

**Alzheimer's Association Nevada Aging
& Disability Services Division
Respite Vouchers Program: Impact of
FY24 Survey**

Agenda

- Introduction
- Purpose
- FY24 in Review
- Survey Results
- Words from Caregivers
- FY25 So Far



Respite Care Grant Program

- Statewide
- Live-in caregiver to person living with dementia
- Application
- In-Home Care
 - Professional & Private
- Adult Day Club Care
- Overnight Respite Stay



Why Respite? Why Respite Vouchers?

Provides short-term relief for primary caregivers. Time to rest, focus on their own health care needs/appointments, visit family/friends, and provide peace of mind.

Since the COVID-19 Pandemic, the number of dementia caregivers in Nevada has increased from 48k to 84k. 31% of NV caregivers reporting depression and nearly 80% living with chronic health conditions of their own.

Flexibility - Respite vouchers may be issued to a designated caregiver up to **\$1,000** per caregiver annually to provide supervision of an eligible individual. One unit equals one hour of respite care.

Impact for Caregivers

Caring for a loved one facing a challenging diagnosis like Alzheimer's disease can often become isolating.

Respite assistance enabled one caregiver to reconnect with a high school friend. They now have weekly outings and he has the reassurance that his spouse is being safely cared for at home.



FY24 in Review...

- Served 316 unduplicated constituents, across 7 counties
- Providing +16,000 units (hours) of service
- FY23 vs. FY24 Grant Usage

	<u>FY23</u>	<u>FY24</u>
100%	48.5%	69.5%
75%	14.5%	8%
50%	11%	9.5%
25%	8%	4%
0%	18%	9%

FY24 Respite Survey Results

- Respite Providers
 - 45% In-Home (-3% FY23)
 - 27% Home Health Agency (+8% FY23)
 - 25% Adult Day Club (-5% FY23)
 - 3% Overnight (+1% FY23)

Barriers to accessing respite care services:

- 47% Cost of care
- 29% Availability of care providers
- 10% Difficulty navigation resources
- 8% No barriers
- 6% Transportation
- 2% Other: trusted provider, complex care needs of care recipient, overnight care

200+ Caregivers provided surveys across Nevada.

47% response rate

73% of caregivers are connecting with other Alzheimer's Association services & programs

FY24 Survey Responses Continued...

- 88% of constituents found grant to be extremely (55%) or very helpful (36%) in obtaining their respite care goals
- 89% of respite care grant recipients (caregivers) reported the grant program helped extremely (46%) or very much (43%) to reduce their level of stress
- Respite recipients were extremely (63%) or very (32%) satisfied with the quality of respite service used to provide care
- Caregivers reported the respite care provided was extremely (49%) or very much (31%) helpful in keeping their loved one at home

Qualitative Responses from Caregivers

“The grant gives me peace when I leave the house that my husband is well cared for.”

“I can take time to go have lunch with my kids and pay someone to stay with mom and keep her company.”

“I am less stressed and my loved one can feel when I’m less stressed. More importantly, I am able to pay someone to care for her that she is familiar with.”

“I appreciate this grant very much as I am finding the cost of care so that I can get away to be very expensive.”

“I don’t get as frustrated and find I have more patience.”

FY25 So Far...

285 Families Served

Trending 24% Ahead of FY23

8 Counties

+9,000 Units of Service



Thank You!

Questions?

Comments?

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