

Presentation to the NLRCC Board

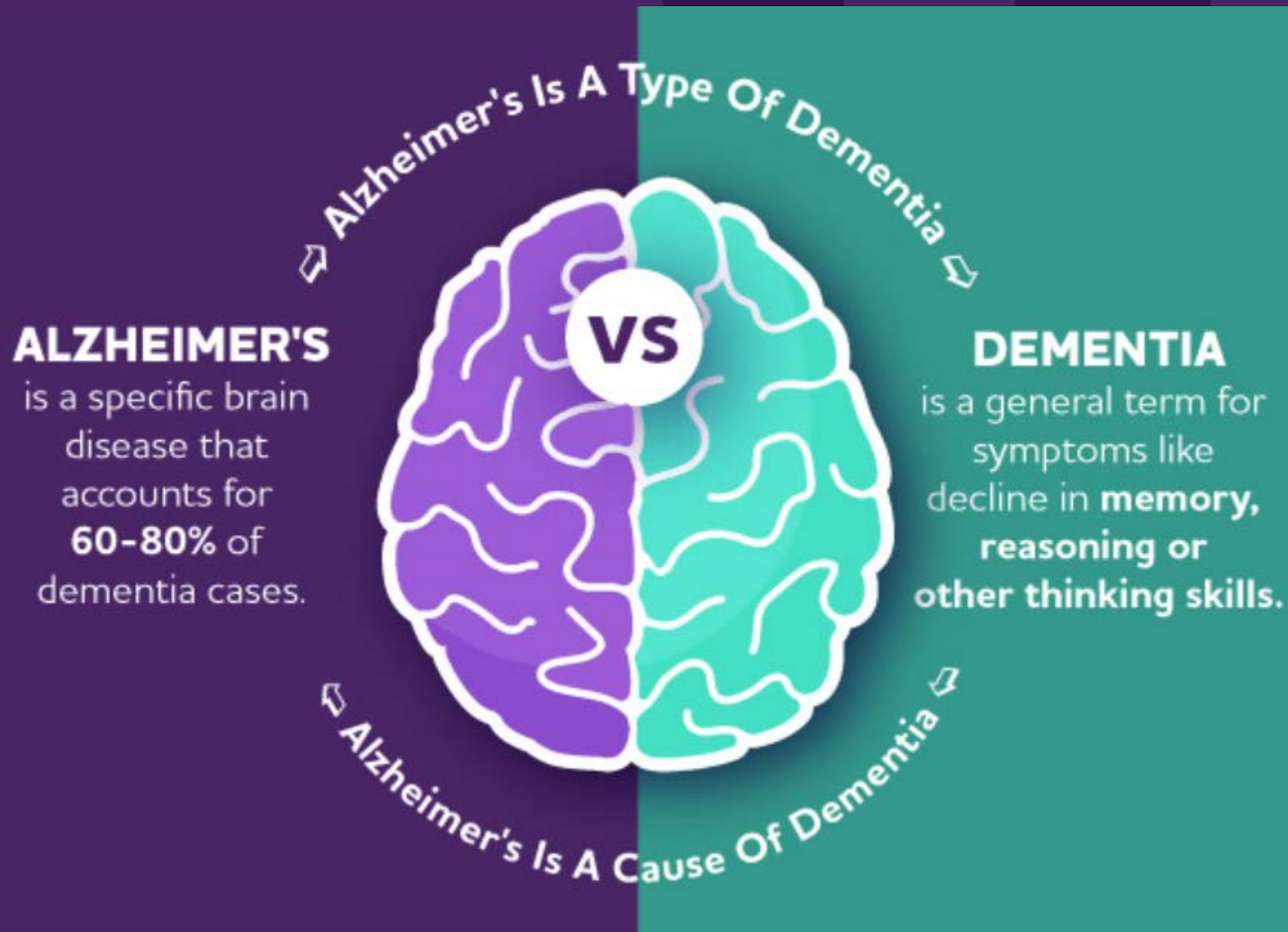
June 22, 2022

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Overview

- Facts and Figures
- PCA Services in Nevada
- State Policy Priorities
- About the Alzheimer's Association
- Questions

What is the difference between Alzheimer's disease and dementia?



