

**State of Nevada**  
**Aging and Disability Services Division (ADSD)**

**Food Resources**

**Older Americans Act, Title III-C Congregate and Home-Delivered Meal Programs** are available in most areas of the state. Services are offered, based on available funding and in accordance with program requirements. There may be a waiting list. Eligible persons include those who are age 60 or older, the spouse of an individual age 60 or older and an individual with a disability who lives with someone who is age 60 or older. To be eligible for home-delivered meals, the individual must be homebound due to illness, disability or geographic isolation, and unable to attend a congregate meal site. A doctor's note may be required. Additional eligibility information is available at [www.nvaging.net/grants/serv\\_specs/generalrequirements.htm](http://www.nvaging.net/grants/serv_specs/generalrequirements.htm).

Contact one of the following for assistance in finding a congregate or home-delivered meal program in your area, or with assistance finding another food resource:

- ADSD Advocate for Elders:

<u>Northwest NV</u> Cathy Steed (775) 688-2964, ext. 275	<u>Northeast NV</u> Barbara Barrett (775) 738-1966	<u>Southern Nevada</u> Patty Gurney (702) 486-3545
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- Nevada Aging and Disability Resource Centers (ADRCs), [www.nevadaadrc.com](http://www.nevadaadrc.com)
- Nevada 2-1-1 (Dial 211 on a touch tone phone), [www.nevada211.org](http://www.nevada211.org)

**Alternative Meal Delivery Services – Private Pay**

This is not a comprehensive list. Additional companies and organizations can be found online. These resources are provided for information only and are not endorsed by ADSD.

BistroMD  
[www.bistromd.com](http://www.bistromd.com)  
1-866-401-3438

Magic Kitchen  
[www.magickitchen.com](http://www.magickitchen.com)  
1-877-516-2442

Dine Wise  
[www.dinewise.com](http://www.dinewise.com)  
1-800-749-1170

Mom's Meals  
[www.momsmeals.com](http://www.momsmeals.com)  
1-877-508-6667

EasyLife Meals  
[www.easylifemeals.com](http://www.easylifemeals.com)  
1-855-776-3257

Personal Chef to Go  
<http://personalcheftogo.com>  
1-804-453-2227

Healthy Chef Creations  
[www.healthychefcreations.com](http://www.healthychefcreations.com)  
1-866-575-2433

Schwan's  
[www.schwans.com](http://www.schwans.com)  
1-888-724-9267

Home Cooking for You  
[www.homecookingforyou.com](http://www.homecookingforyou.com)  
1-800-741-4827

Traditions Meal Solutions  
[www.traditionsdirect.com](http://www.traditionsdirect.com)  
1-877-936-8148 ext. 8847

Homestyle Direct  
[www.homestyledirect.com](http://www.homestyledirect.com)  
1-866-735-0921

## Supplemental Nutrition Assistance Program (SNAP)

State of Nevada, Welfare and Supportive Services, <https://dwss.nv.gov/>  
Apply online or contact the local Welfare office or an ADRC for an application.

Additional SNAP Outreach and Assistance:

- Food Bank of Northern Nevada, <http://fbnn.org/howwework/snapoutreach.aspx>, 1-888-304-SNAP (7627)
- Three Square Food Bank (Southern Nevada), [www.threesquare.org/programs/snap](http://www.threesquare.org/programs/snap) (download local outreach calendar or find other SNAP outreach providers)

## Food Pantries:

- Northern Nevada: <http://fbnn.org/GetHelp/FindAnAgency.aspx>
- Southern Nevada: [www.threesquare.org/partners/agency-partners/find-an-agency-partner](http://www.threesquare.org/partners/agency-partners/find-an-agency-partner)

## Other Resources:

- City, Town and County Social Service Agencies –  
Search online for your local agency, call an ADSD Advocate for Elders, or dial 2-1-1 on a touch tone phone
- Local churches, shelters, soup kitchens –  
Search [www.nevada211.org](http://www.nevada211.org) for “food,” “meal,” “soup kitchen,” etc. in your area
- Family Resource Centers,  
[http://dhhs.nv.gov/Grants/FRC/FRC\\_Directory.pdf](http://dhhs.nv.gov/Grants/FRC/FRC_Directory.pdf)
- Senior Farmers’ Market Nutrition Program (SFMNP),  
[www.purchasing.state.nv.us/com\\_food/sfmnp.htm](http://www.purchasing.state.nv.us/com_food/sfmnp.htm)
- The Emergency Food Assistance Program (TEFAP),  
[www.purchasing.state.nv.us/com\\_food/efap.htm](http://www.purchasing.state.nv.us/com_food/efap.htm)
- Commodity Supplemental Food Program (CSFP),  
[http://www.purchasing.state.nv.us/com\\_food/csfp.htm](http://www.purchasing.state.nv.us/com_food/csfp.htm)
- Food Distribution Program on Indian Reservation (FDPIR),  
[www.purchasing.state.nv.us/com\\_food/fdpir.htm](http://www.purchasing.state.nv.us/com_food/fdpir.htm)

PLEASE NOTE: If you do not have internet access, please visit your local senior center, or call 211 or an ADSD Advocate for Elders (see page 1) for assistance.