

Joe Lombardo
Governor

Richard Whitley, MS
Director



DEPARTMENT OF HEALTH AND HUMAN SERVICES

AGING AND DISABILITY SERVICES DIVISION
Helping people. It's who we are and what we do.



Dena Schmidt
Administrator

APPROVED MEETING MINUTES

Name of Organization: Nevada Commission on Services for
Persons with Disabilities (CSPD)

Date and Time of Meeting: Thursday, May 11, 2023
9:00AM

Place of Meeting: Virtual: TEAMS

Meeting Materials can be found here: [CSPD
\(nv.gov\)](https://www.nv.gov)

1. Roll Call & Opening Statement:

Members: Stacy Alaribe, Pam Berek, Charlene Frost, Mechelle Merrill, Ophelia Simmons, Diane Thorkildson, Regina Daniel, Cindi Swanson, Ilia Sandez, Pam Philips.

Staff: Nikki Haag; Community Engagement Manager, Lorraine Belt-Dolan; Administrative Assistant III, Deanna Smith; Administrative Assistant III

Guests: Steven Cohen, Amy Reha, Angela Tollison, Soyoeng, Jeffrey Duncan, Dawn Lyons, Lori Lutu, 2 unidentified callers, Autumn Blattman, Karen Taycher, Kelcy Meyer, Liesel Tavey, Marricella Adams, Melissa Yerxa, Patricia Knight, Randi Humes, Robin Kincaid, Sarah Olivas

2. Public Comment:

- No Public Comment

3. Approval of Minutes of the March 10, 2023, meeting: (For Possible Action)

- Pam Philips made a motion to approve the minutes.
- Char Frost seconded.
- All approved

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4. Discussion and Update regarding Aging and Disability Service Division (ADSD) Olmstead planning process, No Wrong Door planning process, and Lifespan Respite planning process:
 - Olmstead planning process is a little behind, but the next meeting will be posted on the website soon.
 - The community workshops and key informant interviews have been completed.
 - ADSD Service System Description
 - The Committee will be looking at all the information that has been collected, including the assets and gaps.
 - The group will be looking at all of that at the next meeting.
 - Their initial plan was to be completed by October and they have extended the meetings to November.
 - Concerns that many people in the disability community do not know about the Olmstead plan.
 - No wrong door and lifespan respite have had delays due to legislative session and the ARPA windfall.
 - Contracted with National Center for Employee Development (NCED) to lead the projects.
 - Will be kicking them off soon and by next meeting we will have updates.
5. Presentation and discussion regarding ADSD's planned use of American Rescue Plan Act (ARPA) funds.
 - Fiscal Recovery Funds ARPA Projects aim to recover unutilized funding.
 - Utilizing unused ARPA funding will reduce wait lists to provide the community with more resources.
 - Funding to be used to hire consultants to assist with the development of a proposal for intensive behavioral support homes with a dual diagnosis of Intellectual and Developmental Disabilities. (IDD) Currently looking to hire a vendor for this.
 - Proposal to modernize the ADSD website.
 - Looking to establish a caregiver training institute.
 - ARPA projects together total about \$43,472,541.00
 - This presentation can be found at: [ARPA PROJECTS](#)
6. Presentation and discussion about Nevada Leadership Education in Neurodevelopmental and Related Disabilities (NvLEND) survey results regarding behavioral health services for people with developmental and intellectual disabilities
 - Program has been around Nationwide since the 1960's.
 - The program has been in Nevada for about 12 years.
 - An academic year long training program that focuses on:
 - Training
 - Practicing professionals
 - Graduate students
 - Self-advocates
 - Parents who are involved in services for youth with intellectual and developmental disabilities.

