



Top Speed Engagement

By Cherrill Cristman, Chief, Resource Development Unit

In the time since the last edition of New Directions, RD Unit staff has worked at top speed, engaged in multiple activities with critical outcomes affecting our constituency of seniors in the coming years.

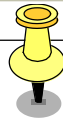
The most time-intensive activity has been production of the Aging and Disability Services Division (ADSD) 2012-2016 State Plan for the Administration on Aging. This plan is a blueprint for the Division's activities during the coming four years, with Goals and Objectives to be accomplished.

As a foundation for developing the Division's plan, staff conducted tours in Rural Nevada and held a number of interactive town hall meetings at senior centers. These town hall meetings provided a chance for ADSD to impart information, and also to learn about seniors' concerns relevant to services they receive or need.

Additionally, the 2011 Survey of Seniors and Citizens with Disabilities was administered at the town hall meetings, and also at senior centers throughout the state. A total of 2,420 responses were received, which included 2,104 seniors, 935 persons indicating they had a disability, and 282 responses primarily from service providers.

A draft of the 2012-2016 State Plan is posted on the Division's website at www.nvaging.net and was presented at the Governor's Commission on Aging (COA) March meeting for public comment.

Another very important activity involves support for the COA S.B. 421 Subcommittee. This bill passed during the 2011 Legislative Session and changed the manner in which Master Tobacco Settlement Funds supporting the Fund for a Healthy Nevada are to be distributed in Nevada. This has direct affect on the amount of funding that ADSD will receive and



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allocate for Independent Living Grants, beginning with competitive grants in 2013.

The bill requires the COA to submit a report to the Director of Health and Human Services, with recommendations regarding the needs and priorities of older adults. The Director will consider the report and provide recommendations to the Governor, who will then send his recommendations to the Legislature. The Legislature will make the final decision on how the Fund for a Healthy Nevada will be apportioned.

Another major activity involved the production of the 2011 Independent Living Grant Annual Report. This report is posted at www.nvaging.net/grants/ILG/ILG2011AnnualReport.pdf.

Much information in this report adds to the findings of the COA S.B. 421 Subcommittee and supports its recommendations.

At this time, the RD Unit is reviewing grantees' requests for second-year, social services funding. The Division plans to send Notifications of Grant Award a month prior to the beginning of the grant year. The next competitive, social services grant cycle will be in 2013.



Innovative Geriatric Assessment Program Opens in Henderson



Nevada Senior Services (The Adult Day Care Centers of Las Vegas and Henderson) is pleased to announce that it has opened an innovative and comprehensive program of geriatric assessment and wellness serving Henderson and surrounding communities. Located at the Adult Day Care Center of Henderson, the program began offering services in January and is accepting appointments.

Seniors with multiple health conditions and complex health needs often receive care that is fragmented, incomplete, inefficient and/or ineffective. Research has demonstrated that proactive, continuous processes substantially improve the primary care of community-dwelling seniors who have multiple chronic conditions: comprehensive assessment, evidence-based care planning and monitoring, promotion of seniors' and caregivers' active participation in care, and coordination of professionals who care for seniors - all individually tailored to each senior's goals and preferences. Southern Nevada is experiencing dramatic growth in its elderly population with those in the over age 72 and over 84 populations growing exponentially. There are few geriatricians in the area. Furthermore, family practice and internal medicine physicians are overwhelmed and lack access to comprehensive, integrated resources to support their efforts to monitor and coordinate care with an increasingly complex population of seniors with multiple co-morbidities that threaten the seniors' health, ability to function and the caregivers' ability to sustain their loved ones in the community. In fact, there is currently no single resource available in Southern Nevada for seniors and their physicians to support this critical need.

Nevada Senior Services has taken a major step toward addressing this critical need by establishing Southern Nevada's first comprehensive program for geriatric assessment and wellness. The program provides consultative medical care to community-dwelling senior citizens of Clark and surrounding counties with an emphasis on providing care to the frail elderly, those with dementia, chronic diseases and those living with a disability. The strategic goal of this senior health continuum is to provide a premier resource to meet the need for comprehensive geriatric services for the elderly in Southern Nevada. This goal will be achieved by meeting the needs of older patients, their families, primary care physicians and elder care agencies for high quality, coordinated, efficient care. Comprehensive Geriatric Assessment encompasses all of the clients' diseases, disabilities, cognitive abilities, medications, health-related devices, other treatments, self-care behaviors, health-related lifestyle habits, psychological conditions, environmental risks, family and/or friend supports, and other resources – plus the relevant values and preferences for care. The program promotes active engagement of the client in their own health care and integrates other available programs including community- and program-related wellness initiatives. The program will implement the monitoring of a comprehensive, evidence-based plan of care that addresses health-related needs and provides communication and coordination with all who provide care for the senior, especially during transitions between



