

Understanding Your "Why" in Advocacy

About Amanda Tuite

TRAINER/ CONSULTANT

- Enthusiastic advocate for communication accessibility and disability inclusion
- Loves to connect people to resources & solutions • Outgoing extrovert

What is your reason why you came here today?

What have you done in terms of networking here at the conference?

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Basic definition of networking:

- The process of interacting with other humans
 - to achieve a goal,
 - exchange information,
- or develop social or professional relationships.

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Can you guess how many connections we can create with 200 people during the Empowerment Weekend?

19,900

connections

Formula: n*(n-1)/2

So for 200 people at the conference, the total number of one-on-one connections would be 200^* (200-1) = 19,900 unique connections.

Let's Start with the BIG Picture: The Key Issues that the Deaf community faces:

Social Justice Employment Mental Health **Transition after High School**

Medical Care Social Services Access to Information **Access to Communication**

Top Reasons Why We Show Up Today

Access to Employment Access to Sign Language **To Improve Deaf Education Support for Deaf Senior Citizens Access to Resources**

- **Closed Captions in Public Spaces**
- ASL as a foreign language credit for
- post secondary education
- **Deaf School Study**
- Accessibility in hospital settings

"Maybe stories are just data with a soul."

- Dr. Brené Brown

What's YOUR story?



Group Activity:

Each person will get a card.

Find your match!



We invite you to share your story, with the intention of making it heartfelt. 15 minutes

1.Assign someone in the group to be the notetaker.

2. Assign someone to be the Team Lead to facilitate turns. Each person has 3 minutes.

3. Be mindful of access to communication. Everyone is included.

Q1: What is your personal experience of being denied access? Q2: Which experience had the greatest impact on you or others that made you decide it was time to say "Enough is enough!" and step up to make your voice heard?

Each person has 3 minutes. cluded.

Tell your Story Why You Showed Up Today (Keep your stories related to any of these topics:)

- Access to Employment Closed Captions in Public Spaces
- Access to Sign Language ASL as a foreign language credit for
- Improve Deaf Education post - secondary education
- Support for Deaf Senior Citizens
- Access to Resources

- Deaf School Study
- Accessibility in hospital settings

Let's take up space.

role playing time

Iwo Key Things to Remember



Do both have a shared understanding of the words that were mentioned during the conversation



change?



Is this person in a position where they can impact

Always know who you are dealing with.



What's stopping you from taking the first step to advocate for the deaf community?

Unpreparedness

Don't feel safe

Low Self-Esteem

Stress



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Self-Reflection Exercise

List three values you bring in as an advocate



List three reasons that is stopping you from selling yourself.

What would you do if you weren't afraid?



Show everyone what you have to offer: Advice Innovation Mission Resources



Tips to overcome your fears:

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Ask for help

Don't face it alone

One step at a time

"Has it been proven to be true?"

Each step gives you courage.

"If you can, help others. If you cannot do that, at least do not harm them" -Dalai Lama

Access to Communication during Legislative Advocacy is Possible



Ask for ASL or captioning access for Legislative Sessions

For Virtual Meetings -Use VRS through Zoom

or use Captioning Apps

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Afriendly reminder to practice good listening skills.



"When you meet people, show real appreciation, then genuine curiosity."

Martha Beck

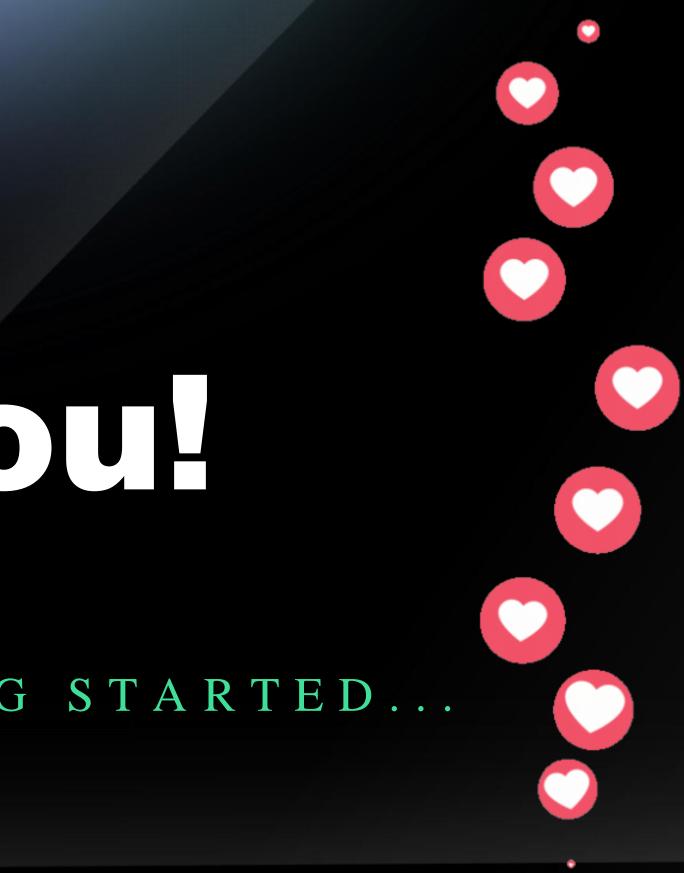
"Do the thing you think you cannot do." Eleanor Roosevelt