- Training includes a wide variety of topics to improve the system of care for youth in Nevada.
- The federally funded project associated with Nevada Center of Excellence and Disabilities (NCED) focuses on interdisciplinary leadership training.
- The purpose of the study is to gather information about the barriers addressing behavioral health care for people with co-occurring Attention Deficit Hyperactivity Disorder (ADHD) and psychiatric or mental health conditions living in Nevada.
 - Seeking to gain greater understanding about the training needs of behavioral health practitioners.
- In the U.S. 20% of children under the age of 18 or about 14.1 million children, have special needs.
 - Impacting one in four or 25% of households with children
 - Among children, 7.4% with neural developmental disorders or 9.7 million report a delay in obtaining care due to avoiding getting care or lack of health insurance.
- Other cross-sectional studies identified several factors such as:
 - Race
 - Parental educational attainment
 - Poverty level
 - Insurance status
- Barriers for individuals with autism spectrum disorder (ASD) accessing mental health care are most likely due to inadequate training for mental health providers.
- The survey was done through National Alliance on Mental Illness (NAMI).
 - Most of the surveys answered were from families and caretakers.
 - Providers were not surveyed.
 - The survey was ended and not completed with 187 surveys returned.
- Providers surveyed were clinicians in:
 - Private practice
 - Private school
 - Outpatient clinics
 - Tribal agencies
 - Hospitals
 - Nonprofit organizations
- There were not any surveys returned by medical doctor (MD)
- 71% of providers answered yes to having training to work with IDD population.
 - 66% of providers felt comfortable providing care.
- 70% of Providers surveyed obtained their credentials at a University in Nevada
- Reasons for lack of adequate training include.
 - Possible communication barriers
 - Inadequate insurance and/or payment options
- 53% stated they had not taken or been offered any sort of clinical training on providing mental health care to individuals with IDD.

- Most providers are referring IDD patients to regional centers.
 - Most of the care provided at regional centers is not directly mental health services.
- 77% of providers said that they are interested in receiving training and enhancing their skills to work to provide mental health to individuals with ID.
- Ages of individuals seeking mental healthcare were:
 - 28% Children
 - 16% Teens
 - 42% Adults
 - 16% Seniors
- Referrals are being given to:
 - 15% private practice
 - 7% community-based program
 - 6% no referral was provided.
 - 6% marked others, which indicates city or county agency.
 - 3% primary care
 - 1% Out of State
 - 43% answered that they were not successful in assessing mental health treatment.
- When asked what barriers were faced when trying to receive mental health treatment:
 - 26% Lack of qualified providers
 - 23% limited insurance or payment options
 - 18% were turned away from the providers.
 - 12% were unaware of local resources.
 - 8% had behavioral issues not treated by that clinician.
- 33 respondents provided the insurance type:
 - 23 stated Medicaid or a form of Medicaid
 - Others were private insurance or no insurance.
 - 15% of individuals either never received care or stopped looking.
 - Another 15% waited over one year.
- Feedback received from recipients of the survey that stood out was.
 - Providers that understand autism
 - Better recognition of mental health disorders and intellectual disorders
 - Better training for:
 - Teacher
 - School administration
 - School counselors
 - More home visiting options
 - Wrap around services.
 - Returning phone calls
- Out of 179 respondents:
 - Respondents were primarily white, non-Hispanic.

- 70% reported that they do have experience with working with people with ID.
- 70% reported that they feel comfortable working with individuals with ID.
- 39 respondents tried to access services for themselves.
- Overall goal is to:
 - Provide more training.
 - Include said training in coursework for degrees and certificates to treat the growing needs of mental health.
 - Easier access to mental health treatment
- Providers can do the following to make access easier for families by
 - Advertisements
 - Intake policies
 - Physical access to the front door more accessible to individuals with IDD
- Two main resources for children's statewide mental health services are:
 - Nevada Division of Children and Family Services
 - Children's Cabinet
- Trainings:
 - Systemic, Therapeutic, Assessment, Resources, and Treatment (START) Model
 - Established in 2009 by the University of New Hampshire
 - An Evidence Based program.
 - Aims to improve the lives of individuals with IDD, mental health needs and their families.
 - Exemplary services and supports that emphasize.
 - local person centered positive.
 - multidisciplinary
 - cost effective.
 - evidence informed practices.
 - University of Alaska of Anchorage Echo (UAA-ECHO)
 - An online platform, such as TEAMS or Zoom, that provides training.
 - Clinicians and other healthcare professionals across the board can obtain more training on certain topics, provided by experts.
 - Free training
 - Can ask questions.
 - SafeGuard Trauma informed trainings
 - Agency that provides an abundance of trainings
 - One training course is specifically to serve the mental health needs of persons with developmental disabilities.
 - 12 Hour training that will present trauma informed and biopsychosocial approach to care exploring topics of developmental disabilities and mental health.
- National Association for the duly diagnosed (NADD)

