: The Early Stage Partners in Care (EPIC) program is currently funded under several sources, including Older American Act Funding, 2014 ADSSP, 2016 ADI-SSS, and National Institute of Health. Nevada is expanding the role and reach of EPIC from its 2014 Dementia Capable project for its 2016 ADI-SSS Project, including expanding reach to rural and frontier areas, providing support for Dementia Friendly Communities as a tool box Service

program, and potentially deliver the service in Spanish and through Televideo. However, due to the various funding source requirements for outcomes and completers, EPIC is competing with itself serving individuals in the program. As such, Nevada partners are working with David Coon, Ph.D at Arizona State University, the creator of EPIC and CarePRO, to align the funding of the project so there is clarity on what each funding source pays for, no appearance of impropriety and the program does not compete with itself for service delivery.

How have the activities conducted during this project period helped you to achieve the measurable outcomes identified in your project proposal?

Each step taken was necessary in achieving project goals and measurable outcomes as well as project implementation. All activities continued to help ADSD reach its defined goals and objectives, which include:

<p>Objective 1: Begin fostering the development of a ‘Dementia-Friendly Nevada’ (DFN) by initiating community action groups in seven (7) targeted areas throughout the state, aimed at transforming the culture of dementia in those communities, enabling conversation and participation by all citizens, especially those living with dementia.</p> <p>Outcome Measure: Demonstrate increase in level of services in each funded community for Tool Box service programs and/or related dementia services (Adult Day Care, Respite Services, etc.). Source of information (SAMS, Tool Box program participant increase in community).</p>
<p>Objective 2: Facilitating/mobilizing community-driven change and decision making for local Community Action Groups (CAG).</p> <p>Outcome Measure: Funded communities will decide on action and establish measures to quantify change. Process may include:</p> <ul style="list-style-type: none"> • Document collaborative planning process of each Community Action Groups • Determination of each Community Action Groups set of goals • Specific to each Community Action Groups • One consistent goal across communities to expand delivery of Nevada Toolbox programs <ul style="list-style-type: none"> • Determination of what ‘success’ looks like to Community Action Groups on each goal (to create measurable outcome) • Specific to each Community Action Groups <ul style="list-style-type: none"> • Community Action Group Structure and Function Assessment • Demographic information from meetings (i.e., number of participants, number of sectors represented, number of individuals living with Alzheimer’s at meeting, number of care partners at meeting, frequency of meetings, key topics of discussion). Measure: standard meeting tracking sheet • Quality of interaction between Community Action Groups members to facilitate involvement of people living with dementia (e.g., are the members given adequate time to express opinions, are the opinions directly queried, do other group members interrupt, etc.). Measure: Authentic Partnership Approach Assessment Tool

Objective 3: Enhance the reach and spread of Nevada’s Tool Box of available programs by making available for community action groups referring clients into existing Tool Box of Nevada’s Evidence-based care programs.

Outcome Measure: Pre- and Post-Survey: Increase percentage of referrals and Tool Box program participants from each Community Action Groups community. Source of information (SAMS, ADRC Tracking).

The following are highlights from activities of the four communities selected for Dementia Friendly Nevada in 2017. These undertakings reflect each community’s actions to address these objectives.

Southern Nevada Community Action Group

Dementia Friendly Southern Nevada (DFSN) is affiliated with the Dementia Friendly America (DFA) initiative fostering an evidence-based, multi-sector approach to shaping dementia-friendly communities across America. DFSN project began May 11, 2016 and continues to strengthen and expand its initiatives through task force, training, and steering committees gauged to incorporate dementia friendly awareness and capabilities throughout Southern Nevada. DFSN averages 35 members in monthly meeting attendance. DFSN members represent a diverse group of Southern Nevada community members, including all of Clark County and Las Vegas urban area, advocating dementia care agencies to patients and caregivers. This initiative branched off into sub work groups whose primary goals are to provide education, awareness, and advocacy for Alzheimer’s Disease and other dementia related diseases. With a high level of interest and participation, these groups meet monthly and work collectively to make improvements throughout the state’s dementia capable system. The DFSN boasts 302 email contacts and expand Nevada’s tool box of services.

According to the DFA initiative, DFSN is currently in Phase 2 of 4 (Convene, Engage, Analyze, & Act; respectively). DFSN identified 8 sector groups (initial sector groups: Care Partner Services, Community Services, Government, & Healthcare; subsequent sector groups:

Business, Financial, Legal, & Faith) to support the DFA mission and goals. DFSN adapted the DFA Toolkit to fit their community and started utilizing the sector-questionnaires, since November 2016. The sector-questionnaires have been adapted to meet the needs of the Southern Nevada community members and to evaluate the strengths and gaps associated with the DFA initiative. The goal was to have 100 sector-questionnaires completed per sector before April 2017. DFSN has 198 sector-questionnaires completed as of May 2017.

In preparation for Phase 3-Analyze, two student interns from the UNLV Master of Public Health program are assisting with the project. In addition to sector-questionnaires, the group plans to conduct caregiver focus groups to obtain feedback from the services they receive in our community; promoting advocacy for both the patient and caregivers. The DFSN student interns help analyze their community's strengths and gaps, develop a system to prioritize community action plans, and a means to monitor the success of these plans. DFSN anticipated Phase 3 and 4 for each of the sector groups to be completed by July 2017.

During this reporting period, the DFSN group held monthly meetings on May 5, June 16, July 21, August 25, and September 29, 2017. Each meeting featured a presentation by a service provider who shared information on local programs and resources to create greater awareness. The group identified some gaps in the community, including lack of dementia resource and available services, and lack awareness. DFSN members also met with Nevada 211 representatives to discuss how public access to dementia-related services can be improved. Furthermore, DFSN is exploring ideas and models from other states to help develop a training program for volunteers to go out and raise awareness among community partners.