National Facts and Figures

Source: 2021 Alzheimer's Association Facts and Figures

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More than
6 million Americans
are living with
Alzheimer's.

Over 11 million Americans
provide **unpaid** care for people
with Alzheimer's or other dementias.
These caregivers provided an
estimated **15.3 billion hours**
valued at nearly **\$256.7 billion.**



Between 2000-2019,
deaths from **heart disease**
have **decreased 7.3%**,
while deaths from
Alzheimer's disease
have **increased 145%**.



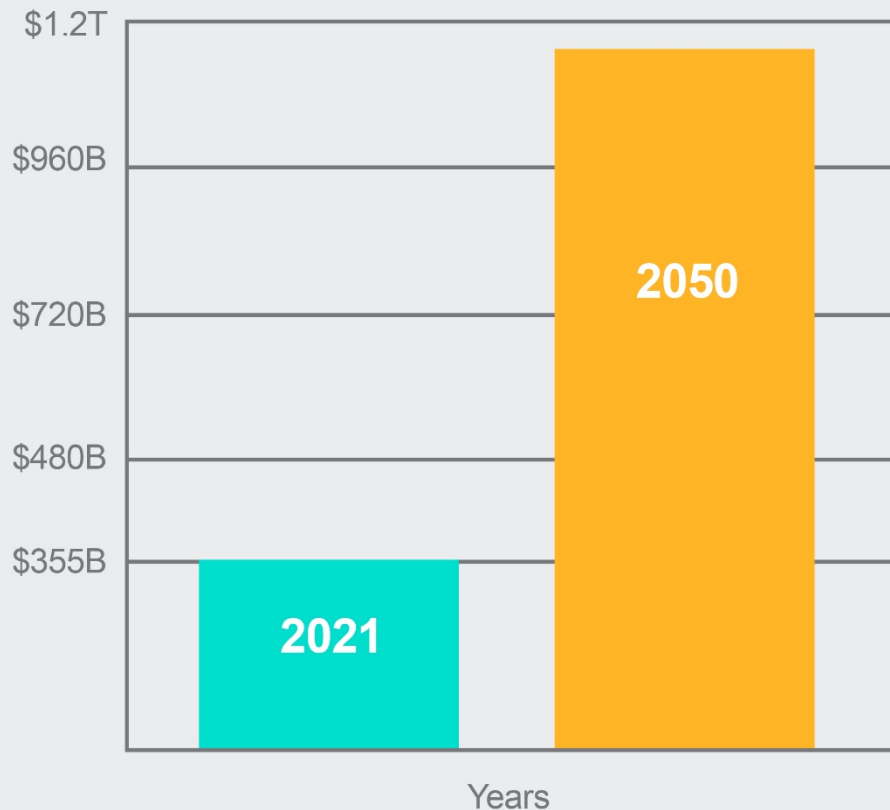


1 in 3 seniors dies
with **Alzheimer's** or
another dementia.

Burden of Alzheimer's Not Equally Shared

- Almost ***two-thirds*** of Americans with Alzheimer's are women.
- Blacks are about ***two times*** more likely than Whites to have Alzheimer's and other dementias.
- Hispanics are about ***one and one-half*** times more likely than Whites to have Alzheimer's and other dementias.
- Yet, ***two-thirds of Blacks, 40% of Native Americans and 39% of Hispanics*** believe that it is harder for them to get excellent care for Alzheimer's.