THE END BUT YOU'RE JUST GETTING STARTED...

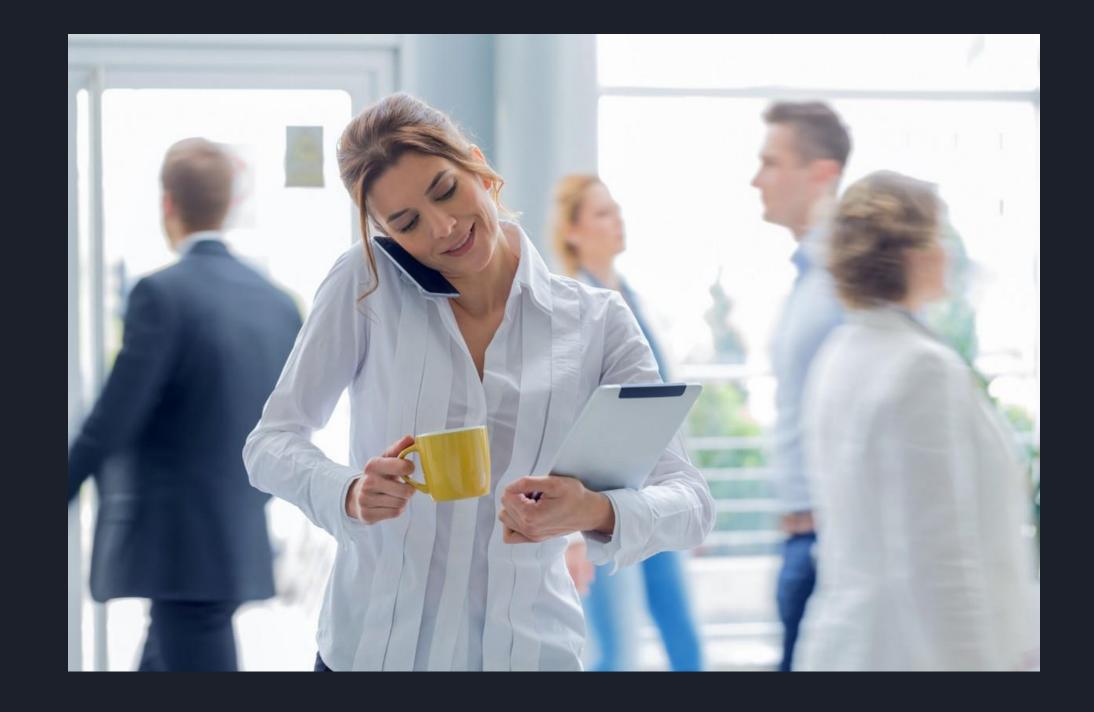


Let's get in touch: <u>Amanda@accessvine.co</u>



The Keys to a Great Conversation by Celeste Headlee

Don't Multi-Task



Don't Pontificate



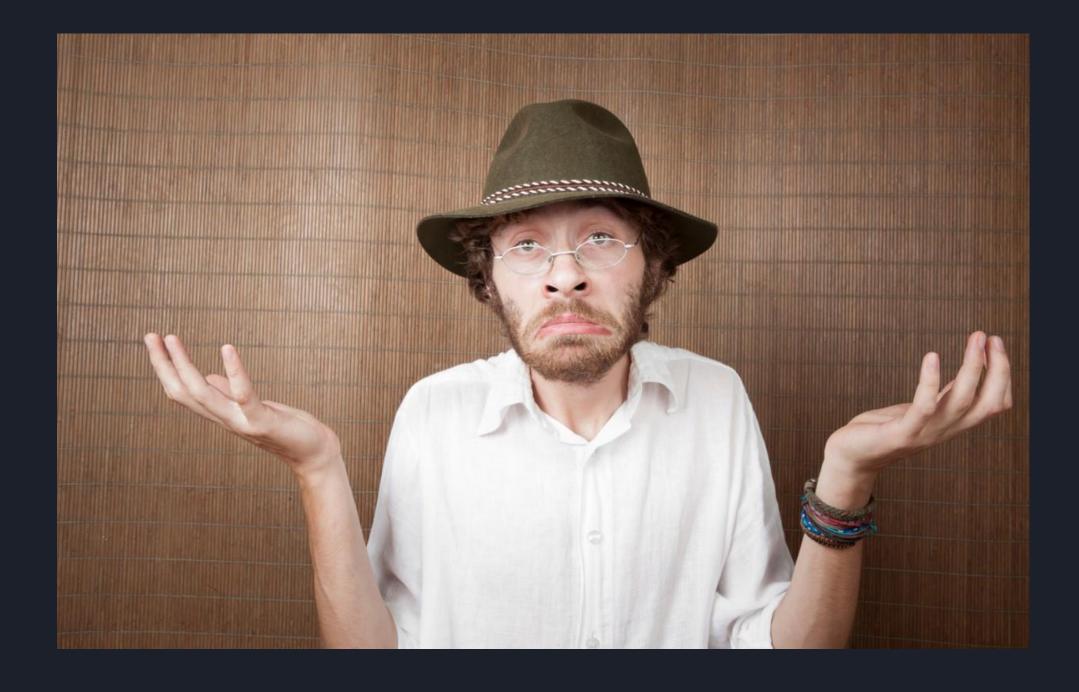