- Mission is providing training for clinicians to increase the ability to provide mental health care for individuals with IDD.
7. Discussion and updates and approvals of membership removals.
 - There are two people who have not attended the last multiple meetings.
 - Several pending applications
 - Per CSPD Bylaws members can be dismissed by the appointed authority after 2 unexcused absences: defining unexcused absences as not giving proper notice to the appointed authority within 48 hours.
 - 4 yay, 2 nays, motion carried to contact those members and table this discussion at the next meeting.
 8. Discussion and possible approval of signing a letter supporting the Assistive Technology (AT) committee's submission of a request for a legislative audit of the state's accessibility features.
 - Diane Thorkildson would like to sign on as the representative of CSPD with authority to sign letters in between meetings vs having to hold special session meetings or waiting for the letter to be reviewed at the next meeting.
 9. Discussion and updates from the CSPD legislative subcommittee.
 - Cindi Swanson mentioned that the Statewide Independent Living Council (SILC) legislative subcommittee was following many bills and all the minutes would be available on their website.
 - Cindi explained SB422 that would allow robots to move along the sidewalks to deliver packages and food, this has been restricted to the College campuses and is moving along smoothly.
 - Diane Thorkildson mentioned AB116 that requires providers to provide evidence-based information when they give a diagnosis of Down's syndrome to a family.
 - Diane mentioned bills:
 - Addressing fetal alcohol spectrum disorder,
 - Asking autism treatment assistance program (ATAP) to provide financial resources to youth diagnosed with Fetal Alcohol Spectrum Disorder (FASD). On hold due to language being interpreted as youth must be dually diagnosed with both with autism and FASD
 - Restorative justice in the school districts, that would have a significant impact on students with disabilities.
 - Cindi brought up accessible state museums, however it seems to be more about visual accessibility rather than all disabilities,
 - We need a more universal design for architecture and making buildings accessible.
 - Cheyenne Pasquale mentioned SB315 which establishes a bill of rights for people with disabilities and older adults covered by the waiver program.

10. Discussion and Updates regarding ASD Combined Caseload Evaluation Organization (CLEO) statistic report data.

- Data for this report can be found on the website at: [Aging and Disability Services Division Caseload Statistics for March 2023 \(nv.gov\)](https://www.adsd.nv.gov/services/caseload-statistics-for-march-2023)
- There were no questions asked at this meeting.

11. Review, Discuss and Approval Tentative Agenda Items for August 10, 2023, meeting:

- Return of discussion about membership
- Standing agenda items, of Olmstead, No wrong door, lifespan respite
- Hear from Desert Regional center.
 - How they relate to families
 - What a newcomer to Nevada can expect.
 - Clarification on outreach that regional centers do with school districts.
- Vocational Rehabilitation (VR) to talk to us about:
 - Pre-Employment Transition Services (preETS)
 - interacts with the school districts.
 - DB101 update
- Conversation to start Meaningful Day model again.
- Employment first in Nevada

12. Public Comment:

- Michelle Merrill brought up a flipped job fair at Betty's village. The employers are aware that the participants are coming from the blind and disability community.
- Also, Camp SignShine a summer camp being done in partnership with Commissions for persons who are deaf or hard of hearing, University of Nevada, Las Vegas (UNLV) and VR
 - Collaboration to restore Nevadan deaf heritage in the Nevada deaf and hard of hearing communities regardless of modality.
 - June 26th through June 30th
 - Students aged 14-22
 - Must be a VR client.
- Database 101 (DB101) that VR has been supporting is moving through legislation smoothly.
 - Online benefits counselor for anybody to use.
 - Website will be free.
 - Second walk through of the new website in conjunction with the SILC coming up.

13. Adjournment: 10:48 AM

Accommodation Requests and Meeting Materials:

Note:

Notice of this meeting was posted at the following Aging and Disability Services Office at 3208 Goni Road, Building I, Suite 181, Carson City, NV. 89706. Notice of this meeting was posted on the Internet through the Nevada Aging and Disability Services Division website at www.adsd.nv.gov and Nevada Public Notices website at www.notice.nv.gov.

Supporting public material provided to Commission members for this meeting may be requested from Deanna Smith, Commission Administrative Support, ADSD at Deanna@adsd.nv.gov and is/will be available at the meeting locations and ADSD website at [CSPD \(nv.gov\)](http://CSPD(nv.gov))