



**Nevada Center for
Excellence in Disabilities**

SURVEY: MENTAL HEALTH TREATMENT FOR INDIVIDUALS WITH IDD IN NV

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NvLEND

Nevada Leadership Education in
Neurodevelopmental and Related Disabilities

A federally funded project associated with the Nevada Center for Excellence in Disabilities (NCED) that focuses on interdisciplinary leadership training for graduate students, professionals, self-advocates, and family members.

PUBLIC HEALTH PROBLEMS

In the United States, nearly 20% of children under age 18 in the United States, or about 14.1 million children, have special health care needs, impacting one in four (25%) households with children.

- Various studies have reported greater unmet needs for emotional and behavioral health-related conditions in accessing specialty medical care, speech therapy and mental health services.

Among children with neurodevelopmental disorders (NDD), 7.4% of (NDD, representing 14.8% of children (or 9.7 million) in the United States)

- Reported a delay in obtaining care, 3.6%
- Avoided getting care and 17.3% (Lack of health insurance and lack of usual source of care increased the risk for cost-related delay in medical care and cost-related avoidance of medical care)
- Other cross-sectional studies identified several factors, such as race, parental educational attainment, poverty level and insurance status, which are associated with unmet needs (Calixte et al., 2022)

Calixte, R., Helzner, E. P., Islam, S., Camacho-Rivera, M., & Pati, S. (2022). Unmet medical needs and food insecurity in children with neurodevelopmental disorders: Findings from the 2019 National Health Interview Survey (NHIS). *Children (Basel)*, 9(12), 1798.
<https://doi.org/10.3390/children9121798>

My personal experience as a person with a developmental disability, was and still is hard especially around healthcare. Growing up, I was seeing doctor after doctor trying to figure out what was wrong with me, and my parents had a huge involvement also. Currently, I am still trying to find better healthcare but its hard and I am sure most people with disabilities can relate. Finding a healthcare professional who knows how to properly handle a person with a disability is primarily a concern.



**PERSONAL
EXPERIENCES**



THE SURVEY

187

- 122/187 providers/ clinicians
 - LCSW, LMFT, CADC, School Psych, Ph.D., PsyD, Case Managers (No MD)
 - 70% received credentialing degree in Nevada
- 70 % clinical experience but only 66% feel comfortable providing services to those with IDD
- 53% have not taken or been offered clinical training
- Rural Regional Centers

77%

PROVIDER DATA

- 39/187 surveys
- Children, Adolescents, Teens, Adults and Seniors
- **43% did not have success**
- Barriers to receiving mental health care for the individual with IDD
- Over half on Medicaid

15%

FAMILY DATA



PERSONAL
EXPERIENCE
AS A
PARENT

FAMILIES WANT...

- “People who actually understand autism and not just claim to.”
- “For my loved one... mandatory institutionalization for the severely mentally ill who are a danger to themselves when forced to be medicated.”
- “Better recognition of mental health disorders and intellectual disorders and better training for teachers, school administration, and school counselors in recognizing symptoms. There need to be better work for the children in our school system that are struggling due to mental health disorders and intellectual diseases but cannot be provided the health they need since the state refuses to fund our education system. My magic wand would be taking the money from our policing system and shoving it directly into education and mental health services. The police don't need any more money; the schools and our children need it. We don't need more cop cars or guns; we need accessible mental health services for anyone who needs it. We don't need a cop with a gun showing up; we need social workers and mental health professionals.”
- “More home visiting options.”
- “Wraparound services.”
- “A return call would be nice to start with.”

LIMITATIONS

187 respondents, small sample size:

- Respondents primarily white, non-Hispanic
- 70% do have experience working with people with IDD; and feel comfortable doing it
- 39 respondents have tried to access services for themselves

- How to bridge the gap between qualified providers and clients seeking services
- What is needed to increase



**FURTHER
STUDY**

WHAT NOW

AWARENESS

TRAINING

ACCESS



**NEVADA
MENTAL
HEALTH
RESOURCES**

Nevada 211

- Call 2-1-1 or go online to nevada211.org

National Alliance on Mental Illness (NAMI) Nevada

- Warmline: Call or text 775-241-4212

Northern Nevada Adult Mental Health (NNAMHS)

480 Galletti Way
Sparks, NV 89431
(775) 688-2001

Southern Nevada Adult Mental Health (SNAMHS)

6161 West Charleston Boulevard
Las Vegas, NV 89416

Find more information and clinics at:

https://dpbh.nv.gov/Programs/ClinicalBehavioralServ/Clinical_Behavioral_Services_-_Home/



**CHILDREN'S
STATEWIDE
MENTAL
HEALTH
SERVICES**

State of Nevada - Division of Children and Family Services

- Wraparound in Nevada for Children and Families (WIN)
- Mobile Crisis Team
 - Available 24/7 - 365 days a year
 - 702-486-7865 or 775-688-1670
- Early Childhood Mental Health & Children's Clinical Services

Northern Nevada Child and Adolescent Services (NNCAS)

2655 Enterprise Road
Reno, NV 89512
Phone: (775) 688-1600

Southern Nevada Child and Adolescent Services (SNCAS)

6171 W. Charleston Blvd., Bldgs. 7, 10, 16
Las Vegas, NV 89146
Phone: (702) 486-0000

Children's Cabinet

Reno (Main Office)
1090 South Rock Boulevard
Reno, NV 89502
Phone: 775-856-6200

Las Vegas
5905 S. Decatur Blvd, Suite 13
Las Vegas, Nevada 89118
Phone: 702-825-8978

