



NLRCC Executive Director's Report – October 2022

By Cheryl Dinnell

(This report may generate one or more action items, as per posted agenda, and summarizes the Executive Director's activities from October 1, 2021 through October 31st, 2022.)

A) Board Membership

We have vacancies in representation from organizations that serve children with special needs and direct support workers. Recruitment efforts need to target these vacancies.

A social media recruitment campaign in September 2022 garnered 4 applicants for board positions; three applicants were appointed. Our board membership grew from 9 to 12 participants. However, organizations serving children with special needs is still unrepresented on the board. Maximum size of the board is 15 individuals.

B) Community for Respite (See NLRCC Community for Respite Meeting Minutes for more information)

The NLRCC purpose is to develop strategies to increase awareness of respite and its benefits; reduce barriers to the access of respite services; improve the quality of respite services; and advocate for education, training, and grants in support of family caregivers.

To explore these issues, we have held 5 Community for Respite meetings so far in 2022. Minutes of each meeting have been posted for your review. The topics discussed in these meetings include the following:

- Caregiver Assessments and Self-Care
- Where Caregivers Intersect with LTSS system
- Effectively Messaging Respite throughout the Caregiving Journey
- Barriers to Realizing Real Respite
- Working Caregivers
- Qualifying for Caregiver Supports & Services
- Tools for Strengthening Caregivers in their role
- Actionable data on caregivers

Findings from these meetings will be incorporated into the State Plan developed to address the availability and quality of respite and family caregiver support services in Nevada.

C) Donations to NLRCC



Our NLRCC website has a donation mechanism through an agreement with Healthy Communities Coalition (HCC). As our 501(c)3 fiscal intermediary for donations to NLRCC, HCC reported that we have received \$194.04 in 2022, bringing our balance at HCC to \$388.30.

These funds are undesignated but are meant to further the mission of NLRCC.

In planning for our full work-day meeting in November, it was determined that ADSD could not pay for lunch or refreshments. If authorized by the board, these funds could be utilized to cover these meeting expenses for the NLRCC. It is on the agenda for November 7th for consideration and potential vote of the board.

D) NLRCC Website & Social Media

- Facebook Goal: Grow the “brand” of NLRCC and increase audience for respite messaging

Since October 2021, Facebook Followers has grown to 382; Facebook Likes (unique users) has gone from 213 to 326. NLRCC social media has reached 36,134, with 41 video posts, 29 photos, 30 links, and 1 text only message. Post Likes for the year is 696, with 68 clicks, 59 comments, and 757 shares.

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- Website Goal: Drive audience to NLRCC page for content and resources and grow the “brand” of NLRCC and increase audience for respite messaging

Our NLRCC website needs some updating. ADSD is looking at how content can be available in multiple languages. Several links are inactive, and some documents need to be replaced.

ADSD has been reviewing the possibility of utilizing the NLRCC for a respite directory, to assist family caregivers in accessing respite, and helping respite workers find employers and clients.

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- YouTube-Specific Goals: Provide content for training, education, and awareness to improve quality of care and reduce caregiver burnout

Since October 2021, the NLRCC Welcome video has been viewed 110 times. An educational video “Respite Refuels Caregivers” has been viewed 45 times. Our 3-Part series on Respite Benefits is in development but the first video in the series, “Respite Benefits Part 1 – Connection” was released on 8/15/22. Two more short videos will be added as they are completed.

E) Presentations & Public Comments

Since January 1st, to introduce the Coalition and its purpose to the other boards and commissions, public comments were made or requested by ADSD leadership at the following groups:



- Commission on Aging
- Task Force on Alzheimer's Disease
- Commission on Service for Persons with Disabilities
- Commission on Autism Spectrum Disorders
- Developmental Disabilities Council
- Tribal Council
- Interagency Coordinating Council

Presentations and training have also been requested by ARCH or other Lifespan grantees, Governor's office, and ASD leadership, such as:

- LifeCourse Nexus/UMKC Institute for Human Development & ARCH National Respite Network
- Nevada Governor's Healthcare Provider Summit
- Colorado Respite Coalition Statewide Conference
- ASD Tribal Cultural Awareness Training
- Self-Advocacy Conference, DD Council

F) ARCH Conference

Cheryl Dinnell, Executive Director, NLRCC Coalition, attended the ARCH National Lifespan Respite Conference in Madison, Wisconsin on September 13-15, 2022.

G) Advocacy & Legislative Awareness

NLRCC developed a recommendation for legislative action, which was approved 8/15/22 by the board of directors. Our recommendation is to propose legislation that establishes a process for hospitals, Medicaid waiver programs, healthcare professionals, and agency programs for Long Term Services and Support (LTSS) that rely on a family caregiver to provide care and support for a person with a disability, terminal illness, cognitive impairment, or chronic healthcare condition (Inclusive of definitions in NRS 449A, NRS 426, and NRS 427A) to assess caregiver willingness, ability, and needs to provide that care long term, and provide data from the assessments to the Nevada Department of Health & Human Services (DHHS).

This legislation will emphasize caregiver engagement, including the use of evidence-support and culturally sensitive family caregiver assessments, to measure the extent, quality, value, or effect of family caregivers' social determinants of health, specific risk factors related to stress and depression, and environmental and cultural barriers that put caregivers at risk.

The recommendation was submitted to:

- Joint Interim Standing Committee on Health & Human Services.



- Assemblywoman Tracy Brown-May

- Senator Fabian Donate

Assemblywoman Brown-May expressed interest in selecting the recommendation for a BDR from her office.

H) State Plan Development

Per the NLRCC Board-approved outline for the State Plan, information, and data pertinent to the document is being sought, organized, and drafted into a document that will be reviewed by the Board prior to calendar year end.

NLRCC has devote a meeting to have a face-to-face work session in developing our state plan recommendations and priorities.