Washoe County Community Action Group

Dementia Friendly Washoe County Community Action Group (CAG) convened for the first time on August 10, 2017 in Reno. There were 23 participants present, representing various sectors of the community. In particular, several members of this group are individuals living with dementia/Alzheimer's and their care partners. Their involvement and insights directly impact the decision-making capacity of the group in addressing the needs of this population. Jennifer Carson, Ph.D, Research Assistant Professor, Community Health Sciences, University of Nevada, Reno, and Anakaren Lamas, Outreach Specialist, Alzheimer's Association, Northern Nevada acted as co-facilitators. Participants completed a brief survey regarding Nevada Dementia Supports Toolbox, compiled by The Sanford Center for Aging. This baseline survey regarding Nevada Dementia Support Toolbox was used to measure the baseline understanding of existing support and services in Nevada, which is part of the Evaluation Plan.

The group discussed the overview of the Dementia Friendly Nevada initiative, with focus on the three major objectives: 1) engage Nevada communities, including persons living with dementia, family care partners, healthcare professionals and the broader community, in dialogue about Alzheimer's disease and other forms of dementia; 2) foster a collaborative, multi-sector approach toward becoming a dementia friendly and inclusive community using the Dementia Friendly America model; and 3) expand the reach of the Nevada Dementia Supports Toolbox.

Ideas were generated on how to expand the reach of "Tool Box" programs, as well as the possibility of including other programs and services in Washoe County and identify gap areas in existing programs and services. The group planned to identify three or four gap areas in the existing programs, and were informed that the Cleveland Clinic has received funding to develop programs to address the gap areas as needed in the future.

The Washoe County CAG held a second meeting on September 14, 2017. The group heard a presentation from a community partner on dementia-friendly services offered through the Washoe County Library system. They also discussed plans to raise awareness, including holding a community kick-off event. Participants also reviewed the Community Needs Assessment Survey, which was put together by the Sanford Center for Aging, and provided feedback on the survey instrument and strategies for distribution. The Sanford Center for Aging will analyze all the survey data and create a report of findings that can be used to help various communities determine appropriate goals to address their unique needs.

Winnemucca Community Action Group

This rural community began working on Age-Friendly activities in 2016, and has recently added a dementia-friendly focus since becoming a grant recipient. Age-friendly surveys have been conducted and resulted in several goals to make the town more age-friendly. Dementia-friendly discussions initiated in the CAG meeting on August 28, 2017. The group will also be administering the Community Needs Assessment Survey, developed by the Sanford Center for Aging, in the coming months to garner specific dementia-related feedback.

Winnemucca community members are well-connected and eager to provide insights to help their community become more age-and dementia-friendly. Participants in the Winnemucca Dementia Friendly Community Action Group (CAG) comprise of individuals from various sectors, including government (the mayor is actively involved), volunteers, caregivers, healthcare, veterans, and faith-based. The group has already worked on putting together a brochure on Alzheimer's Disease, titled "Age-Friendly, Dementia-Friendly Winnemucca & Humboldt County", along with a flip chart outlining age-and dementia-friendly resources in

Nevada, as part of their efforts to increase awareness in the community. They are also planning on holding a dementia-friendly awareness campaign in November 2017.

Additionally, the Winnemucca Alzheimer's Support Group met and discussed ideas for ways to improve and enhance the quality of those living with dementia in their community.

Some of these ideas include:

- Affordable part-time adult daycare
- Family restroom facilities at local businesses that allow caregivers to accompany
- More funding for respite care
- Training for caregivers
- Creation of dementia-friendly website with links to community events and health services

Elko Community Action Group

Elko held its first CAG meeting on June 28, 2017 with Dr. Jennifer Carson and Dr. Peter Reed giving an overview of the dementia friendly initiative, answering questions, and confirming that everyone was committed to move forward. Subsequently, the group met again on July 20, 2017. Representatives from a broad spectrum of community sectors were present, forming a very high functioning group of individuals. The group discussed meeting set up and logistics to ensure a successful pattern for future meetings. A decision was made to implement a preliminary survey of dementia awareness and attitudes as a first step, and to inform the content for a future kick-of-event. Dr. Carson informed the group that the Community Needs Awareness Survey, developed by the Sanford Center, can be used.

On August 29, 2017, the group convened again. Additional members, including an individual living with early-stage Alzheimer's disease and her care partner, and an attorney,

specializing in guardianship, were also present. Participants discussed other potential new community action group members and the meeting process monitoring tools, as well as reviewed the Community Needs Awareness Survey to be implemented. They provided feedback on the content questions and discussed strategies to optimize the distribution of the survey both online, on paper, and by doing in-person interviews with locals at various community sites. They also made plans and a timeline for data gathering. The engagement of group members in this process will facilitate outcomes that will help determine what Elko needs to focus on in becoming dementia friendly.

Project’s impact on the people intended to benefit from the dementia friendly communities themselves, and how these activities fill the gap areas.

During this reporting period, the projects impact for dementia friendly communities include awareness on available services (Nevada’s Tool Box Programs) and a voice on needs in their communities for individuals living with Alzheimer disease and other forms of dementia and their care partners. Many communities were not aware of the Tool Box Programs or how to connect to Nevada Services in their areas. As part of the project, the specific focus gap areas are directly stated in Notice of Award and discussed on partner calls. Because the Dementia Friendly Communities are mostly new, they haven’t identified how they are addressing the targets focus areas but will be including this information on individual reports due to ADSD.

How is the project engaging community action groups related to the data the groups are gathering; How is the project monitoring what the groups determine to focus on, and how their activities build capacity to serve people with dementia and their caregivers.