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Senior Medicare Patrol Announcement

ADSD is excited to announce that Senior Medicare Patrol (SMP) is growing in Northern Nevada. It has just awarded a sub-grant to Access to Healthcare Network (AHN), based in Reno, to assist in the important task of recruiting and training volunteers and conducting outreach and education activities.

Now that SMP has a partner, its goal is to expand the number of volunteers based in the north and greatly increase the number of people reached with the SMP message. This will occur through outreach at health and senior fairs and by making presentations to senior groups in Northern Nevada counties. SMP's goal is to educate seniors about their role in preventing Medicare fraud and to increase the visibility of the Senior Medicare Patrol.

Access to Healthcare Network (AHN) is a non-profit organization with a national reputation for innovative approaches to healthcare coverage. AHN's main office is in Reno, but it also covers Northern Nevada counties and has expanded to Las Vegas. AHN offers a health discount program to Nevadans who are uninsured. It manages a variety of other related programs including the SHIP program in the north. Its association with SHIP makes this new arrangement ideal, because it currently has a number of active SHIP volunteers who may also be interested in SMP activities. Cross-training and collaboration with SHIP is an important goal.

AHN has hired a full-time Northern Nevada Volunteer Coordinator, **Dena Miguel**, who will be dedicated to the SMP program. In addition, **Londa Manteufel**, an AHN employee based in Elko, will be covering the rural areas for SMP. Kim Harney-Moore, Coordinator of AHN Volunteers statewide, will provide overall program coordination.

Volunteers will soon see lots of activity and new opportunities to participate. A two-day SMP training event was held at the AHN office in the Reno Town Mall, 4001 South Virginia Street, Suite F, Reno, NV 89502 on February 21st and 22nd.

Future trainings will be held in Elko, Winnemucca and other outlying areas as needs arise. SMP staff looks forward to program growth and the opportunity to educate even more Nevadans on Medicare fraud.

2012 Older Americans Month



Older Americans Month is celebrated each May to honor and recognize older Americans for the contributions they make to our families, communities and society. This year's theme "**Never Too Old to Play**" encourages older Americans to stay engaged, active and involved in their own lives and in their communities. To make Older Americans Month a truly national celebration, the Administration on Aging is encouraging Aging Network partners and other organizations around the country to host a Day of Play. This event will feature activities designed to bring older adults together with others in their neighborhood to socialize, exercise, and engage.

The download link includes a guide with numerous suggestions to tailor to communities. Whether hosting one activity or several, this toolkit can help coordinate the Day of Play.

[Download the "OAM Activity Guide"](#)



Fiscal Update - Grantee Responsibilities

By Vern Dixon, Auditor III

The majority of funding granted out by the Aging and Disability Services Division (ADSD) is from Title III of the Older Americans Act. When a program receives these funds it is obligated to adhere and comply with Federal regulations. Because programs may also receive State funds, they may also be obligated to comply with State regulations. Because of the complexity of both, ADSD has developed a document that brings together both Federal and State financial requirements. Each of the requirements is referred to as a PIN (Program Instructions - Nevada). Each PIN has a general instruction on how to meet the requirement. These PINs were first developed in 1992 and have gone through a number of revisions to keep up with the ever-changing regulations. It is important that all key program staff and board members be familiar with the PINs, located at <http://nvaging.net/grants/pins.htm>.

It is the grantee's responsibility to ensure that grant funds are spent properly. This is done by hiring a director to manage the program(s). The director must have thorough knowledge of the PINs and comply with the instructions. As part of the PINs compliance, the director must implement internal controls to account for ADSD grant funds and all other funding sources separately. This is done by having fiscal policies and procedures in place that have been approved by the board. The director also has the responsibility of keeping the board, or other sponsor, well informed of the financial status of the program. Financial stability should be achieved when all of these internal functions are completed. If one or more of these functions is lacking, there is a possibility that the program will have financial difficulties. Financial difficulties may result in a reduction in service or multiple compliance issues due to having insufficient funds to pay for adequate staff to carry out daily tasks.