Cost of Alzheimer's Disease

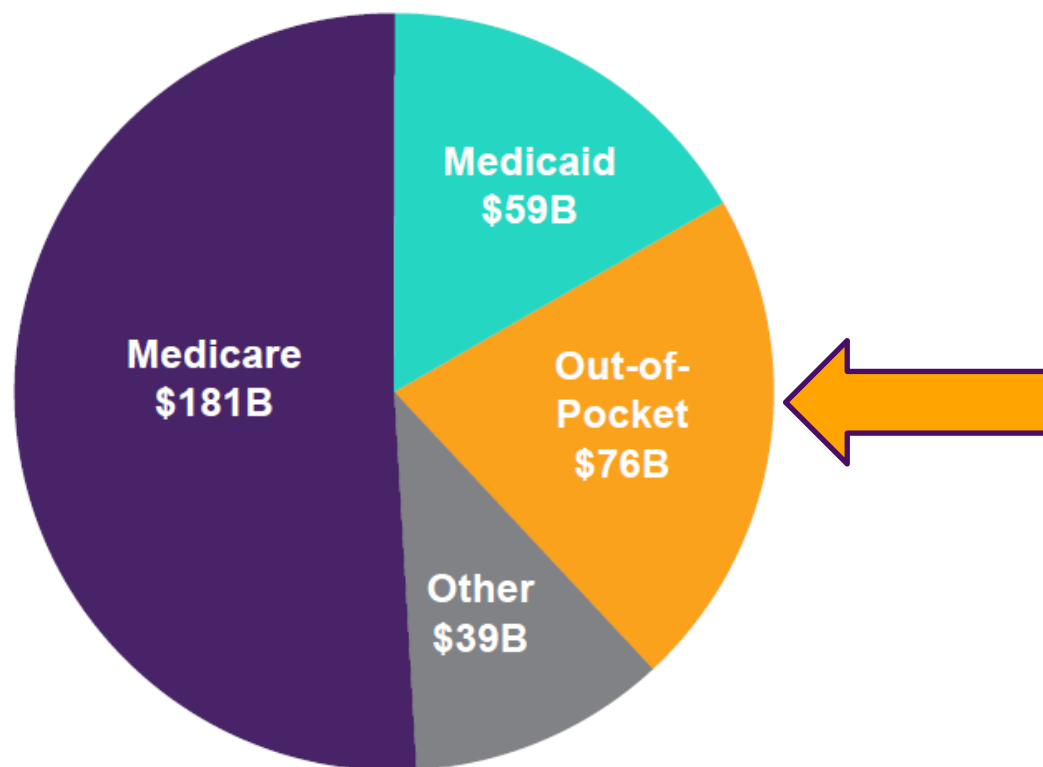


In 2021, Alzheimer's and other dementias will cost the nation **\$355 billion.**

By 2050, these costs could rise as high as **\$1.1 trillion.**

Out-of-Pocket Cost of Alzheimer's Disease

2021 Costs of Alzheimer's = \$355 Billion



Nevada Facts and Figures

Source: 2021 Alzheimer's Association Facts and Figures

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NEVADA

ALZHEIMER'S STATISTICS



PREVALENCE

65+ NUMBER OF PEOPLE AGED 65 AND OLDER WITH ALZHEIMER'S

Year	TOTAL	ESTIMATED % CHANGE
2020	49,000	30.6%
2025	64,000	



MORTALITY



DEMENTIA DEATHS DURING THE COVID-19 PANDEMIC

486 more deaths than expected from dementia in 2020 **29.7%** higher than average

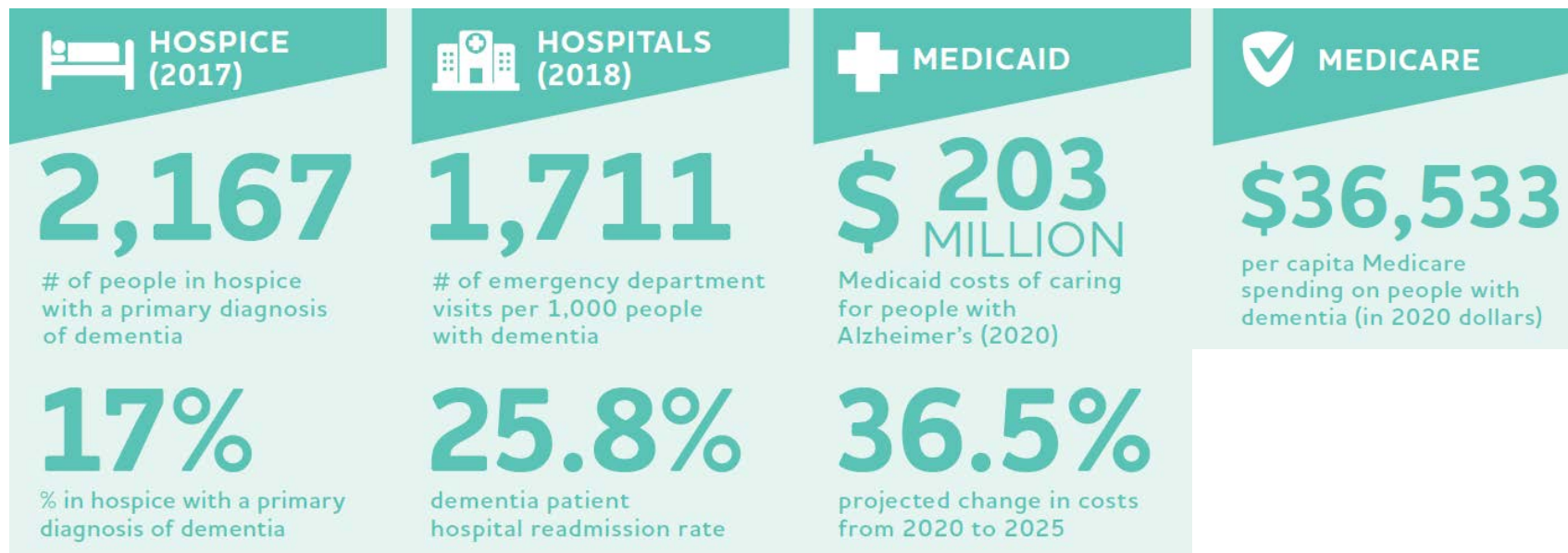
OF DEATHS FROM ALZHEIMER'S DISEASE (2019)