ADSD developed a reporting template for Community Action Groups during this reporting period and will be provided to each CAG in November 2017. This tool will also be part of the RFP process for the next selection of CAGs. UNR Sanford Center for Aging developed specific tools to track activities of CAGS and Jennifer Carson is working closely with the CAGS in Northern Nevada to document activities serving individuals with Alzheimer's and other forms of Dementia.

Each CAG, as part of the requirement from funding, is to refer into the tool box of services, work with the evaluation and data collection team, and ensure a focus on the four (4) areas defined in the grant. Each CAG process, outcomes, and goals are continually documented by the UNR Team and submit reports to ADSD in addition to updates on the Nevada Statewide Dementia Friendly Workgroup calls and the CAG Partner Calls.

What was produced during the reporting period and how have these products been disseminated? Products may include articles, issue briefs, fact sheets, newsletters, survey instruments, sponsored conferences and workshops, websites, audiovisuals, and other informational resources.

The Sanford Center provided Community Profiles to each Dementia Friendly pilot community to provide an overview of dementia-related demographic information, which would help them with overall picture of people who are living with dementia in their area. See *Attachments 3-6* for an example of a Community Profile.

Dementia Friendly Southern Nevada, with technical assistance from the Cleveland Clinic Lou Ruvo Center, Las Vegas, developed a website, highlighting their goals and objectives. The webpage contains valuable information for the public, including meeting notes, details on sector

activities, and opportunities to participate in focus groups. The site can be found at <https://friendlynv.wordpress.com/> but it changing to <https://dementiafriendlynevada.org/>.

Two interns helping with the DFSN created two posters: 1) outlining the goals and objectives that will help the Southern Nevada community become more dementia friendly and 2) assessing community strengths and gaps for a Dementia Friendly Southern Nevada. See ***Appendix A and B***.

Dementia Friendly Winnemucca Community Action Group has worked on putting together a brochure on Alzheimer’s Disease, titled “Facts, Symptoms, and Support”, along with a flip chart outlining age-and dementia-friendly resources in Nevada, as part of their efforts to increase awareness in the community. These materials have been disseminated to various sectors in Winnemucca. See ***Appendix C and D*** for samples of these materials.

Dr. Peter Reed, Dr. Zeb Gibb, and the Evaluation Team from the Sanford Center compiled two surveys for the Community Action Groups to use in assessing the issues and concerns regarding dementia in their communities. The two survey documents include: 1) The baseline survey regarding the Nevada Dementia Support Toolbox and 2) The Community Needs Assessment Survey. The baseline survey was administered to CAGs participants who represent multiple sectors. The Community Needs Assessment Survey was provided to sector representatives in the CAGs to disseminate to their distribution list by email. In-person surveys will also be conducted, as needed, at various sites in the grantee communities to garner feedback from people who may not have access to computers or email. Each community will determine how best to expand the reach of the survey. See ***Appendix E and F*** for survey samples.

Furthermore, the Nevada ADSD Alzheimer’s Team developed a flyer for its Dementia Friendly Outreach Toolbox, titled “Nevada Dementia Friendly Support Services”, for use by

program partners. The document features information on dementia-related programs and services and important contact information. This outreach material is being distributed by program partners throughout Nevada. See *Appendix G and H* for the sample.

Direct Service

For this reporting period, aspects contributing to the direct service requirement are:

- National Task Group (NTG) Train-the-trainer which served four (4) individual with intellectual and developmental disabilities and dementia and two (2) care provider.
- BRI/CC Program. This program served 88 individuals (44 PWD and 44 Caregivers).

Clarification: Though the BRI/CC Program was piloted in Nevada ADSSP 2014 Project, during this project, the program is being expanded to additional Aging and Disability Resource Centers to cover differing areas of the state. Direct funding for this begins October 1, 2017 for the second-year award amount. However, during this reporting period, discussions and training were under way to identify and ensure the selected provider would be able to perform the required duties and track to identify individuals served with Alzheimer’s Disease or related dementia.

Methodology: Direct Service:

1. Dementia Friendly Communities (\$450)
2. Educational Training and Travel to Deliver Programs (\$6,201)
3. EPIC and RCI Recruiting and Support (\$1,487)
4. UNR – Dementia Friendly Facilitation and Tracking (\$20,804)

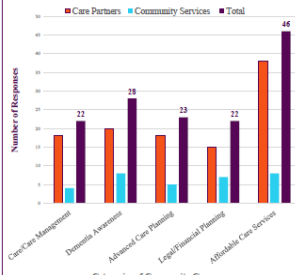
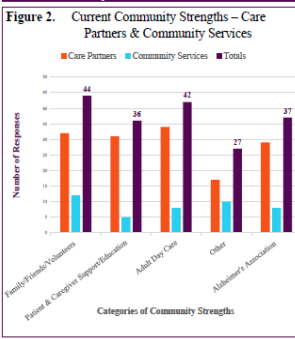
Non-Direct Service

1. Grant Administration (\$1,115.20)
2. Computer (\$1,694)

Appendix A

Sample Dementia Friendly Southern Nevada Poster by Kristopher Kaplan

Dementia Friendly Southern Nevada
Kristopher Kaplan
 Department of Environmental and Occupational Health, School of Community Health Sciences, University of Nevada, Las Vegas