Board members should be cautious when a director continually requests additional funding, when reports to the board indicate there are no apparent issues which would confirm the need. A director might also avoid updating the board on a regular basis. Therefore, it is important for the board to have timely meetings. At the meetings, the director should provide written financial reports and be ready for any and all questions regarding the program(s).

If a program is out of compliance, ADSD will normally allow sufficient time for the program to resolve issues and come into compliance. Depending on whether the non-compliance issue is considered major or minor, the program will be classified as high, medium or low risk. If the program is classified as high risk, there will likely be an increase in site visits by ADSD staff to provide technical assistance and certain restrictions may be placed upon the grantee. These can include:

- Changing grant payments from an advanced payment to a reimbursement basis;
- Holding of grant payments;
- Requiring more detailed financial reports; and
- Requiring a limited scope audit to be paid by the grantee.

If the program continues to be out of compliance and is not willing to comply, grant funds from ADSD may be terminated.



ADRC-Moving Forward

The past six months have been busy for the Aging and Disability Resource Center (ADRC) program throughout Nevada. Within the ADSD offices, there have been staffing changes. Congratulations go out to Wanda Brown, the previous ADRC Project Manager, for her promotion to SHIP, ADRC Director. In this new capacity, she is responsible for the overall management of both programs. In September, Cheyenne Pasquale became the new ADRC Project Manager. She will continue Wanda's hard work in developing partnerships with public partners, enhancing program services and expanding ADRC sites throughout Nevada.

ADSD congratulates the two new ADRC sites that came on board in July...East Valley Family Services serving Clark County, and Ron Wood Family Resource Center serving Carson, Douglas and Storey counties. These two sites have expanded the availability of brick-n-mortar sites to five located throughout Nevada. ADRC continues to identify underserved areas and look for programs that could become ADRCs in those areas. Please contact Cheyenne Pasquale at (702) 486-3831 to learn more about becoming an ADRC.

Finally, the development of the Nevada ADRC portal continues. Although the entire website isn't scheduled for completion until mid-2012, new features were unveiled to the general public in January. This includes the release of the new comprehensive resource directory of services for seniors, caregivers and people living with disabilities. ADRC staff is converting the current, Nevada Care Connection online resource directory into the new Nevada ADRC resource directory. Programs not currently listed on the Nevada Care Connection directory, should contact Cheyenne for more information on how to register their organization. The Nevada ADRC web portal address is: www.nevadaadrc.com.

SAMS Update



NEVER “deactivate” a consumer in SAMS. If you have a consumer that no longer receives services (reasons include: deceased, loss of contact, moved) simply **End Date** your Provider Association within the consumer's file. If the consumer is deceased or has moved out of state, submit a helpdesk ticket to adsdhelp@adsd.nv.gov, with “SAMS Help” in the subject line, and detail the reasons in the body of the e-mail for deactivating the consumer. (ADRC grantees will continue to submit helpdesk tickets through the ADRC portal.)

Remember, **deactivating** a consumer file in SAMS effectively “turns off” the file in the database and ends all of the provider associations of the agencies that served the consumer – some of which are hidden from general SAMS users due to confidentiality restrictions.

ALL requests for SAMS help (except ADRC) must come through our helpdesk.

- Address the e-mail to adsdhelp@adsd.nv.gov.
- E-mail subject line **MUST say SAMS Help** - failure to enter the correct subject line may result in a delay of the e-mail being routed to the appropriate staff.
- Include a detailed description of the problem or question you have regarding SAMS in the body of your e-mail.



RD Unit Staff Enhancements

The promotion of Shirley Alloway to Social Services Program Manager and staff additions are enhancing the RD Unit capacity to serve grantees and seniors.



Shirley Alloway, previously a Resource Development Specialist in the Las Vegas ADSD office, now leads the five Resource Development Specialists for Grants Management, as well as the three-person Advocate for Elders team. Alloway came to Nevada state service after retiring from Ventura County Human Services Agency, where she was the Adult Services Division Manager for 23 years. In Ventura County, she supervised 105 staff and managed budgets in excess of \$10 million. She had oversight of adult protective services, in-home supportive services, homeless services, the senior survival mobile and senior nutrition programs. She also served as the agency's liaison with local law enforcement and the local broadcast and print media.



