# **Current Lifespan Respite Care Grants**

## 1) Main Lifespan Respite Care Grant (3-year Grant)

Project Period: 10/1/20 - 9/30/23

The goal of the project is to strengthen support and services for family caregivers in Nevada through capacity building and advocacy. The objectives for this project are (1) to build a coordinated framework of respite access across the state that emphasizes self-direction and flexibility; (2) Promote awareness of respite through outreach and social activities to build recruitment mechanisms to connect caregivers, care recipients, and potential respite workers; and (3) Increase the availability of the Respite Education and Support Tools (REST) training for paid and unpaid respite workers in Nevada through various training modalities.

Supports: - NLRCC Executive Director

- Self Directed Emergency Respite Program

#### 2) Lifespan Respite Care Enhancement Grant (5-Year Grant)

Project Period: 9/30/21, to 9/29/26

The goal of this project is to develop a coordinated strategy to recruit respite workers through internship opportunities and expanding volunteers serving in respite.

## 3) Lifespan Respite Care Dual Diagnosis Grant (5-Year Grant)

Project Period: 08/01/22- 7/31/27

The goal of this project is to build upon previous and current efforts to **effectively support family caregivers of children with dual diagnosis**. The objectives of this project include: (1) Increase collaboration among public programs to overcome policy and resource constraints for families accessing services; (2) Assess opportunities for family support within existing provider networks; (3) Build educational and training opportunities for existing provider networks to overcome the stigma related to disability and mental health and recruit professional providers of respite; and (4) Pilot innovative respite strategies for families of children with dual diagnosis utilizing informal or non-traditional networks.

## 4) Respite Provider Recruitment, Training and Retention Pilot Project

#### Project Period: 10/01/21- 9/30/23

The Respite Care Provider Training (RCPT) is designed for people who are interested in providing respite care to individuals with varying disabilities and ages across the lifespan. Each course in the training meets at least one of the Respite Care Professional Core Competencies. States participating in the pilot program will incorporate state specific training curriculum into each state's core curriculum portal. Pilot states will meet jointly to create a recruitment/marketing campaign, establish timeframe, goals, messaging, and targeted populations. Free online training will be promoted and recruit new respite workers interested in entering the field.