<p>Background</p> <ul style="list-style-type: none"> In 2013, Alzheimer's disease was responsible for 448 deaths in Nevada. Nevada is projected to have the second highest increase in prevalence of Alzheimer's disease in the nation by 2025. More than 40,000 people in Nevada have been diagnosed with Alzheimer's disease or another form of dementia. <p>Introduction</p> <p>Dementia Friendly Southern Nevada works under the evidence-based, Dementia Friendly America model. The purpose of this group is to:</p> <ul style="list-style-type: none"> Educate Southern Nevada about Alzheimer's disease and dementia. Provide a community that supports those with dementia. Provide resource materials for those living with dementia and their families, friend, and care-partners. 	<p>Methods</p> <p>Action Phase 1 – Convene and Educate</p> <ul style="list-style-type: none"> Identify interested community members. Promote awareness and participation through community meetings. <p>Action Phase 2 – Community Engagement</p> <ul style="list-style-type: none"> Formation of action groups. Community engagement to increase program support and response. Deliver community questionnaires to identify current needs. <p>Action Phase 3 – Analysis</p> <ul style="list-style-type: none"> Compile, organize, and analyze data from questionnaires. Prioritize which sectors need the most help. <p>Action Phase 4 – Act</p> <ul style="list-style-type: none"> Create and implement an action plan that addresses gaps and needs within the community. 	<p>Results – Analysis Phase</p> <p>Figure 1. Current Community Gaps – Care Partners & Community Services</p> 	<p>Results – Analysis Phase</p> <ul style="list-style-type: none"> Greatest community gaps: <ol style="list-style-type: none"> Affordable care services Dementia Awareness Greatest community strengths: <ol style="list-style-type: none"> Family, Friends, Volunteers Adult day care Sectors in most need of help: <ol style="list-style-type: none"> Care Partners Healthcare <p>Conclusions – Future Goals</p> <ul style="list-style-type: none"> Dementia Friendly Southern Nevada has developed the following goals to address these needs: <ol style="list-style-type: none"> Creation of a dementia diagnosis plan Community based focus groups Dementia Friendly Resource Website 										
<p>Objectives</p> <p>The following objectives will help develop the Southern Nevada community in becoming more dementia friendly:</p> <ul style="list-style-type: none"> Creation of a community action group that includes: <ol style="list-style-type: none"> Community leaders Those living with dementia Care partners Interested community members Increase use of existing evidence-based programs in Nevada. Develop and implement resource materials using the 4 phase process as outlined by the Dementia Friendly America model. <ol style="list-style-type: none"> Convene Phase Engagement Phase Analysis Phase Act Phase 	<p>Methods – Analysis Phase</p> <ul style="list-style-type: none"> Surveys identified the following using Google Forms and Microsoft Excel. Community Strengths Community Gaps Community Needs Assessment <p style="text-align: center;">Table 1. Questionnaires by Sector</p> <table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th>Sector</th> <th>Number of Responses</th> </tr> </thead> <tbody> <tr> <td>Government</td> <td>40</td> </tr> <tr> <td>Healthcare</td> <td>42</td> </tr> <tr> <td>Community Services</td> <td>26</td> </tr> <tr> <td>Care Partners</td> <td>77</td> </tr> </tbody> </table>	Sector	Number of Responses	Government	40	Healthcare	42	Community Services	26	Care Partners	77	<p>Results – Analysis Phase</p> <p>Figure 2. Current Community Strengths – Care Partners & Community Services</p> 	<p>Conclusions – Internship</p> <ul style="list-style-type: none"> Dementia Friendly Southern Nevada provided real world experience in carrying out a program plan. First hand experience in writing/reviewing grants at the state and federal level. Competencies strengthened by this internship include: <ol style="list-style-type: none"> MPH 002 - Communication and Informatics MPH 004 - Diversity and Culture EOH 003 - Social/Behavioral Influences <p>References</p> <ol style="list-style-type: none"> Alzheimer's Association. (2017). 2017 Alzheimer's Disease Facts and Figures. Alzheimer's & Dementia 13(1), 15-17. ACT on Alzheimer's Initiative. (2015). Act on Alzheimer's Public Community. Willcox, AZ. Retrieved from: http://www.actonalzheimers.org/ Healthy Department of Health and Human Services. (2017). <i>Test Plan on Alzheimer's Disease Annual Report</i> <p>Acknowledgements</p> <p>I would like to acknowledge the Cleveland Clinic Lenox Hill Center For Brain Health and UNLV for allowing this internship opportunity and for covering the cost of poster materials. Additionally, I would like to thank Lenox Hill Leadership and Tracy Starr Ana for the mentorship and insight they provided throughout this internship.</p>
Sector	Number of Responses												
Government	40												
Healthcare	42												
Community Services	26												
Care Partners	77												



Appendix B

Sample Assessing Community Strengths and Gaps for a Dementia Friendly Southern Nevada

Poster by Anish Puri

Assessing Community Strengths and Gaps for a Dementia Friendly Southern Nevada

Anish Puri
Department of Environmental and Occupational Health, School of Community Health Sciences, University of Nevada, Las Vegas

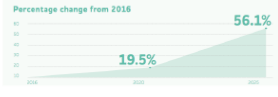
Background

- In 2016, over 5 million Americans lived with Alzheimer's. By 2050, 16 million Americans will have the disease
- Nearly one in every three seniors who die each year has a form of dementia
- In 2013, Alzheimer's disease was the cause for 448 deaths – an increase of 130% from 2000

65+ Number of people aged 65 and older with Alzheimer's by age*

Year	65-74	75-84	85+	TOTAL
2016	8,000	18,000	14,000	41,000
2020	9,900	23,000	18,000	48,000
2025	12,000	31,000	25,000	66,000

* Total may not add due to rounding



Courtesy of Alzheimer's Association

Objectives

Utilizing Dementia Friendly America's model, Southern Nevada aims to:

- Educate community members on the signs of dementia, and how to communicate to people with dementia
- Provide people with dementia and their families, friends, and care-partners easy access to resources (i.e. care & education)
- Create a community that is understanding, respectful and supportive towards individuals with dementia

Overview

Utilizing Dementia Friendly America's model, Dementia Friendly Southern Nevada is divided into 4 Action Phases

