

New Directions



The Answer to “How” is “Yes”

By Cherrill Cristman, Chief, Resource Development Unit

Every day, the Aging and Disability Services Division (ADSD) and its partners face the challenge of meeting overwhelming need. How to meet that challenge is as simple as saying “Yes!” to collaboration – the nexus for solutions and building service delivery systems that work. The power of collaboration and systems building is evident throughout the articles in this newsletter, describing many joint activities of ADSD and its partners.

ADSD Administrator Jane Gruner is engaging communities throughout Nevada for input to complete a strategic plan that will assist ADSD in its integration with Developmental Disabilities and Early Intervention Services. This effort has involved surveying staff and agency constituency, and holding Town Hall meetings that will help ensure a smooth transition. The vision is seamless ADSD service access across the lifespan.

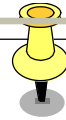
ADSD and its Regional Planning Groups have already met several times this year, to discuss and plan new initiatives going forward. This year, ADSD also participated in developing the 2013 Governor’s Strategic Plan for Food Security and is currently helping to implement the plan. The vision is hunger-free Nevadans.

To be successful, these endeavors value constituency input and systems thinking at the forefront of planning and throughout implementation. The desired result is comprehensive, quality and cost effective service systems that bring all partners and resources together. With all partners at the table, considering all available resources and holding a clear and unified picture of the desired result, the steps to achieving the vision somehow surface.

This is an ongoing, truly thrilling process for ADSD and its highly valued partners. Seemingly insurmountable challenges are being successfully addressed with grantees and other community members who have stepped up to say “Yes.”

Spring Rural Caregiver Training

ADSD is offering free Rural Caregiver Training in the spring of 2014, for anyone who is a caregiver. This year’s training topics are *Alcohol and Aging* and *Healthy Self-Care*, and are presented in collaboration with the Nevada Geriatric Education Consortium (NGEC). *Alcohol and Aging* training will provide caregivers and health professionals with awareness and information on the possible dangers and warning signs of the misuse and abuse of alcohol in older adults. Attendees will also learn skills and review resources for obtaining help for older adults who misuse or abuse alcohol or other substances.



INSIDE THIS ISSUE

	Page
The Answer to “How” is “Yes”	1
Rural Spring Caregiver Training	1
Seniors Hungry; Grantees Stretched	2
Mission Possible: Accomplished!	3
Regional Planning Update	4
Nevada’s Care Connection — ADRC	5
Who Cares About Caregivers?	6
What is New with Elder Protective Services?	6
Nutrition Program Directors — Make a Resolution!	7
SCSEP in Rural Nevada	8
Meals on Wheels Driver Recognized	9
Douglas County DART	9
Boulder City Senior Center Newsletter Highlighted	10
National Family Caregiver Month	11
Humboldt County Press Release	11
NV SHIP Recognition at Annual Sparks RSVP Luncheon	12



Seniors Hungry — Grantees Stretched

All hands are on deck to help ensure Food Security in Nevada, which is a high priority for Governor Sandoval. This focus offers hope for seniors, who are especially hard hit by hunger, and also for financially stretched Senior Nutrition Programs - long in need of additional revenue. ADSD is taking action to help both seniors and nutrition services programs.

To illustrate the effects of hunger on Nevada seniors, the state ranks 10th worst in the nation for senior hunger, with more than 78,000 seniors affected every day. During the Great Recession, the number of seniors affected increased 78 percent versus 39 percent for those younger than age 60. The threat of hunger is more than three times higher among disabled seniors than among the retired. When one or more grandchildren live in the home, the threat of hunger for seniors greatly exceeds households with no grandchildren.

ADSD allocates federal Title III-C funding for Senior Nutrition Services Programs. But these programs haven't had meal reimbursement rates increased for about 16 years. With years of flat funding and federal Sequestration, the programs are financially stretched, and require more funding to meet the escalating need. Each problem by itself challenges program sustainability. Together, they will cause loss of program services.

What is ADSD doing about this?

In spring 2012, ADSD began working with multiple state agencies to help develop the Governor's Strategic Plan for Food Security, published in 2013. Most recently, ADSD was among more than 150 attendees representing multiple state agencies, who came together for a Food Summit with First Lady Kathleen Sandoval.

With these facts about senior hunger and the gubernatorial priority on erasing hunger in Nevada, ADSD is taking action. It has begun specific, achievable strategies to help secure seniors and boost nutrition services, program revenues. But doing so will require a "Village."