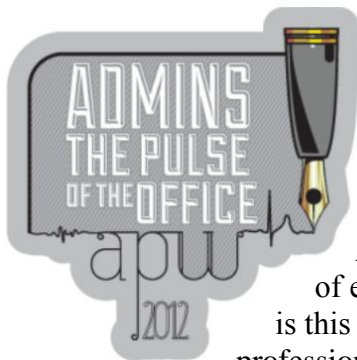
Jennie Bear is a newly-appointed Resource Development Specialist in Northern Nevada. Bear's career has spanned advertising, hospice work, home health and adult day care services, as well as grants management for the Indiana Department of Education. She earned her Bachelor's Degree in Social Work at the University of Illinois, and a Master's Degree in Social Work at the University of Connecticut, with a focus in Policy and Planning. She is also a Certified Nursing Assistant.



David LeBrecht is the newly-appointed Advocate for Elders in the Reno ADSD office. He also previously served as a Family Services Specialist at the Welfare and Supportive Services Division.

With these new staff additions, the RD Unit will continue rolling out initiatives to enhance collaboration with community partners that help ensure an effective safety net for seniors.

Administrative Professionals Week (April 22-28, 2012)



This year marks the 60th anniversary of Administrative Professionals Day and Week, which began in 1952 as "National Secretaries Week" by the National Secretaries Association and is now known as the International Association of Administrative Professionals. It is one of the largest workplace observances outside of employee birthdays and major holidays. Admins are the "pulse of the office," which is this year's theme. We hope everyone will join in and thank all of our administrative professionals for the outstanding work they do.



Southern Nevada:

James Seastrand Helping Hands of North Las Vegas (JSHHNLV) has a new partnership with Three Square Food Bank. This partnership allows JSHHNLV to distribute fresh produce each Friday. An average of 250 boxes of fresh fruit and vegetables are given out each week! Additionally, about 20 volunteers have assisted the program over the past few months by picking up and sorting the food. They also help the clients take the food boxes to their cars. JSHHNLV is excited about continuing this important partnership to further help their clients in times of need.

The City of Henderson, Heritage Park Senior Center has transitioned to an ADSD-approved, electronic sign-in process for its congregate meal program! With hundreds of clients coming in for meals each day, this has the staff “walking on clouds.”

The Senior Center of Boulder City is in full swing with its Information, Assistance and Advocacy grant. Lori DeCreny, Executive Director, and her staff have been extremely busy assisting senior clients.

Congratulations to the Southern Nevada Transit Coalition (SNTC)/ Silver Rider in Laughlin for

orchestrating a very successful fundraiser in November. SNTC met its \$30,000 fundraising goal during its annual Wine Tasting and Charity Silent Auction event. Excellent job! Additionally, in December, SNTC graciously donated a 10-passenger, ADA-equipped vehicle to the



Pictured from left to right: Margaret Knoles – Vice President Searchlight Senior Center (SCA) Board of Directors; Lori McCoy – (Previous) Executive Director, SCA; Debbie Dauenhauer – Executive Director, SNTC – Silver Rider; Michelle Vestal – Administrative Manager, SNTC – Silver Rider; Juanita Johnson – Board Secretary, SCA

Searchlight Senior Center after receiving a replacement vehicle from the Nevada Department of Transportation (NDOT).

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Northern Nevada:

A new, age 55 and better, residential community named Larios Arms Senior Residence, is being built at 242 West Minor Street, Winnemucca, Nevada and will be open in Spring 2012. The facility is named after the late Pleasant Senior Center Director,

Dee Larios. The three-story apartment complex is located next to the Pleasant Senior Center and will feature 24, one bedroom, one bath apartments and six, two bedroom, two bath units. All floors will be accessible by elevator and include private balcony or

porch, standard-size washer and dryer hookups, tankless water heater, gas-forced air heating, and central air conditioning. A community room will be available for residents that includes a media center with large screen television, an exercise room, a computer room, library and warming kitchen with gathering and social areas. Maximum household income limit for eligibility is \$28,600 for two people and \$25,000 for one person. The waiting list can be accessed by contacting Yvonne Sunday at (775) 623-4016 or emailing wmcamanor@sbcglobal.net.

Regional News



Senior Ride Program Update

ADSD's Resource Development (RD) Unit welcomes its newest member, Kevin Vaughn, who is leading the Senior Ride Program in Clark County. He is helping to develop the program to ensure services are targeted to individuals with the greatest need, to help with their transportation to access vital services. The Senior Ride Program supplements clients' existing transportation options by providing discounted taxicab fares to individuals age 60 and older, and persons living with disabilities, through coupon booklets accepted by all taxicab companies in Clark County. Please join us in welcoming Kevin to our team.