- Phase 1: Convene**
 - Identify and create partnerships with community leaders
 - Create an "Action Team" to meet monthly
- Phase 2: Engage**
 - Separate Action Team into relevant sectors
 - Create and distribute assessment tools to determine sector needs
- Phase 3: Analyze**
 - Compile and analyze data from assessments
 - Determine priority goals
- Phase 4: Act**
 - Create, share, and implement Community Action Plan

Methods

Assessments were conducted in the form of sector specific questionnaires (online and paper) to determine:

- Community Strengths
- Community Gaps
- Community Limitations

Results

Table 1. Number of Responses to sector specific questionnaires

Sector	Number of Responses
Healthcare	54
Government	40
Care Partners	77
Community Services	26
Total	197

Gaps

Figure 1. Government Sector: Our community has adequate awareness of the resources that can help support people with dementia

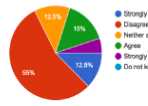
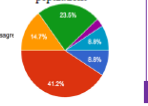


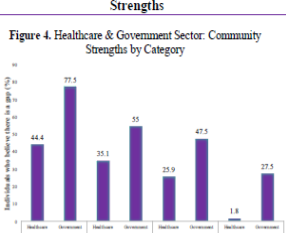
Figure 2. Healthcare Sector: Our community has adequate dementia-related resources tailored to our diverse and underserved populations



Results (continued)

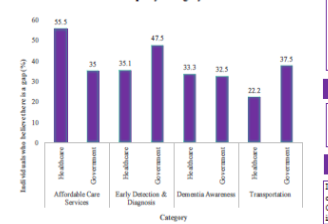
Strengths

Figure 4. Healthcare & Government Sector: Community Strengths by Category



Gaps

Figure 3. Healthcare & Government Sector: Community Gaps by Category



Conclusions

- Community Gaps**
 - Lack dementia-related resources for underserved populations
 - Dementia Awareness (Resources & Education)
 - Affordable Care Services
- Community Strengths**
 - Alzheimer's Association
 - Family, Friends, and Volunteers
- Outcome**
 - Increase dementia awareness and availability of resources

Internship Conclusions

- Competencies covered
 - MPH 004 – Interacting with diverse individuals and communities to produce an intended public health outcome
 - MPH 19 – Communicate audience-appropriate public health content, both in writing and through oral presentation
 - MPH 21 – Perform effectively on interprofessional teams

References

Alzheimer's Statistics Nevada - Alzheimer's Association. (n.d.). Retrieved from http://www.ala.org/document_custom_form_2016/statistics_nevada.pdf

Starr, Ann L. (n.d.). Dementia Friendly Southern Nevada. Retrieved May 01, 2017, from <http://dementiafriendlynv.org/pressroom>

Acknowledgements

I would like to thank LesAnn Mendicino and Isaac Smith for their unparalleled support of this internship and project. I would also like to thank the Cleveland Clinic Lou Ruvo Center for Brain Health and UNLV for allowing me to take part in such an important initiative

Appendix C

Sample of Facts and Figures Brochures produced by Dementia Friendly Winnemucca.

WARNING SIGNS OF ALZHEIMER'S DISEASE

- Memory loss that disrupts daily life
- Challenges planning or solving problems
- Difficulty completing familiar tasks
- Confusion with time and space
- Trouble understanding visual images and spatial relationships
- Problems with speaking or writing
- Misplacing things; unable to retrace steps
- Withdrawal from work or social activities
- Changes in mood and personality
- Decreased or poor judgment

ALZHEIMER'S TIMELINE

SUPPORT & CONTACT

For More Information
Gini Cunningham
Age-Friendly and Dementia-Friendly
Winnemucca and Humboldt County Project Coordinator
E-Mail: gini.cunningham@sbcglobal.net
www.nevada211.com

NEVADA AGING AND DISABILITIES SERVICES
Website: adsd.nv.gov
Phone # 775-687-4210

SANFORD CENTER FOR AGING
E-Mail: sanford@unr.edu
Phone # 775-784-4774

ALZHEIMER'S ASSOCIATION
24/7 Helpline - 1-800-272-3900
Website: www.alz.org

AGE-FRIENDLY DEMENTIA-FRIENDLY WINNEMUCCA & HUMBOLDT COUNTY

QUICK FACTS

WHAT IS ALZHEIMER'S DISEASE?

ALZHEIMER'S
/ˈæltz,hiːmərz/ noun

1. progressive mental deterioration that can occur from middle age on, due to generalized degeneration of the brain. It is the most common cause of premature dementia.

- ALZHEIMER'S IS THE MOST COMMON FORM OF DEMENTIA THAT CAUSES PROBLEMS WITH MEMORY, THINKING & BEHAVIOR.
- ALZHEIMER'S IS NOT A NORMAL PART OF AGING AND WORSENS OVER TIME.
- AMONG ALL PEOPLE LIVING WITH ALZHEIMER'S ONLY ABOUT HALF HAVE EVER BEEN DIAGNOSED.
- AGE, FAMILY HISTORY & GENETICS ARE ASSOCIATED WITH ALZHEIMER'S.