Eleven senior center directors indicated interest in becoming Retail Sites for the Supplemental Nutrition Assistance Program (SNAP), which could boost their revenues. To accomplish this, ADSD is collaborating with USDA to assist in the SNAP Retail Site application process. The other two partners are the Nevada Division of Welfare and Supportive Services (DWSS) and the Food Bank of Northern Nevada (FBNN) to assist seniors with SNAP benefit applications. Seniors approved for SNAP may use their benefits as donations for meals at senior center SNAP Retail Sites, thereby increasing program revenues.

Two other strategies include: requesting supplemental nutrition services funding for ADSD to increase meal reimbursement rates for providers and wipe out waitlists; and a much needed rejuvenation of the Nevada Senior Center Association, to operate in close collaboration with Regional Planning Groups. Stay tuned for progress in these areas.

For more information about becoming a SNAP Site, please visit <http://www.fns.usda.gov/snap/retailers>.



Mission Possible: Accomplished!

Thank you to everyone who attended the ADSD Conference – Mission Possible: Partners Building the Community of Tomorrow. This year's conference was the first hosted by ADSD in several years and we could not be happier with the turn out. The two-day conference included 24 breakout sessions and four interactive general sessions on a wide range of topics within the four tracks: Partnership & Collaboration, Healthy Living, Community Living and Innovation & Sustainability.

With over 250 attendees representing seniors and individuals with disabilities, as well as a variety of providers from public, private and non-profit sectors, the conference was a great success. Attendee comments included:

- “The variety of subjects and depth of knowledge of presenters was excellent, as were the tracks and content.”
- “Many opportunities to network with others and learn from diverse people. This was a good conference!!”
- “Wide array of attendees...lots of room for networking.”

This conference was about all of us working together to accomplish great goals! We are quite excited to see where we go from here and hope to continue the momentum into the future. If you would like to access any of the materials from the conference sessions, they are still available at <http://conference.nvadsd.com> on the home page. Look for “Conference Presentations.”

Thank you again to all the speakers, attendees, and staff who helped make this conference such a huge success!



Mike Willden, Director Health and Human Services with Jeff Duncan, ADSD Chief of Supportive Services





Regional Planning Update

By Cherrill Cristman, Chief, Resource Development Unit

Members of the Regional Planning Groups are very interested to know what's happening in other planning regions. The following is a very brief synopsis of meetings, which have high energy and far more discussed than this represents.

Region One - Clark, Esmeralda, Lincoln and Nye Counties: Members identified transportation and nutrition needs as a focus, and also identified a need for service-specific resource handouts and advocacy at legislative sessions. They formed small workgroups to address these issues. This will include gathering data and analyzing gaps in these services over the next quarter and reporting back to the larger group at the next meeting. They will identify other partners missing from the table and invite them to participate. Jeff Doucet will gather some of the data resources discussed in this meeting and distribute to small groups.

Region Two - Elko, Eureka, Humboldt, Lander and White Pine Counties: Lack of affordable housing is a significant problem in Elko. The Nevada Rural Housing Authority (NRHA) recognizes this need and is conducting a study. The barrier to more housing is the difficulty in obtaining finance in communities with a heavy reliance on boom/bust mining economy, which makes such investment unstable. The study is focused on rural communities from Tonopah north, assessing individual industry plans, established amenities within each community and determining what amenities are needed to attract individuals to stay in the community. The study will hopefully strengthen NRHA's position in obtaining funding for rural housing projects.

Region Three - Carson City, Douglas, Lyon, Mineral and Storey Counties: Nevada Department of Transportation funding has been received for Mobility Manager positions in Carson City and Pah-rump. Rural RSVP is the lead agency on this project. Members are also considering the Gatekeeper Program to identify seniors in need, and have recognized a need for more funding for autism services in Northern Nevada. Storey County discussed its concern regarding the Elder Protective Services (EPS) window of 72 hours for response to an abuse report. First responders would like training and suggestions about how to handle the immediate crisis situation. ADSD EPS staff will present information at a future meeting. Travis Lee will share "File of Life" medical information magnets and provide assistance to Storey County to implement a TRIAD. Storey County will work with Mineral County in discussing the implementation of a Senior Community Law Enforcement model. Members plan to appoint a group member to be a voice of the planning group. Additionally, local officials, such as county commissioners and state legislators, as well as the Veteran's Administration will be invited to meetings. Members defined and volunteered for four broad work groups, including: Resources, Creative Solutions, Collaboration/Communication, and Outreach.