678

247.7% increase in Alzheimer's deaths since 2000

Source: 2021 Alzheimer's Association Facts and Figures

Cost of Alzheimer's Disease in Nevada



Source: 2021 Alzheimer's Association Facts and Figures

Caregiving in Nevada



CAREGIVING
(2020)

48,000

Number of Caregivers

78,000,000

Total Hours of Unpaid Care

\$1,334,000,000

Total Value of Unpaid Care

80.2%

% of caregivers with
chronic health conditions

18.3%

% of caregivers
with depression

10th

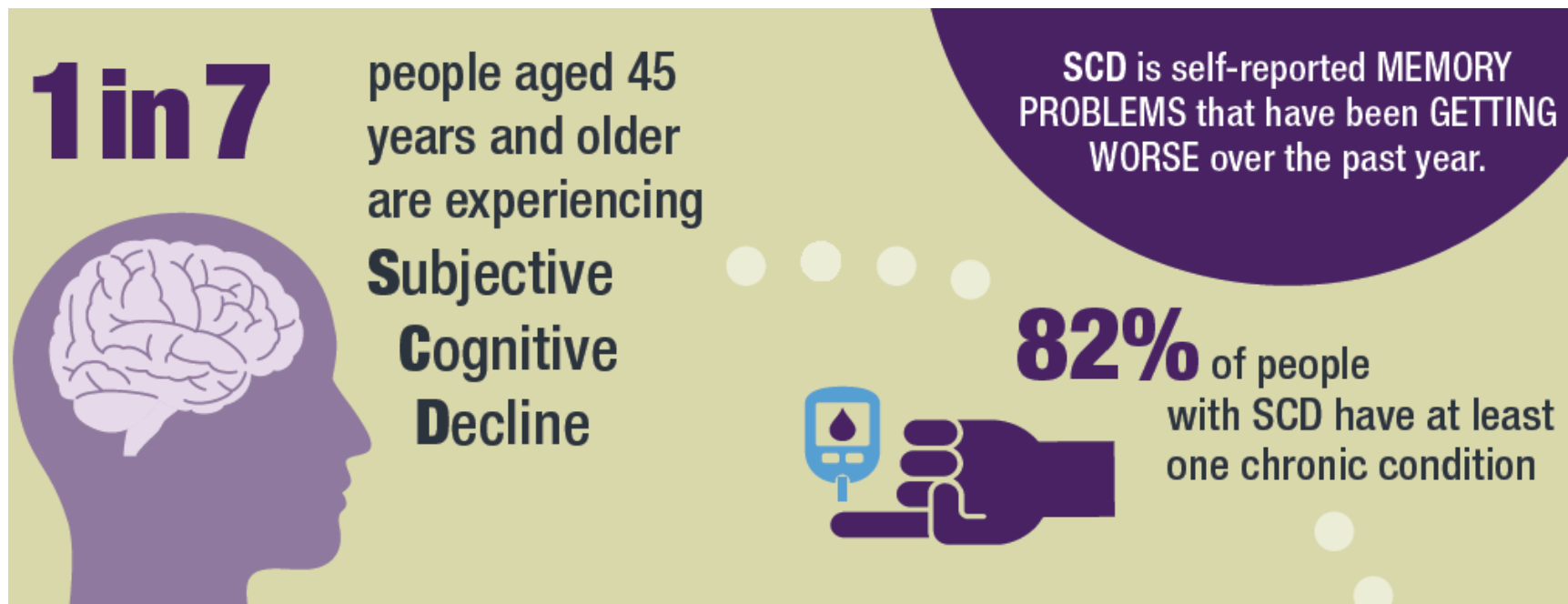
highest average number of hours per week per caregiver