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hospitalizations and episodes of illness. An inter-disciplinary model provides a vibrant environment for clinicians to provide outstanding health care.

Center President Jeffrey Klein commented: "This program is made possible by a significant and visionary award from the State of Nevada, Aging and Disability Services Division. This grant is an important step in expanding services to some of our community's most vulnerable. In this economy, the funding will permit comprehensive assessments leading to timely interventions and initiation of services for the many families that have been challenged by complex health concerns, and the trauma of debilitating illnesses. We view our partnership with the Aging and Disability Services Division to be a vital link in our effort to prevent premature institutionalization of seniors and people living with a disability."

Nevada Senior Services responds to the important mission of supporting seniors and adults living with a disability in their effort to remain independent with dignity in the community, maintaining quality of life and avoiding institutionalization. In addition to adult day care, the Center provides caregivers with support group programming and education. Caregivers are challenged to sustain their role under frequently daunting conditions on a 24/7 basis. Resources of caregivers are frequently stretched to the maximum, tested by stress and frustration and strengthened by resolve and affection. Support for caregivers provides a huge return to society ethically, spiritually and economically.

For more information about Geriatric Assessment and Wellness, contact Nevada Senior Services at (702) 368-2273 or on the web at www.nevadaseniorservices.org.

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During the ceremony, Debbie Dauenhauer, Executive Director of the SNTC/Silver Rider, said "Silver Rider is pleased to provide this vehicle to the Searchlight Senior Center to assist with the exceptional work the Center does for the seniors who reside in Searchlight. We look forward to continuing the close relationship that has developed over the past several years."

Lori McCoy, who was the Executive Director of the Searchlight Senior Center at the time, responded that "the Center is grateful for the donated vehicle. The vehicle will assist the Center with their plans to expand the Searchlight Meals on Wheels Program and to transport Searchlight seniors to the congregate meals offered at the Center."



Title III-C Nutrition Program Updates

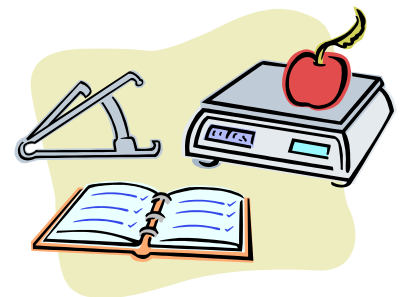
Per the Older Americans Act (OAA), meals claimed under Title III-C must meet or exceed 33 1/3 percent of the dietary reference intakes established by the Food and Nutrition Board of the Institute of Medicine of the National Academy of Sciences.

Ten new dietary reference intake (DRI) menus have been posted to the Ask the Nutritionist portion of ADSD's website, <http://www.nvaging.net/logon.asp>. These menus will help grantees become or remain in compliance with the menu requirements listed in the III-C grant assurances and the OAA. Additional menus have been created by ADSD's contracted Registered Dietitian (RD) and will also be posted on the website in the near future. Nutrition programs are **highly-encouraged** to submit detailed recipes and menus on a regular basis to Kristi Martin at kmartin@adsd.nv.gov for analysis by ADSD's RD for inclusion in DRI menu list.

To further help with compliance, ADSD's III-C Menu Standards handout has been revised and was e-mailed to all nutrition grantees and posted to the website at <http://www.nvaging.net/grants/IIIC/RevisedIIICMenuStandards1-2012.pdf>.

Remember to send monthly nutrition services menus to your Resource Development Specialist with the DRI menu numbers listed!

Visit <http://www.nutrition.gov> and <http://fnic.nal.usda.gov> for valuable information, such as MyPlate, the Let's Move Campaign, nutrition education materials, RSS nutrition news feeds, calorie and nutrient information and much more.



Useful Web Sites:

State of Nevada - Aging and Disability Services Division	http://aging.state.nv.us
U.S. Administration on Aging	http://www.aoa.gov
Find and Apply for Federal Government Grants	http://www.grants.gov
Rural Assistance Center	http://www.raconline.org
Nevada Aging and Disability Resource Centers (ADRCs)	http://www.nevadaadrc.com
Nevada Controller's Office, Vendor Services	http://controller.nv.gov
National Council on Aging (NCOA)	http://www.ncoa.org
NCOA Crossroads	http://www.ncoacrossroads.org