Carson City
2527 N. Carson Street, Suite
255
Carson City, NV 89701
Phone: 775-684-0880

Elko
835 Railroad Street
Elko, NV 89801
Phone: 775-738-3808



**CERTIFIED
COMMUNITY
BEHAVIORAL
HEALTH
CENTERS
(CCBHC)**

Vitality Unlimited

- 1250 Lamoille Highway, Suite 208, Elko, Nevada 89801
- Office: (775) 738-4118 / Cell: (775) 934-1445

- 119 East Long Street, Carson City, NV 89706
- (775) 461-0025

New Frontier Treatment Center

- 1490 Grimes Street / P.O. Box 1240, Fallon, Nevada 89407
- (775) 423-1412

Bridge Counseling Associates

- 1640 Alta Drive, #4, Las Vegas, Nevada 89106
- 4221 McLeod Drive, Las Vegas, Nevada 89121
- (702) 474-6450

Rural Nevada Counseling

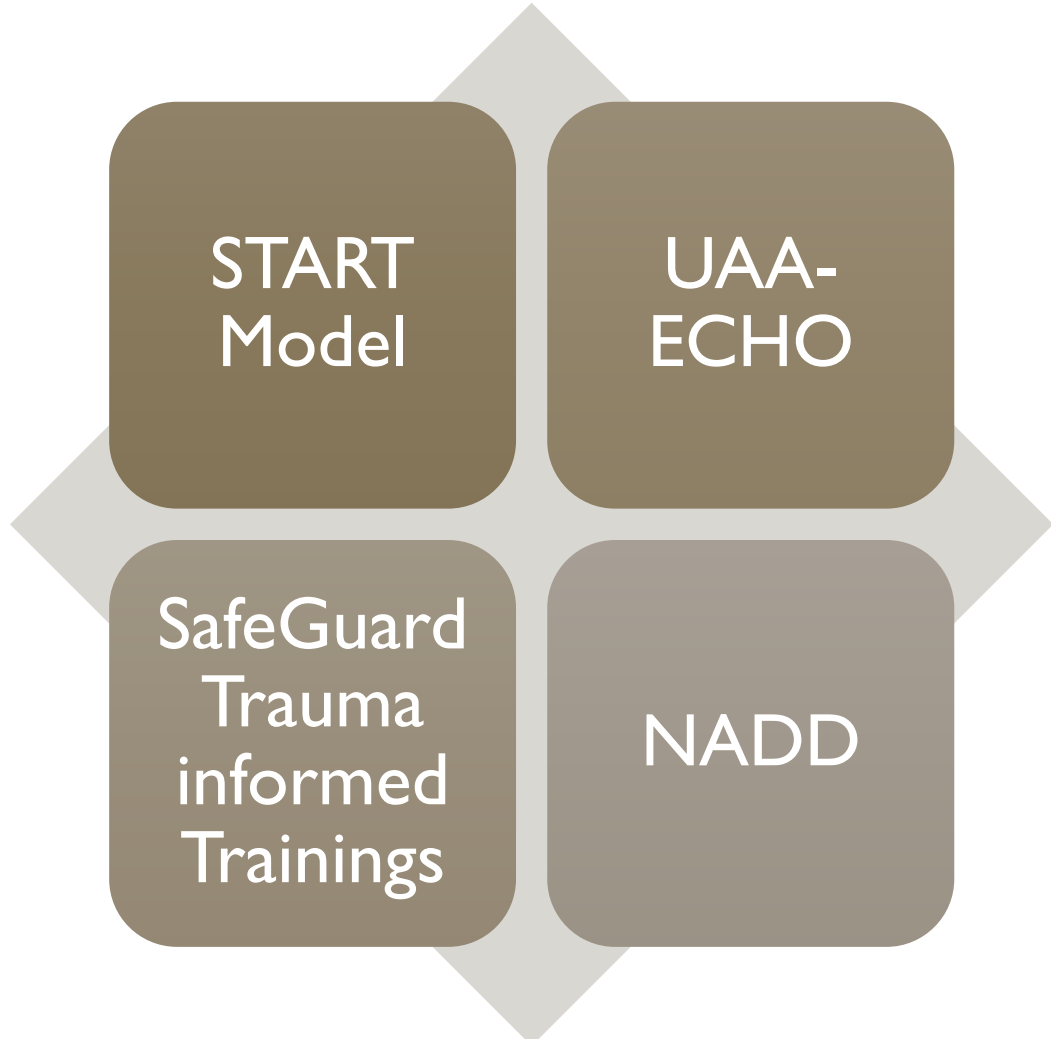
- 3595 US-50, Suite 2, Silver Springs, NV 89429
- (775) 463-6597

Quest Counseling

- 3500 Lakeside Court, Reno, Nevada 89509
- (775) 786-6880

Community Counseling Center

- 205 South Pratt Street, Carson City, Nevada 89701
- (775) 882-3945



TRAININGS

REFERENCES

- Calixte, R., Helzner, E. P., Islam, S., Camacho-Rivera, M., & Pati, S. (2022). Unmet medical needs and food insecurity in children with neurodevelopmental disorders: Findings from the 2019 National Health Interview Survey (NHIS). *Children (Basel)*, 9(12), 1798. <https://doi.org/10.3390/children9121798>