U.S. STATS

ALZHEIMER'S DISEASE IS THE 6TH LEADING CAUSE OF DEATH IN THE UNITED STATES

MORE THAN 5 MILLION AMERICANS ARE LIVING WITH ALZHEIMER'S BY 2050, THIS NUMBER COULD RISE AS HIGH AS 16 MILLION

EVERY 66 SECONDS someone in the United States develops the disease

IT KILLS MORE THAN 1 IN 3 seniors dies with Alzheimer's or another dementia

In 2017, Alzheimer's and other dementias will cost the nation \$259 billion. By 2050, these costs could rise as high as \$1.1 TRILLION

AGES OF PEOPLE WITH ALZHEIMER'S IN THE US IN 2017

- 85+ years, 38%
- 75-84 years, 44%
- 65-74 years, 16%
- <65 years, 4%

NEVADA STATS

65+ NUMBER OF PEOPLE AGED 65 AND OLDER WITH ALZHEIMER'S BY AGE

Year	65-74	75-84	85+	TOTAL
2017	8,400	20,000	14,000	42,000
2020	9,800	23,000	16,000	48,000
2025	12,000	33,000	20,000	64,000

Percentage change from 2017: 48.8% (Total for 65 and older)

14% (Total for 65 and older)

MEICAID COSTS OF CARING FOR PEOPLE WITH ALZHEIMER'S, 2017

\$158 MILLION

% change in Medicaid costs from 2017 to 2025: **70.6%**

HOSPICE

% of people in hospice with a primary diagnosis of dementia: **18%**

NUMBER OF DEATHS FROM ALZHEIMER'S DISEASE IN 2014

606

211% increase in Alzheimer's deaths since 2000

NUMBER OF ALZHEIMER'S AND DEMENTIA CAREGIVERS, HOURS OF UNPAID CARE, AND COSTS OF CAREGIVING

Year	Number of Caregivers	Total Hours of Unpaid Care	Total Value of Unpaid Care	Higher Health Costs of Caregivers
2016	145,000	165,000,000	\$2,093,000,000	\$83,000,000

INFORMATION FROM ALZHEIMER'S ASSOCIATION'S WEBSITE
WWW.ALZ.ORG

Appendix D

Sample of Winnemucca Community Resources Flip Chart



Age-Friendly and Dementia-Friendly Winnemucca
Mayor [Dian Putnam](#)
90 W 4th Street - 623-6341
Pro-active
Engaged
Always Seeking to Make Winnemucca the Best Community

Pleasant Senior Center – 1480 Lay Street

775-623-6211

Check Us Out on Facebook

The Pleasant Senior center:

- offers driver's education course
- provides blood pressure checks, fraud alerts, exercise programs, balanced meals, computers and internet service
- welcomes everyone with friendship and educational opportunities for seniors
- has Medicare, Social Security, and insurance planning
- offers legal advice provided by appointment twice a month
- provides transportation to the senior center as well as to shopping and appointments

Humboldt General Hospital – 118 E. Haskell Street

775-623-5222

Check Us Out of Facebook

Ambulance – 623-5222 ext. 1363

Emergency 623-5222 ext. 1240

Walk-In Clinic 625-7000

- HGH is the only rural hospital to provide delivery to end of life services
- medical personnel include primary care, family practice, medical residents, acute care, emergency care, in-house physician, long-term care
- wellness programs are offered the 3rd Thursday of each month at noon. Topics include stroke, diabetes, organ donation...
- HGH partner with community in fun runs and the Chamber of Commerce Health Fair
- offers free meeting space to non-profits
- provides support groups for Alzheimer's, grief, caregivers, diabetes
- has telephone service now includes a "live" operator
- provides excellent and extensive specialty care services
- offers CPR training

RSVP 775-304-0757

Brian Nelson - brianbu71@yahoo.com

RSVP provides:

- transportation services for clients to appointments (medical, grocery, PT...)
- a handicap accessible van
- a 10-seat veteran's van available (twice a week to VA in Reno)
- coordinates efforts with senior bus
- aims to keep seniors independent
- has a handicap/wheelchair access van to take clients to Reno and Elko
- provides trips out-of-town a primary need
- offers legal services available
- coordinates with Pleasant Senior Center on homemaker services
- provides home companionship

Humboldt County District Attorney's Office – 501 S. Bridge

775-623-2323

The District Attorney's office

- protects victims of crime
- provides estate planning
- offers Power of Attorney services
- works to prove criminal conduct in cases of elder abuse
- reacts to calls from hospital, police, social workers when a citizen is endangered
- provides Guardianship services – court appointed guardian for all legal and medical decisions giving a preference of guardianship to family members or a nomination. If no one is "left standing", the guardian is appointed
- may act as social worker as well, getting individual to the dentist, for example, helping someone move, cleaning out homes/storage as needed

Appendix E

Sample of Baseline Survey of Nevada Dementia Support Toolbox.



Dementia Care and Support Services Awareness Survey (pre)

Thank you for agreeing to complete this short survey designed to measure public understanding of Nevada’s ability to provide care and supportive services to individuals living with dementia and their care partners. These responses will be used to help raise awareness of these services, as well as to implement new services in your community. Please mark only one response per question. Thank you.

What is today’s date? _____

1. Are you aware that there is a Nevada Dementia Supports Toolbox of care and support services hosted by the NV Aging and Disability Services Division?

Yes No

IF YES: How knowledgeable are you about the NV Dementia Supports Toolbox?
 Very Knowledgeable Quite Knowledgeable A Little Knowledgeable Not at all Knowledgeable

2. Are you aware of the Early-Stage Partners in Care (EPIC) program offered by the Alzheimer’s Association?

Yes No

IF YES: How knowledgeable are you about the EPIC program?
 Very Knowledgeable Quite Knowledgeable A Little Knowledgeable Not at all Knowledgeable

3. Are you aware of the Benjamin Rose Institute (BRI)-Care Consultation program offered by Nevada Senior Services?

Yes No

IF YES: How knowledgeable are you about BRI-Care Consultation?
 Very Knowledgeable Quite Knowledgeable A Little Knowledgeable Not at all Knowledgeable

4. Are you aware of the Care Partners Reaching Out (CarePRO) program offered by the Alzheimer’s Association?

Yes No

IF YES: How knowledgeable are you about the CarePRO program?
 Very Knowledgeable Quite Knowledgeable A Little Knowledgeable Not at all Knowledgeable

5. Are you aware of the core services provided by the Alzheimer’s Association (Information & Referral, Care Consultation, Education, Support Groups, and Safe Return)?

