



Foster Grandparents mentor, tutor and become a part of the culture of the schools and other public agencies.

This program is a way for seniors to stay mentally and physically active by contributing their experience with the youth in our community.

Foster Grandparents serve anywhere from 5 to 40 hours per week.

All Volunteers receive mileage reimbursement. Those who meet income guidelines can receive a tax-free stipend of \$4.00 per hour while accruing sick and vacation time and a paid holiday schedule.

If you are 55 or older, enjoy children and want to share your experiences you may have what it takes to be a

#### **Foster Grandparent!**

For information, please call or email Sheri Brown, FGP Coordinator (775)-358-2768 <u>sheri@sisnv.org</u>



Senior Companions are Volunteers who provide companionship to other seniors with limited access to social interaction and other resources. Volunteers often provide transportation to appointments and shopping. This service helps homebound seniors remain independent.

Senior Companions serve anywhere from 5 to 40 hours per week.



All Volunteers receive mileage reimbursement. Those who meet income guidelines can receive a tax-free stipend of \$4.00 per hour while accruing sick and vacation time and a paid holiday schedule.

If you are 55 or older, enjoy helping others and serving your community you may have what it takes to be a

#### **Senior Companion!**

For information, please call or email Polly Pollock, SCP Coordinator (775)-358-2768 polly@sisnv.org



# Are you a Caregiver in need of a Break?

Seniors in Service is a Non-Profit organization serving Northern Nevada. Our Respite Program helps caregivers take a well-deserved break.

Qualifying individuals can receive a \$1000 voucher each year to help pay for an alternate caregiver so the "everyday" caregiver can take some time off. This time off is critical to the health and wellbeing of both parties.

This community grant is made possible through the Independent Living Grant offered through the State of Nevada Aging



and Disability Services Division.

Private Donations to help support and sustain this program are greatly appreciated by those we serve.

For information, please call or email Barbara Lewison, Respite Coordinator (775)-358-2768 <u>barbara@sisnv.org</u>

### **NOTES:**



## **Seniors in Service**

1380 Greg Street, Suite# 231 Sparks, NV 89431-6040 Phone: (775) 358-2768 Fax: (775) 358-3633





# Seniors In Service

## Please consider making a

# **Donation Today!**

seniorsinservicenevada.org

All proceeds benefit our Volunteers and those we serve.

### **Mission Statement**

Seniors in Service engages vibrant and experienced volunteers to enrich Northern Nevada communities one life at a time.