

**David Nichols** 

David has been active in the NLRCC for 4 years, continuing a chain of representation from Nevada Senior Services since NLRCC's founding in 2007. Three of those years, David has served on the Board of Directors, serving the one year as Board President prior to our transition to an advisory body under ADSD.

David's dual role at Nevada Senior Services is as a Care Consultant and as the lead Case Manager under the Care Connection contract with ADSD. The roles are similar. As a Care Consultant, David works directly with family caregivers to provide them with support on their caregiving journey, to provide information, education, empowerment, and to encourage self-care. As a lead Case Manager, he is assisting with applications, eligibility, and follow-ups to make sure family caregivers are connecting with resources they need. Both roles give him an opportunity to share ideas on self-care, overcome anxiety that comes from not knowing where to turn and what your options are.

David loves getting feedback that his conversations with caregivers are the longest, most beneficial conversations they've had about them. He believes it gives them hope again.

Volunteering in positions like NLRCC has grown from many years of church and community activities. While he is always involved in church service and mentorship, he is particularly involved in initiatives around homelessness and putting together hygiene packets for Clean the World. David likes seeing the immediate impact of these activities and being a member of a community that can see needs and quickly respond.

David is not comfortable in the limelight and usually prefers to be behind the scenes. He knows he fights his introverted nature to put himself in public leadership positions, but he has future goals that point him in that direction, even political aspirations where he can serve more people for the greater good.

What you might not know about David is that he is a world-class tennis player, was in the top 50 growing up, and is a licensed coach, training other players.



**Molly Walt** 

Molly has stepped into the role as Executive Director at Nevada Rural RSVP just within the last couple of years. She is excited about having a role in providing services to seniors and people with developmental disabilities (18 years and older) so that they can live as independently as possible. Most seniors living alone have no family and cannot afford in-home or assisted living services. Molly also knows that the vulnerable population she serves is extremely lonely, so companionship is incorporated into all the services RSVP delivers.

Utilizing trained volunteers, RSVP provides door-to-door transportation services, where drivers observe and look out for clients and report any concerns. The "Good Neighbor" programs utilizes volunteers to make phone calls to check on clients. They also make in-person visits each week. Respite and companion services are another way to check on clients. The volunteers are prepared to spend about 1 hour visiting with clients, asking them how they are doing getting to appointments, how they are getting their house cleaned, how they are getting groceries, and making sure that they are getting all the support they need.

Molly is a hands-on leader and loves to volunteer herself. She doesn't ask volunteers to do anything that she is not willing to do herself. Molly loves the clients, especially the ones she has assigned to herself, and loves that none of them are forgotten. Molly has service planted deeply in her heart.

Molly started delivering newspapers in the 4<sup>th</sup> grade, a local paper that came out 2 times a week. Every month she would go around to clients to collect payment. Her family knew she would be gone a long time in doing this task. She would go door-to-door, and her clients knew she was coming. At each house, they would serve her cookies and milk and she would sit and visit with them for hours – she loved it and they loved it. So, early on, she learned that providing service would enrich society, and that she found fulfillment by providing service herself.

Molly is an extrovert but very private. She has her own stories of adversity and perseverance to tell when it's important to share. However, she doesn't work behind the scenes. One day she's speaking to the Rotary Club; another day, she's working the Armed Forces parade. Somehow, she naturally tends to land in leadership roles. In June 2022, she will also be heading the NEST Collaborative that was created to address the needs of the COVID pandemic. It will find its new home at RSVP.

Something that may not be known about Molly is her public servant role – she served for 4 years on the Carson City Board of Supervisors, and she is currently running for Carson City School Board Trustee.