

**State of Nevada**  
**Aging and Disability Services Division**

**CORE SERVICES ~ DEFINITIONS**

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**Adult Day Care**

This service provides planned care for dependent adults in a supervised, protective, congregate setting during some portion of a day.

**Aging and Disability Resource Center**

This service provides information, assistance and access into long-term support systems for seniors, people with disabilities, caregivers, and those planning for future long-term support needs. The service includes indirect and direct representation of clients to obtain needed services and benefits.

**Case Management**

This service is a process by which client needs (Activities of Daily Living and Instrumental Activities of Daily Living) are identified, and services to meet those needs are located, coordinated, and monitored.

**Home Care**

This service may include housekeeping, grocery shopping, assistance with paying bills and correspondence, advocacy for service access, non-medical in-home care assistance, and transportation for seniors. Provides assistance to persons who are having difficulty or are unable to perform one or more of the following activities: preparing meals; shopping for food, prescriptions or household goods; housekeeping; bill paying; writing letters; advocacy for service access, seasonal and safety related sidewalk maintenance, and wood cutting, when firewood is the only option for home heating.

**Legal Assistance**

This service includes legal advice, counseling and/or representation by an attorney or other person acting under the supervision of an attorney.

**Personal Emergency Response System**

The Personal Emergency Response System (PERS) program enables individuals to summon assistance in an emergency by pressing the alert button on a personal transmitter (worn on the wrist or around the neck). The transmitter alerts a monitoring station that assistance is needed. This service is provided in an effort to maintain the independence of persons 60 years of age and older who are homebound and live alone.

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Another service housed within PERS is a computer-assisted or volunteer telephone reassurance program that contacts clients via their personal telephone, on a set schedule, to ensure that they are safe, to remind them to complete certain tasks, take medication, prepare for appointments, or meet needs as defined by the provider in a care plan prepared with the client and/or his/her representative. No special equipment is required in the client's home or on his/her person.

### **Respite Care**

A non-medical service provided to a client by a respite worker to allow the in-home primary caregiver the opportunity to perform other responsibilities. This service may also use vouchers to purchase respite care.

### **Senior Companion**

Provide companionship activities for a client in his or her home. The companion may also accompany the client and provide transportation to access services outside of the home.

### **Transportation**

This service provides safe transportation for access to services such as: nutrition, medical services, social services, adult day care, shopping and socialization.