Region Four - Churchill, Pershing and Washoe Counties: Transportation is a major concern. The Regional Transportation Commission is anticipating funding cuts and therefore service cuts. The Reno group is working on: Transportation, Elder Protective Services, Mental Health, and access to Dental Care. Other discussion addressed advocacy for policy making, legislative hearings and meetings, to be supported by data collection to demonstrate unmet needs and the financial benefits of proposed services. Members want to develop strategies for working with community groups. For the next meeting: Tara Styer and Susan Haas will be invited to share information about the new mobility manager's role; Peter Reed will review pertinent service data gathered by Washoe County Senior Services and Sanford Center for Aging for sharing with the Regional Group; Jacob Harmon will develop sub-committees, via e-mail, for conducting focused discussions about services; and Sina Ward will report on the Veteran's Administration transportation service to medical appointments.



Nevada's Care Connection — ADRC!

Nevada's Care Connection: Aging and Disability Resource Center (ADRC) program is now available throughout the state with seven physical walk-in sites.



Access to Healthcare Network (AHN) was selected to be an ADRC site to cover the northeast portion of Nevada to include Elko, Eureka, Humboldt, Lander and White Pine counties. In addition, they have also established ADRC services for Storey County. AHN had its official Open House on November 6, 2013, in its Elko office. John Rice, City Councilman, welcomed the program on behalf of Governor Sandoval before the ribbon cutting ceremony. The event was very well attended and people in these communities are excited to finally have a site in their area.

Churchill County Senior Center also began providing ADRC services this year covering both Churchill and Pershing Counties. As an established partner in their community, the ADRC has been a perfect fit. Staff has already begun helping community members successfully navigate programs and services. On October 22, 2013, Churchill County Senior Center hosted an Open House with nearly 15 vendors and showcased its new office space so even more community members can receive the assistance they need. The event was a huge success!

Last, but not least, we were able to add Carson City Health and Human Services (CCHHS) to ADSD's growing list of ADRCs. Staff will be offering services to both Carson and Douglas counties; ADSD is excited to have CCHHS as a partner to help consumers in these areas. CCHHS has a long, successful history of reaching out to people with disabilities, seniors and caregivers and already performs many of the ADRC services on some scale. As staff continue to establish the program, ADSD is excited to see the growth of this program.

These three sites join the already impressive list of ADRC sites which includes East Valley Family Services, Lyon County Human Services, Rebuilding All Goals Efficiently and Washoe County Senior Services. With seven sites, ADSD is now able to offer ADRC services in 15 of 17 Nevada counties, creating a truly comprehensive program helping to spread Nevada's Care Connection message of "It's Never too Early to Plan!"

(Continued from page 1 "Spring Rural Caregiver Training")

Healthy Self-Care training will discuss the importance of health, safety, and quality of life for caregivers and their families. Attendees will learn sources of stress and barriers to self-care, and walk away with skills to practice healthy coping behaviors.

ADSD selects topics based on requests from seniors and in consultation with a volunteer workgroup of professionals having special interest in caregiver needs. Sites are selected in collaboration with rural senior center directors, to help ensure they will be very accessible for seniors. Live trainings are expected to be offered in Fallon, Carson City, Elko, Winnemucca and Pahrump between February and April 2014, with actual dates to be announced by emails with flyers to post about this opportunity. The trainings will also be offered through videoconferencing at several locations throughout the state in April, and will be available for viewing on the NGEC website by June 2014.

NGEC is a consortium that includes the University of Nevada School of Medicine, Touro University Nevada, and the University of Nevada Las Vegas. NGEC has posted past trainings at <http://www.medicine.nevada.edu/ngec/videos.html> for anyone interested in viewing them.



Who Cares About Caregivers?

The Nevada Caregiver Coalition does!! The Caregiver Coalition is comprised of representatives from agencies and facilities who employ caregivers, the Aging and Disability Services Division, Veteran's Administration, AARP, Alzheimer's Association, Senior Coalition, Center for Healthy Aging, and many others who hold a special place in their heart for caregivers. All year long, coalition members advocate for caregivers and raise awareness of their issues, help employers recognize their caregiver employees, and help Nevada's caregivers find the support and resources they need.

