



Nevada Lifespan Respite Care Coalition (NLRCC)

MEETING MINUTES

Date and Time of Meeting: Monday, September 16, 2024
10:00AM

MINUTES

1. **Roll Call, Opening Statement:**

Members: Molly Walt, Allie Blum, Amy Dewitt-Smith, Cherrise Brown, Cory Lutz, Dr. Deborah Howell, Kathleen Doyle, Zaconia Turner

Staff & Guest: Carole Hanley, Jennifer Ruiz, Barbara Lewison, Mayrose Almedralo, Karen Redding, Linda Anderson, Autumn Blattman, Cheryl Dinnell, Carolyn (Rosen) Carr, Tori Diego, CJ Johnson, Charae Wamsley-Gipson, David Nocholas, Cheyenne Pasquale, Carrie Greeley, Sandra Lynch, Sonia Dominguez

2. **Public Comment:** No public comments made.

3. **For Possible Action:** Approval of NLRCC July 16, 2024, Meeting Minutes:

- Allie Blum motioned to approve the minutes,
- Cory Lutz second the motion,
- All approved.

4. **Presentation and Discussion:** AARP Provider Update

- No presentation made.

5. **Presentation and Discussion:** Caregiver Provider Updates

- Nevada Senior Services (NSS)
 - Respite has three qualifiers, Client's income (under \$2,829 per month). Must be 60 or over, unless documented to have dementia with a live-in caregiver.
 - Approximate weekly hours run between 8-12 with various shifts.
 - No personal care is offered like toileting, bathing, overnight stays or transportation.
 - Services can be used for light housekeeping, meal prep or running errands.

- The Personal Care Program is a fee for service that clients can use the Helping Hand and Alzheimer's vouchers for. This program has a 4-hour minimum per week with no maximum requirements and cost \$25.00 an hour.
- Currently this program is available 7 days a week with no overnight stays and no transportation.
- Medication reminders are provided but handling is not allowed.
- Client wait-list is approximately 1 year but could be shorter for some areas.
- Hospital to Home sends social workers out to assist with getting items like oxygen, transportation, utility assistance, Dialysis and more.
- The My Personal Care Assistance (PCA) program will set up respite coach for 30-45 days. It is a short-term program.
- You can find out more on the programs on the [Nevada Senior Services website](#).
- Two adult day care centers available in Southern Nevada.
- Care Consultation is a one-year assistance for caregivers.
- Caregivers support groups and training are located on the NSS website.
- Another free service is the Geriatric Assessment Program (GAP) for 60+ individuals.
- Seniors In Service
 - Presentation slides in [meeting materials](#)
 - Foster Grandparents are part of AmeriCorp, volunteers help at risk youth.
 - Senior Companion program help with isolated seniors that live at home.
 - This allows someone outside the home to give the in-home caregiver a break.
 - Funds can be utilized by hiring and agency, Hiring someone from outside the home, adult day care, and overnight care facility.
 - Northern Nevada Cascade and the Sierra allow a seven-night minimum stay.
 - Services are not available in Las Vegas.
- Nevada Senior Volunteer Program (NVRVSP) Notice of Funding Opportunity (NOFO) update.
 - Services all rural counties, Clark County services are done virtually.
 - Assistance with technology (over the phone).
 - 11 programs total not available in all areas.
 - Transportation provides seniors and adults with disabilities rides.
 - Home companion program, good neighbor program are like the senior companion program.
 - In need for more respite providers.
 - Homemaker program that provides light house and food and cleaning services.

- A law program which has an attorney on staff.
- The AMERICORP program is the volunteer solution. The volunteers go into agencies, government agencies, nonprofit, and provide volunteer hours.
- The largest program is the libraries Senior Center in Carson City.
- The PERS is a lifeline fall detection system for \$50.00 a month.
- The farmer's market is in Las Vegas and Henderson areas.
- The Nevada Golden connections help socialize adults with disabilities virtually.
- Music changing to New Java Circle helps with the arts, music and instruments.
- For more information call (775) 687-4680.p
- Community Service Options Program for the Elderly (COPE), and Personal Assistance Services (PAS)
 - Presentation available with meeting materials.
 - COPE & PAS offer respite care options.
 - COPE's maximum is 336 hours per year and PAS
 - Must be a US citizen or permanent resident and a resident of Nevada.

6. **Review and Discussion:** Aging and Disability Service Division (ADSD) Report regarding Lifespan Respite Grants including AB100 Implementation and Executive Director position.

- Direct services for families with children that have a dual diagnosis continues through the family navigation network at the University of Nevada Reno (UNR). Working with families to find respite options.
- A vendor contract is being formulated.
- An online learning management system is also in the contraction process.
- An online platform that is accessible to the community partners and members statewide.
- The contract process is expected to be in place and the process started by January 2025.
- The project management contracts with UNR for the Nevada Center for Excellence in Disabilities is moving forward.
- With the recruitment, training, quality assurance and caregiver assessment will be incorporated along with AB100.
- The Lifespan Respite Care Coalition Executive Director position is still open.
- ADSD subawards are funding through the Older American Act for respite. Most of the Caregiver Support program funding come out of the Title 3 funding.
- The Administration for Community Living published new federal regulations updates this year the first in 40 years. With 70 new policies and procedures it may impact the Family Caregivers Support Program.
- Five services are authorized under the Act. Information to family caregivers about services, individual counseling, organization of

support groups and caregiving training, respite and required services supplemental services.

- Reports are being made to the Seniors, Veterans and adults with special needs interim committee.
- Updates to the July report were presented to them in August.

7. **Update and Discussion:** Member Appointments

- Four members terms are due to expire soon, please let staff know of your intent to continue or not so paperwork can be completed, or the position can be filled.

8. **Information Only:** Tentative Agenda Topics: November 18, 2024, meeting

- Review of bylaws covering appointments.
- AB100 report

9. **Public Comment:**

- Cory Lutz announced that the Nevada Caregiver Coalition's 18th annual caregiver recognition event will be November 14th. They will have two locations one in the north and one in the south and will be collaborative via ZOOM.
- Cheryl Dinnell is serving with ARCH the lifespan respite network and wanted to bring everyone's attention that they maybe working with co-workers who are caregivers that may need respite care.

The National 2022 strategy to support family caregivers' goal is to ensure financial and workplace security for family caregivers. It hasn't made much action as it is difficult to meet some needs in the workplace. Caregivers that need to temporarily step away from work to provide care needs is one identified challenge.

It is important that we are sensitive and aware of the needs to family caregivers in the workplace. Having workplace security for caregivers that have demonstrated commitment to employers in the state and encourage everyone to employers to accommodate caregivers when needed.

More information can be found on the [2022 National Strategy to Support Family Caregivers](#).

11. **Adjournment:** 11:55

NOTE:

- Supporting public materials provided to Coalition members for this meeting may be requested from Carole Hanley, at clhanley@adsd.nv.gov and is/will be available at the meeting locations on the ADSD website <https://adsd.nv.gov>. Or [Nevada Lifespan Respite Care Coalition \(nv.gov\)](#).

AGENDA POSTED AT THE FOLLOWING LOCATIONS:

Notice of this meeting was posted at the following Aging and Disability Services Office at 3208 Goni Road, Building I, Suite 181, Carson City, NV. 89706. Notice of this meeting was posted on the Internet through the Nevada Aging and Disability Services Division website at <https://adsd.nv.gov> and Nevada Public Notices website at <https://notice.nv.gov>.