Ask open ended questions



Go with the flow



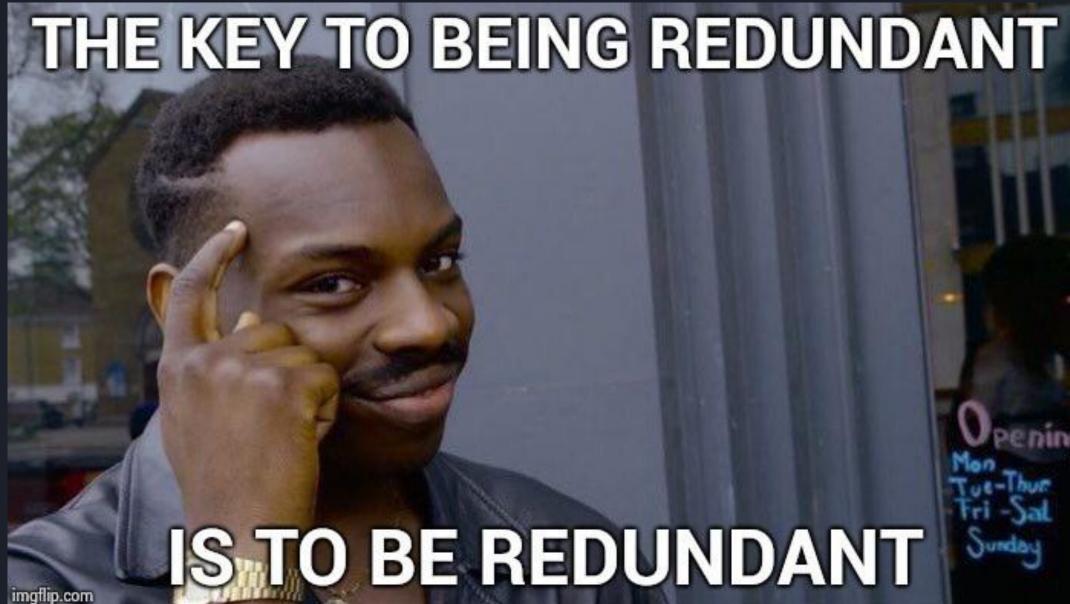
lf you don't know, say you don't know.



Don't equate your experience with their experience.



Don't repeat yourself



IS TO BE REDUNDANT

Stay out of the weeds.



Listen



Be Brief