In November 2006, the Nevada Caregiver Coalition, led by Diane Ross, Director of The Continuum, started a caregiver recognition luncheon to honor the memory of an extraordinary caregiver named Linda Carr. At the first luncheon, coalition members and a small group of guests honored 19 above and beyond caregivers who had been nominated for a Linda Carr Caregiver Award by those who chose to share their heartwarming caregiving stories. This year, on November 19th, the Nevada Caregiver Coalition hosted its 8th Annual Caregiver Recognition luncheon at the Atlantis Casino in Reno. More than 200 people attended and honored 57 nominees from eight Nevada cities for Linda Carr Caregiver awards. Everyone appreciated a wonderful slideshow of pictures of the nominees in action by Jerry Cruitt. There was a proclamation by Governor Sandoval and certificates of appreciation from Senators Reid, Heller, and Amodei. Assemblywoman Benitez-Thompson attended to show her support. Nominees also received a gift and a certificate of recognition from the Nevada Caregiver Coalition and many attendees enjoyed door prizes donated by local businesses.

Special awards were presented to Jerry Cruitt and the Caregiver's Caregiver, Diane Ross, for their long time extraordinary support of Nevada's caregivers.

The 2013 Linda Carr Caregiver Award recipients are:

- Debra Tobias, Family Caregiver
- Geri Porter, Hospice Volunteer Caregiver
- Connie Anderson, Double Life Caregiver
- Karalee Garrett, In-Home Paid Caregiver
- Carolyn Makrinos, Facility Caregiver
- Mr. Jody Smith, Caregiver for Youth with Special Needs

The Caregiver Coalition welcomes individuals and groups interested in working with the coalition to ensure all of Nevada's caregivers get the support they need and are recognized for the amazing work they do to help people stay independent at home and in their communities. For more information please email infonv@consumerdirectonline.net.

What is New with Elder Protective Services?

Aging and Disability Services Division (ADSD) has provider agreements in place to provide supportive services to Elder Protective Service (EPS) clients. These supportive services include Temporary Assistance for Displaced Seniors (TADS). TADS provides temporary, short term housing to Elder Protective Services clients in a licensed group home.

Currently there is one TADS provider in the north and a small handful in the south. The Elder Rights Unit is seeking to expand the number of TADS providers throughout the state including rural areas.

(Continued on page 8)



Nutrition Program Directors — Make a Resolution!

A new year is upon us. Make a resolution to keep track of tasks you and your staff may often forget! We all have “oh yeah” or “I forgot” moments. In the kitchen, those statements could wreak havoc and, possibly, cause an outbreak of foodborne illness.

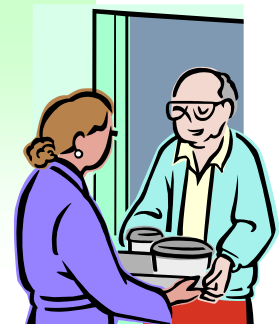
Get organized and start a checklist. Each time you or one of your staff have a “moment,” write down the forgotten task and set a frequency for completion. Place the checklist in a location seen often and leave room for additional moments to be added by yourself or others. Here are a few ideas you may want to add to your checklist now:

- Calibrate thermometers on a regular basis.
- Check cutting boards and cookware for wear and tear.
- Check signage: Do you have the correct hand washing procedure? Are the signs worn or missing? Are the signs easy to read?
- Ensure temperatures being logged throughout the “flow of food?” Is someone checking all temperature logs during the day for possible issues that may cause illness? Are staff members and/or volunteers trained to notify their supervisor of improper temperatures?
- Check internal thermometers in refrigerator, freezer and dry storage areas to verify accuracy of external devices. Hotshot delivery vehicles should also have thermometers in hot/cold compartments for verification.
- Clean internal components, lid, scoops and scoop containers of ice machines.
- Label and date all food correctly and consistently.
- Check for possible cross contamination threats in food prep areas and storage. Provide training if a threat is discovered!
- Store food and supplies to ensure easy access and improve efficiency. Remember First In First Out (FIFO) and arrange the items so staff can easily verify they are taking the correct item, in the correct order.
- Look up! Clean vents, light fixtures/covers, stove hood, etc.
- Change sanitizing solution when its effectiveness may be compromised. Provide training to staff on how to use test strips.
- Give written instructions to volunteers and/or new staff on what you would like them to do, including washing his/her hands!
- Revisit the regulations from your local health regulatory authority to refresh your memory.
- Go through ADSD’s food safety checklist once a quarter and maintain documentation.
- Use your last health inspection as an additional checklist to verify the program is providing food safe for consumption.
- Visit with clients to get meal ideas, suggestions, or just an interesting story!



