

How the CARE Act helps *When you or your loved one enter the hospital*

Nevadans are now hearing a new question when being admitted for a hospital stay:

“Do you have a family caregiver?”

That’s because the CARE Act was passed by the Nevada Legislature during its 2015 session. The law is designed to help caregivers stay informed when a family member or friend is in the hospital, and be better prepared to take care of their loved one at home following the hospital stay.

The CARE Act requires hospitals to do three things:

- Provide you the opportunity to designate a family caregiver
- Inform your caregiver when you are to be discharged to another facility or back home
- Provide the caregiver an explanation and demonstration of any medical tasks which will need to be performed at home, such as wound care or medication management.

What you should do:

- Be aware of your rights under the CARE Act
- Have a family discussion about who you would designate as your caregiver. This will not necessarily be the same person as your legal next of kin, especially if your family members don’t live in your community.
- Carry the name and contact information of your caregiver with you. Download and print a free CARE Act wallet card at aarp.org/nv so you’ll have this information available when you need it most.

AARP Nevada, the Nevada Hospital Association and more than 50 organizations across the state fought for the CARE Act because supporting family caregivers is a priority for all of us. Share your own caregiving story and connect with others by visiting <http://aarp.org/iheartcaregivers>, and find resources and tools at <http://aarp.org/caregiving>.

The CARE Act:

Making a difference when you or your loved one enter the hospital

Nevadans are now hearing a new question when being admitted for a hospital stay:

“Do you have a family caregiver?”

That’s because a new law known as the CARE Act was passed by the Nevada Legislature during its 2015 session. The law was designed to help caregivers stay informed when a family member or friend is in the hospital, and be better prepared to take care of their loved one at home following the hospital stay. The result should be fewer hospital re-admissions and greater opportunity for older parents, spouses and other loved ones to continue living independently at home.

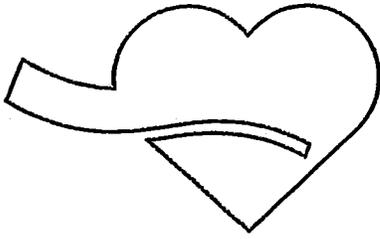
The CARE Act requires hospitals to do three things:

- Provide you the opportunity to designate a family caregiver
- Inform your caregiver when you are to be discharged to another facility or back home; and
- Provide the caregiver an explanation and demonstration of any medical tasks which will need to be performed at home, such as wound care or medication management.

Whether you currently serve as a caregiver for a family member or friend, or just want to be better prepared in the event of your own hospital stay, you should be aware of your rights under the CARE Act. Have a family discussion about who you would designate as your caregiver, and carry that person’s name and contact information with you. Keep in mind that your caregiver will not necessarily be the same person as your legal next of kin, especially if your family members don’t live in your community.

For convenience, **AARP Nevada offers a free CARE Act card** you can keep in your wallet, where you can list the name of your caregiver. That way you’ll have this important information available when you need it most. The card is available to download and print at home from the AARP Nevada website at <http://aarp.org/nv>

AARP Nevada, the Nevada Hospital Association and more than 50 organizations across the state fought for the CARE Act because supporting family caregivers is a priority for all of us. Hundreds of thousands of Nevadans care for family members and friends, often without recognition or assistance. You can share your own caregiving story and connect with others by visiting <http://aarp.org/iheartcaregivers>, and find resources and tools at <http://aarp.org/caregiving>.



Your free CARE Act wallet card!

AARP Nevada fought for the Caregiver Advise, Record, Enable (CARE) Act to help family caregivers when their loved ones go into the hospital and as they transition home. We hope you will cut out the CARE Act cards below, and place them in your and your loved one's wallets. That way, you'll both have the important information about this new law available when you need it most.

How to make your wallet cards:

1. Print this page, double sided if possible.
2. Cut your cards out.
3. If you didn't print double sided, tape front and back of cards together.
4. Laminate if desired.
5. Place cards in your and your loved one's wallets.



FRONT

KEEP THIS CARD IN YOUR WALLET

**WHEN YOU OR YOUR LOVED ONE
ENTER THE HOSPITAL**

Flip this card for information about

The CARE Act



BACK

The CARE Act requires hospitals to:

- ♥ Provide you the opportunity to designate a family caregiver
- ♥ Inform your caregiver when you are to be discharged to another facility or back home
- ♥ Provide explanation and demonstration of any medical tasks your caregiver will need to perform at home

NAME OF CAREGIVER: _____

- For tools and resources visit aarp.org/caregiving
- To share your story and connect with others visit aarp.org/iheartcaregivers
- To find out how AARP is fighting for you check out aarp.org/SupportCaregivers