Source: 2021 Alzheimer's Association Facts and Figures

New 2022 Facts and Figures Info

- It is estimated that 10-15% of individuals with Mild Cognitive Impairment (MCI) go on to develop dementia.
- For Nevada:
 - More than 80% of caregivers have one or more chronic medical conditions
 - 267% increase in geriatricians needed to meet demand by 2050
 - Nevada considered a “neurology desert”

Subjective Cognitive Decline in Nevada



Source: 2019 Behavioral Risk Factor Surveillance System (BRFSS)

Subjective Cognitive Decline in Nevada (continued)



27% of people with SCD had to give up day-to-day activities

less than half

of people with SCD have discussed their symptoms with a healthcare provider



nearly a quarter of people with SCD say it interfered with social activities, work, or volunteering



28%

of people with SCD need help with household tasks



Source: 2019 Behavioral Risk Factor Surveillance System (BRFSS)

PCA Services in Nevada

Source: Guinn Center, “Helping Hands: An Assessment of the Personal Care Aide Workforce in Nevada,” September 2020

Nevada's PCAs face many challenges, and there are consequences for the workforce

1 Challenges:

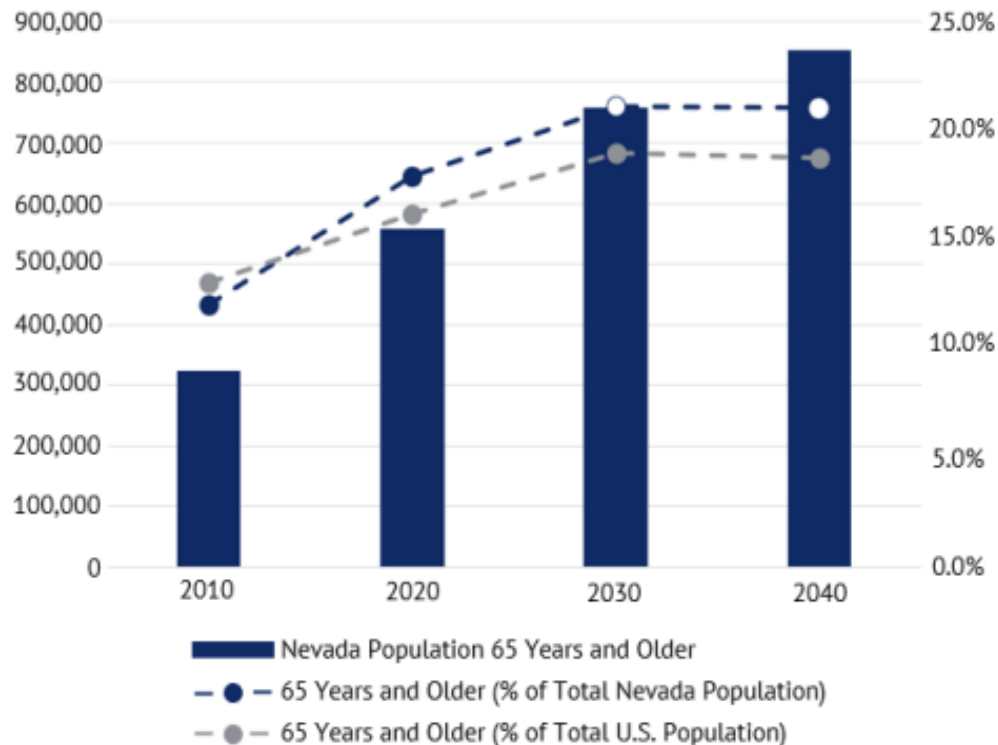
- ❑ Low-paying jobs
- ❑ Irregular hours
- ❑ Minimal training
- ❑ Insufficient supplies (PPE)
- ❑ Health care access issues
 - ✓ Roughly one in five PCAs is uninsured (19.9 percent)
 - ✓ Nearly one-third of PCAs are enrolled in Medicaid (32.0 percent)