Yes No

IF YES: How knowledgeable are you about the core services provided by the Alzheimer’s Association?
 Very Knowledgeable Quite Knowledgeable A Little Knowledgeable Not at all Knowledgeable


6. Within Elko County, are you aware of any other community programs that offer care and/or support for individuals living with dementia or their care-partners?

Yes No

IF YES: Please provide the names of these programs in the spaces below.

Appendix F

Sample of first two pages of Community Needs Assessment Survey.

 Sanford Center for Aging
University of Nevada, Reno

Dementia Friendly Nevada Initiative – Washoe

This survey is part of an evaluation of Dementia Friendly Nevada, funded by the NV Aging and Disabilities Services Division

Thank you for taking the time to complete this survey. It is designed to measure community attitudes and awareness about dementia and dementia services. Your responses will be used to help guide conversations and planning for our community's new dementia friendly initiative.

Please answer each question as honestly as possible. All responses will be kept anonymous, and responses will be reported only as a percentage of total responses. Again, thank you for your time and input during this process.

Please mark only one response per question unless otherwise noted – if you feel there are multiple answers that you feel complete a question, please mark only the ONE answer that BEST describes your feelings.

1. What is your gender?

Male Female I prefer not to identify

2. What is your age? _____

3. What is your five digit zip code? _____

4. What sector do you primarily work / volunteer in? **(Please mark ONLY ONE)**

<input type="checkbox"/> Legal Services	<input type="checkbox"/> Banks / Financial Services	<input type="checkbox"/> Neighbors / Community Member	<input type="checkbox"/> Government Agencies
<input type="checkbox"/> Emergency Planning / First Responder	<input type="checkbox"/> Libraries	<input type="checkbox"/> Communities of Faith	<input type="checkbox"/> Business / Retail
<input type="checkbox"/> Transportation Services	<input type="checkbox"/> Hospitals / Acute Care Settings	<input type="checkbox"/> Residential Care	


Other
(Please Specify) _____

(Continued on Back)

1

Survey link:

<https://www.surveymoz.com/s3/3838274/Dementia-Friendly-Community-Awareness-Survey-Washoe>

 Sanford Center for Aging
University of Nevada, Reno

Dementia Friendly Nevada Initiative – Washoe

This survey is part of an evaluation of Dementia Friendly Nevada, funded by the NV Aging and Disabilities Services Division

5. What is your race / ethnicity? **(Please check all that apply)**

<input type="checkbox"/> Non-Hispanic White / Caucasian	<input type="checkbox"/> African American / Black	<input type="checkbox"/> Native American	<input type="checkbox"/> Pacific Islander
<input type="checkbox"/> Hispanic	<input type="checkbox"/> Asian American	<input type="checkbox"/> I prefer not to identify.	
<input type="checkbox"/> Other (Please Specify) _____			

Please rate your level of agreement with each of the following statements, marking only the ONE response that most closely matches your agreement, from 1 (Strongly Disagree) to 7 (Strongly Agree). If you feel there are multiple answers that you feel complete a question, please mark only the ONE answer that BEST describes your feelings.

6. It is rewarding to work with people with dementia.

Strongly Disagree							Strongly Agree
<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5	<input type="checkbox"/> 6	<input type="checkbox"/> 7	<input type="checkbox"/> 7

7. I am afraid of people with dementia.

Strongly Disagree							Strongly Agree
<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5	<input type="checkbox"/> 6	<input type="checkbox"/> 7	<input type="checkbox"/> 7

8. People with dementia can be creative.

Strongly Disagree							Strongly Agree
<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5	<input type="checkbox"/> 6	<input type="checkbox"/> 7	<input type="checkbox"/> 7

2

Appendix G


Sample of Nevada Dementia Friendly Support Services flyer.