“I am only one, but still I am one. I cannot do everything, but still I can do something; And because I cannot do everything, I will not refuse to do the something that I can do.

~ Edward Everett Hale





SCSEP in Rural Nevada

The **Senior Community Service Employment Program (SCSEP)** has funded positions available in the following counties: Carson City, Douglas, Elko, Humboldt, Lander, Lincoln, Lyon, Mineral, Nye and White Pine. According to Donna Roberts, the AARP Foundation Project Director who administers the SCSEP, the Foundation is always interested in finding eligible individuals in the northern counties of the state. She says, "Sometimes we have older workers interested in enrolling in SCSEP, but do not have training sites." The SCSEP is publicized regularly through Job Connect and on-line employment websites.

The SCSEP is funded by the U.S. Department of Labor. The goal is to provide training and employment opportunities for low-income older workers, age 55 and older, who are struggling to find employment. Participants in SCSEP work in temporary assignments, 18 hours per week, at a non-profit or government agency that provides training while receiving no-cost labor. The participants benefit by getting "a foot in the door" of an organization they might otherwise not have access to. They are paid minimum wage and receive training and job referrals.

Often the agencies that are training sites hire the participants after they have had an opportunity to train the individual while trying them out in their offices. This works to benefit both the job seeker and the organization needing additional help.

Older workers who need help getting a job and local organizations who are interested in serving as a training site please contact:

Donna Roberts, Project Director
1135 Terminal Way, Suite 102, Reno, NV 89502
(775) 323-2243; Toll Free 1-877-324-2243
djroberts@aarp.org

(Continued from page 6 "What is New with Elder Protective Services?")

As a TADS provider, the facility agrees to provide usual and customary services to displaced seniors in need of temporary assistance including coordinating and arranging all necessary admission protocols, including but not limited to, medical screenings, transportation to medical appointments, and obtaining prescription medication. Placements are made during normal business hours, Monday through Friday, 8:00 a.m. to 5:00 p.m., and coordinated by their social workers. The social worker will continue to communicate with the client and the provider throughout their stay.

Services are generally provided for no more than 30 days until alternate housing arrangements can be established or other arrangements have been made with the authorizing ADSD office. Each client's needs vary depending upon the situation; it can be as little as one day or up to 30 days. The length of stay will be discussed with the facility before admission. The TADS provider has the option of declining a placement at any time. Reimbursement for a TADS placement is a flat rate of \$100 per day regardless of the level of care needed. Invoices for payment are sent to and paid by the ADSD Carson City office.

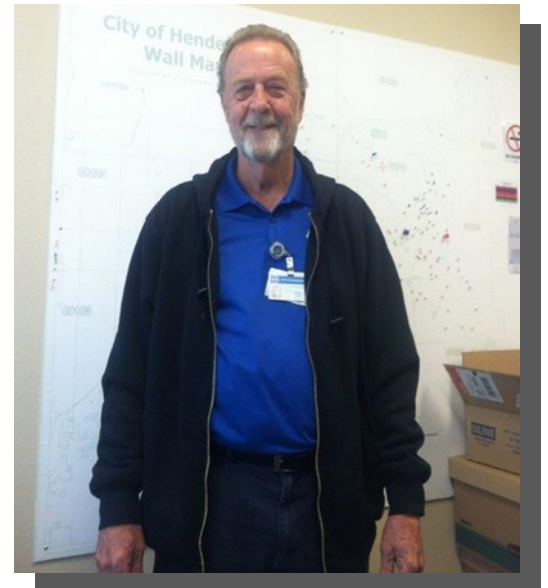
TADS providers must be licensed by, and in good standing with, the Nevada Division of Public and Behavioral Health (DPBH) with a survey grade of "B" or better. For more information and an application to become a provider visit the ADSD website at <http://www.nvaging.net/psa/home.htm> or contact Cissy Garic at (775) 687-0524.



City of Henderson Recognizes Meals on Wheels Driver

Recently, the Meals-on-Wheels Coordinator for the City of Henderson Senior Nutrition Program received a call from a patron asking to discontinue the meals. The patron insisted on explaining why she and her husband no longer needed the food delivered to their home. She attributed her husband's recovery and the success of the program to one of the drivers for the City of Henderson's Meals-on-Wheels program, **Bob Crites**. She had nothing but praise for him.