2 Consequences:

- ❑ High turnover
- ❑ No career pathways
- ❑ Career exits to higher-paying jobs in leisure/hospitality or distribution/fulfillment centers
- ❑ Trade-offs for those who don't exit, exacerbated by COVID-19, e.g., stay home if ill but leave clients without care and/or potentially risk job loss



Nevada could be on the verge of a “care gap”



- More than one in five Nevadans (21.0 percent) will be a senior citizen by 2040 – with a projected 163.0 percent increase in the population aged 65 years and older between 2010 and 2040, **Nevada is ranked 1st** in the percent change of this age cohort over time
- In 2018, 13,130 Nevadans were employed as PCAs
- Nevada would need to add 10,754 personal care aides to its workforce to keep up with expected demand by 2040
- BUT**, the number of PCAs in Nevada is expected to remain flat as: (1) its high concentration of individuals currently working as PCAs are older middle-aged adults, who may exit the workforce as they begin to need care themselves; (2) the female labor is shrinking; and (3) at current levels, wages are too low for PCAs to make ends meet
- Were demand to outstrip supply, Nevada would be confronting a “care gap”

State Policy Priorities

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Nevada Policy Priorities

1. ***Better Access to an Early and Accurate Diagnosis*** – Nevada Memory Network.
2. ***Better Medicaid Support for Family Caregivers*** - Improve caregiver support through a Medicaid structured family caregiver waiver.
3. ***Better Services for Those Experiencing a Dementia-related Crisis*** - Fund Dementia Care Specialists.