NEVADA
DEMENTIA FRIENDLY - SUPPORT SERVICES

<p style="text-align: center;">ALZHEIMER'S ASSOCIATION OF NORTHERN AND SOUTHERN NEVADA</p> <p style="text-align: center;"></p> <p style="text-align: center;">24/7 Helpline 1-800-272-3900 www.alz.org</p> <p style="text-align: center;">Person Living With Dementia Support Services</p> <ul style="list-style-type: none"> • Early-Stage Engagement Activities • Person Living With Dementia & Caregiver Support Services • EPIC (Early-Stage Partners In Care) • Care Consultations • Education Workshops • Support Groups: Person Living With Dementia, Early Stage <p style="text-align: center;">Caregiver Support Services</p> <ul style="list-style-type: none"> • CarePRO (Care Partners Reaching Out) • Respite Voucher Services • Support Groups: Caregiver <p style="text-align: center;">Other Support Services</p> <ul style="list-style-type: none"> • Safety Net: Medic Alert/Safe Return, First Responder Trainings 	<p style="text-align: center;">CLEVELAND CLINIC LOU RUVO CENTER FOR BRAIN HEALTH</p> <p style="text-align: center;"></p> <p style="text-align: center;">www.keepmemoryalive.org/socialservices www.healthyliving.org</p> <p style="text-align: center;">Person Living With Dementia & Caregiver Support Services</p> <ul style="list-style-type: none"> • Lunch and Learn—Phone: 702-778-6702, email: louuvosocialserv@ccf.org • Frontotemporal Disorders—email: familyservicesNV@ccf.org • Huntington's Disease—Contact Donna, phone: 702-483-6035, email: municd@ccf.org • Memory Loss for Caregivers—Contact Donna, phone: 702-483-6035, email: municd@ccf.org • Parkinson's Disease—Contact Samuel, phone: 702-701-7929, email: hicksos@ccf.org • Counseling Services—email: familyservicesNV@ccf.org • Lynne Ruffin-Smith Library—Phone: 702-483-6033, email: louuvolibrary@ccf.org • Art & Education Offerings—Phone: 702-778-6702, email: louuvosocialserv@ccf.org <ul style="list-style-type: none"> -Art Explorations-Art Therapy -Conversations to Remember -The Learning Arts -Music Therapy-Respite -Healthier Living -Powerful Tools for Caregivers
<p style="text-align: center;">NEVADA SENIOR SERVICES</p> <p style="text-align: center;"></p> <p style="text-align: center;">www.nevadaseniorservices.org</p> <p style="text-align: center;">Person Living With Dementia & Caregiver Support Services</p> <ul style="list-style-type: none"> • Adult Day Care: Las Vegas 702-648-3425, Henderson 702-368-2273 • Nevada Care Connection Resource Center: 702-364-2273 or 844-850-5113 • New Pathways Café (Early Memory Loss Program): 702-333-1538 • Connections (Moderate Memory Loss Program): 702-333-1538 • Respite Care & Support Program: 702-333-1599 <p style="text-align: center;">Caregiver Support Services</p> <ul style="list-style-type: none"> • Caregiver Support Groups: Las Vegas 702-648-3425, Henderson 702-368-2273 • BRI (Benjamin Rose Institute on Aging) Care Consultation: 702-364-2273 or 844-850-5113 • RCI (Rosalynn Carter Institute for Caregiving) REACH (Resources Enhancing Alzheimer's Caregiver Health): 702-364-2273 or 844-850-5113 • Skills2Care: 702-364-2273 or 844-850-5113 • Caring for You, Caring for Me: 702-364-2273 or 844-850-5113 	<p style="text-align: center;">NEVADA AGING AND DISABILITY SERVICES DIVISION http://adسد.nv.gov/</p> <p style="text-align: center;"></p> <p>Regional Centers provide Federal—Home & Community Based Waivers, Counseling, Employment Services, Family & Residential Support, & Service Coordination for individuals throughout the lifespan.</p> <p>Provides support and services to children and adults with intellectual disabilities or related conditions.</p> <ul style="list-style-type: none"> • Desert Regional Center: 1391 S. Jones Blvd., Las Vegas 702-486-6200 or 702-486-7850 • Rural Regional Center: 1665 Old Hot Springs Rd., Ste. 157, Carson City 775-687-5162 • Sierra Regional Center: 605 S. 21st St., Sparks 775-688-1930 • Elko: 1825 Pinion Rd, Ste. A 775-753-4236 • Fallon: 131 N. Maine St. 775-423-0347 • Silver Springs: 3595 Highway 50 West, Ste. 3 775-577-4077 • Winnemucca: 475 W. Haskell, Ste. 3 775-623-6593

Appendix H


Sample of Nevada Dementia Friendly Support Resources flyer (Bi Fold).



NEVADA CARE CONNECTION

How Nevadans Find Care and Support Services

Living Well with Dementia...



To learn more about Dementia Related Resources
Dial 2-1-1 | www.NevadaCareConnection.org

Connect with Others

The Nevada "Toolbox" is a collection of services available to support individuals living with dementia and their caregivers.




We can help connect you to tools and people to help you live well with dementia.



<p>Alzheimer's Association of Northern and Southern Nevada</p> <p>24/7 Helpline: 1-800-272-3900 www.alz.org</p> <ul style="list-style-type: none"> • EPIC (Early Stage Partners in Care) • Care Consultations • CarePRO (Care Partners Reaching Out) • Support Groups • And much more! 	<p>Cleveland Clinic Lou Ruvo Center for Brain Health Social Services: 702-778-6702 www.KeepMemoryAlive.org</p> <ul style="list-style-type: none"> • Lunch and Learn • Caregiver Support Groups • Counseling Services • Art, Music & Education Offerings • Diagnostic Services • Library • Powerful Tools for Caregivers, Healthier Living • Research and Brain Health Education at www.healthyliving.org
<p>Nevada Senior Services</p> <p>Phone: 844-850-5113 www.nevadaseniorservices.org</p> <ul style="list-style-type: none"> • BRI Care Consultations • RCI REACH program • Skills2Care • Caring for You, Caring for Me • And many community services! 	<p>To Learn More About Dementia Friendly Communities in Nevada Visit: www.dementiafriendlynevada.org</p>

With Community Services

A variety of community services are available to help you live well with dementia, no matter where you are on your journey. Nevada Care Connection can help you explore these options and many more:

	<p>In-Home Services</p> <ul style="list-style-type: none"> • Meal Preparation & Meal Delivery • Shopping • Bathing and other Activities of Daily Living • Home Safety Modifications and Repair
<p>Support Services</p> <ul style="list-style-type: none"> • Adult Day Care • Transportation • Caregiver Support • Respite Services • Education & Support Groups 	
	<p>Health Care</p> <ul style="list-style-type: none"> • Home Health Services • Medication Management • Counseling Services • Housing / Long Term Care • Legal: Wills & Guardianship



Through Planning

Nevada Care Connection Resource Centers offer individuals and families help in *exploring options and planning ahead* for services to help you achieve your goals.

Resource & Service Navigation is available statewide:

Southern Nevada
Nevada Senior Services | 844-850-5113
Serving Clark, Esmeralda, Lincoln, and Nye counties

Northern Nevada
Access to Healthcare Network | 877-861-1893
Serving Carson, Douglas, Washoe, Mineral, Storey, Elko, Eureka, Humboldt, Lander, and White Pine counties.

Rural Areas
Churchill County Senior Center | 775-423-7096
Serving Churchill and Pershing counties

Lyon County Human Services | 775-577-5009
Serving Lyon county