She stated, "He always makes the most of the few minutes he has with us each day. He helped us find other organizations that offered services we needed. Now that he helped us, we are doing so much better. He helped us get back on our feet. He made our day each time he visited. When we were low, he really picked us up and helped us feel better about our circumstances." She also credits her husband's improved health to Bob's "compassion, care and help" and feels that they wouldn't be in the position to remove themselves from Meals-on-Wheels had he not been so diligent in assisting them.



Home-delivered meals drivers make a major difference in the life of every homebound senior they deliver to. Sometimes that smile and good morning is all they need, and the willingness to report back to staff the additional needs these seniors may have. But in Bob's case he made the difference by providing both the smile and information to this family, encouraging them to improve both physically and emotionally.

Because Bob has made such a difference in this family's life, his supervisor nominated him for a "Level II" Action Award, which offers a half day off with pay. The City of Henderson Heritage Park Senior Facility is extremely proud of Bob and the difference he has made not only in this family's life, but to all of the seniors he serves.

Douglas County DART

The Douglas County Senior Services and Public Transportation department has utilized dispatching software from Mobilitat for over seven years. This software program has enabled DART to customize service delivery to seniors in Douglas County in a positive way. Recently, there have been advances with technology which have allowed DART Dial-A-Ride to use tablets in its buses. These tablets allow drivers to record time of delivery, destination of delivery and even allows the driver to click Google mapping icons to obtain turn-by-turn directions to homes of seniors who are new to the system. The system helps reduce the end-of-day dispatch audit, can create customized reports by age for ADSD audit purposes and seniors can be added to a virtual dispatch sheet during the course of their delivery or pick-ups.

To learn more about the Paratransit Dispatching and Scheduling Software go to the Mobilitat website: <http://www.mobilitat.com/>. (This is for information only and is not an endorsement from ADSD.)



Boulder City Senior Center Newsletter Highlighted Nationally

“We submitted our newsletter in a challenge to senior centers and we were the first picked [for national distribution]!! I am so proud of the job that our folks do on the newsletter! Way to go Rose Ann and David!!! Once again, our people make us look great!!”

- Tammy Copelan, Executive Director
Senior Center of Boulder City

“Center newsletters provide a snapshot of each center's activities. As such, they provide a useful comparison of program ideas and activities that can be usefully shared by every center. Earlier we issued a challenge to Directors to submit their newsletters so that others might learn from the ideas expressed therein. You can see many newsletters, as received, at http://www.seniordirector.org/SeniorDirector/Newsletter_Challenge.html. [The Boulder City] newsletter makes liberal use of photographs and color, and describes a range of activities and programs.”

- Don Hutchinson, SeniorDirector.org

www.SeniorDirector.org is a not-for-profit online magazine designed to assist professionals at senior centers throughout the U.S., in encouraging and expanding the use of computers by seniors. The site says: “Having a computer savvy membership makes it easier to communicate with your members and to expand the services you can offer, both at the center and in the community beyond. Senior Director will enable you to see what other centers are doing and how they respond to challenges.

Many resources are available to help. Libraries are major users of computers and traditionally these services and instruction are free to the public. Already, e-books are replacing the printed page in many libraries. Many high schools encourage students in their senior class to provide community service - and helping your seniors with one-on-one guidance. Don't overlook the fact that your center may have a high speed connection to the Internet and one or more computers available for member use; thus making it easy for seniors to gain experience without any investment up front. At the same time, laptops, tablets and smart phones are ever easier to use and enjoy at home. These devices also help seniors, especially “shut-ins,” to stay in touch with family and the community, and to continue their education or to learn new hobbies.



Don't overlook the fact that while seniors may be inexperienced in the use of computers, the Baby Boomer generation are generally knowledgeable, and increasingly they will expect their center to cater to their needs. They will expect that their newsletter will be delivered by email, that enrollment in events will be online, and that center activities will extend beyond the physical confines of the center itself.”

Read more about “The Coming Explosion in Senior Usage of Computers” at http://www.seniordirector.org/SeniorDirector/The_Coming_Explosion.html.





National Family Caregiver Month: Renewing Our Partnership

National Family Caregiver Month occurs each November and provides an opportunity to pause, take stock and rededicate ourselves to the values that form our caregiving journey together as a society. The relationship between our government, community agencies and our family caregivers is both singularly societal, and yet personal. The observance provides a reminder to take time for reflection about this important partnership.