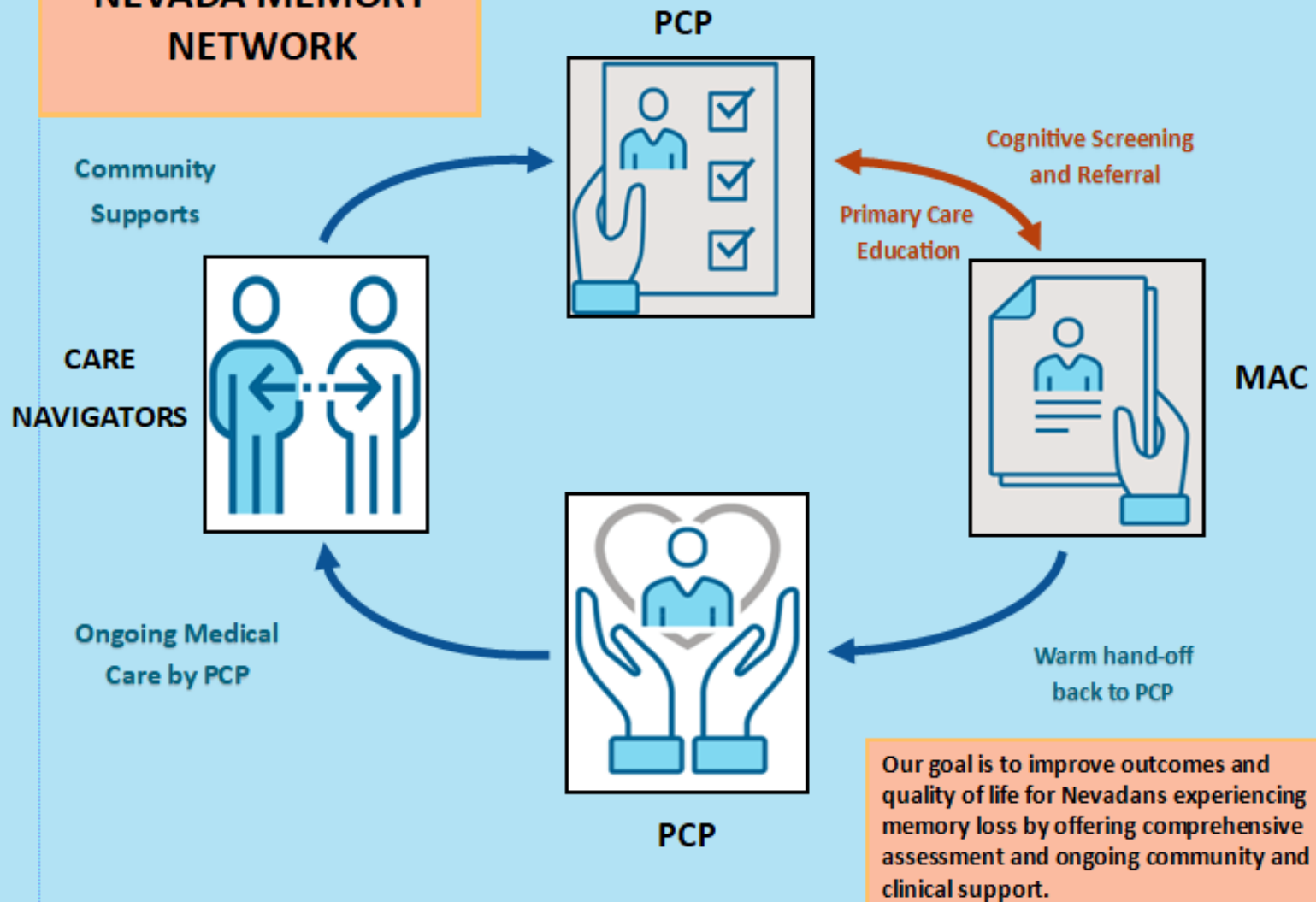
Family Caregiver Waiver

- Based on work out of Indiana, Georgia and Washington.
- Improvements to the Nevada Medicaid Home and Community-Based Waiver for the Frail Elderly.
- Additional supports and training for family caregivers.
- Making it easier to enroll and pay family caregivers. Also, allowing spouses and guardians to serve as paid caregivers.

Nevada Memory Network

- Based on proven work out of Emory University, UCSF and the University of Wisconsin.
- Enhanced PCP screening and education.
- Memory Assessment Clinics (MACs) established in Northern and Southern Nevada.
- Comprehensive diagnosis.
- Warm hand-off back to PCP to provide ongoing care.
- Care Navigators providing ongoing support for the individual with dementia, and their caregiver.

NEVADA MEMORY NETWORK



Dementia Care Specialist (DCS) Program

- Based on work out of Wisconsin.
- Uses trained DCSs and involves: Crisis intervention; crisis stabilization and long-term support.
- The DCS program is also proactive, providing training making communities more dementia-friendly and dementia-capable.
- Provides dementia screening and referrals.

Personal Care Policy Initiatives

- Strengthen the health care workforce by minimizing shortages and creating incentives and career pathways to recruit and retain professionals who specialize in all levels of dementia care.
- Increase Medicaid reimbursement rates for home and community-based services that serve the unique needs of individuals living with dementia.
- Create Medicaid coverage for dementia-competent home and community-based services including personal care, respite care, care coordination, adult daycare, assisted living, medication management, chore and/or companion care and personal emergency response services.
- Create career pathways for direct care workers that are licensed, certified, registered or state approved with a focus on dementia.
- Require compensation and benefits for direct care workers that is competitive, based on data from other employment opportunities available.

About the Alzheimer's Association

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**Vision: A world without
Alzheimer's disease
and all other dementia®.**



The Alzheimer's Association is here
all day, every day for people facing
Alzheimer's disease through our free



24/7 Helpline **800.272.3900**



website **alz.org**



The Alzheimer's Association
offers free **online** and
in-person education sessions
for those living with the
disease and their caregivers.

[alz.org/education](https://www.alz.org/education)



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POWERED BY CenterWatch iConnect™

Alzheimer's Association TrialMatch® is a free, easy-to-use clinical studies matching service for people living with dementia, caregivers and healthy volunteers without dementia.

alz.org/trialmatch



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Questions

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