Thomas Jefferson reminds us that, "The care of human life and happiness, and not their destruction, is the first and only object of good government."

A few thoughts on how we might contribute to and strengthen the bond between government and our family caregiving mission:

- Support Reauthorization of the Older Americans Act
- Reinforce the message to our Nevada and Congressional legislators that we value the collaboration between ADSD and our community agencies that provide critical services to family caregivers. We thank them in advance for their continued support of enhanced budget resources to meet the needs of our family caregivers.
- Tell the story. Provide our partners in government with anecdotes of special successes made possible by their commitment to the journey.
- Say "Thank you" for the collaboration and renew the partnership.

If we are to achieve the Jeffersonian vision of good government then we must contribute to the commitment to caring and caregiving.

Senior Citizens of Humboldt County, Inc. Pleasant Senior Center and McDermitt Senior Center Join Forces

(Winnemucca, NV) It all started when the Senior Citizens of Humboldt County, Inc. Pleasant Senior Center organized a trip to the California National Historic Trail Interpretive Center in early November. At the Interpretive Center, seniors viewed a number of displays, handicrafts, and dancing by members of the Fort McDermitt Indian Reservation. Upon returning to Winnemucca, center member Lamar Northrup suggested that the Pleasant Senior Center invite friends from the McDermitt Senior Center to join any future trips.

The first of many future shared activities was a Thanksgiving dinner celebration held at the Pleasant Senior Center on November 21st. Mrs. Betty Crutcher was able to organize transportation for 13 seniors from McDermitt Senior Center to Winnemucca, to share a meal of turkey, gravy, mashed potatoes, stuffing, green beans and cranberry sauce with the seniors at the Pleasant Senior Center. A 45-minute dinner concert by the Lowry High School Swing Choir filled the center with music.

This Thanksgiving dinner, hosted by the Pleasant Senior Center for the Native Americans of the McDermitt Senior Center seemed to mirror the first Thanksgiving meal. The seniors from Fort McDermitt all enjoyed the show and the meal, and have invited the seniors from Winnemucca to join them at the reservation in McDermitt for a meal, tour, historical overview of the reservation, and a show including traditional regalia and dancing. ADSD is sure this is the beginning of a wonderful collaboration, and the first of many activities and celebration that the two centers will share.



NV SHIP Recognition at Annual Sparks RSVP Luncheon

On November 7, 2013, the Retired Senior Volunteer Program (RSVP) of the Sanford Center for Aging honored the State of Nevada, Aging and Disability Services Division's State Health Insurance Assistance Program (SHIP) for its service to the community and accomplishments as an agency program. The SHIP Director, Wanda Brown, received the 2013 Elsie Connor Award on behalf of the program along with Dena Miguel, the SHIP Volunteer Coordinator in Northern Nevada who administers the program under Access to Healthcare. The program was recognized for training volunteers that help the community with unbiased assistance in obtaining their Medicare benefits and educating the public on how the insurance relates to them as a beneficiary.



RSVP Director Scott Trevithick, Honoree Roger Slugg with the Food Bank and the VA, Presenter Susan Lisagor from Senator Reid's office, Community Honoree Dena Miguel from Access to Healthcare Network for SHIP, Community Honoree Wanda Brown from NV ADSD for SHIP, Honoree Don Klasic from SAVE and Presenter Katie Pace from Senator Heller's office

Useful Web Sites:

State of Nevada - Aging and Disability Services Division	http://nvaging.net or http://aging.state.nv.us
U.S. Administration for Community Living	http://acl.gov
Find and Apply for Federal Government Grants	http://www.grants.gov
Rural Assistance Center	http://www.raconline.org
Nevada Aging and Disability Resource Centers (ADRCs)	http://www.nevadaadrc.com
Nevada Controller's Office, Vendor Services	http://controller.nv.gov
National Council on Aging (NCOA)	http://www.ncoa.org
NCOA Crossroads - Peer Support and Information	http://www.ncoacrossroads.org



New Directions is published and distributed quarterly by the Nevada Aging and Disability Services Division, Resource Development Unit, at 1860 E. Sahara Avenue, Las Vegas, NV 89104. Responsible for its contents: Cherrill Cristman, Chief, Resource Development Unit. Editors: Kristi Martin & Shirley Alloway